

Awarded As The Best Dental College

Virbhadra Road, Post Office : Pashulok Rishikesh-249 203 {Uttarakhand} Mobile: +91-9837087627 E-mail : sdchquery@gmail.com Web : www.seemadentalcollege.org

Annual Report 2023 -2024

Presented by- Dr. P. Narayana Prasad, Principal SDCH, Professor & HOD Department of Orthodontics and Orofacial Orthopaedics

SDCH has successfully completed 21 years providing quality education and contributing in the field of dental health care. The academic and extracurricular activities are aimed at fulfilling the vision and mission of the college.

About SDCH

Seema Dental College and Hospital was established under the able guidance of Dr R K Gupta (Founder Chairman) in the year 2003 with the aim of providing dental education and quality health care to the population of Uttarakhand.

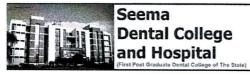
The Vision of the college is to impart value based high quality Dental education to the students of Uttaranchal and other states and providing best dental care to the population with the help of best infrastructure and facilities. At Seema dental College it's our aim to create increasing awareness amongst the masses about dental hygiene, providing affordable and easy access for dental care to the patients, management of every kind of dental emergencies as well as become an epicentre for research and technology.

The annual intake started with 100 student's admission in undergraduate program. The postgraduate program was started from 2011 in four specialty courses. The undergraduate and post graduate courses are affiliated to Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun and recognized by the Dental council of India.

Admissions & Results:

Undergraduate (UG) and Postgraduate (PG) admissions take place through NEET and Uttarakhand Government counseling. This year, the BDS program admitted a total of 95 students, comprising 72 females and 23 males, while the MDS program admitted 20 students, including 17 females and 3 males. The college provides category reservations based on government policy. In the BDS program, 22 students were admitted under different categories, with 7 students in OBC (6 females and 1 male), 1 student in ST

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(female), and 4 students in SC (2 females and 2 males). In the MDS program, 2 students were admitted under various categories.

In the last academic year, the Bachelor of Dental Surgery (BDS) program was structured to provide comprehensive academic and clinical training. For first-year BDS students, the program included 504 hours of lectures and 900 hours of clinical practice. Second-year students attended 460 hours of lectures and completed 930 clinical hours. Third-year students engaged in 570 hours of lectures and 820 hours of clinical work. Finally, in the fourth year, students attended 280 hours of lectures and dedicated more time to clinical practice, completing a total of 1,200 clinical hours. This rigorous schedule ensured that students received a well-rounded education, balancing theoretical knowledge with practical experience.

For the academic year 2023-2024, the pass percentages for the BDS and MDS programs are as follows:

In the BDS program, the results for the regular exams were 80% for BDS I (November 2023), 67.5% for BDS II (November 2023), 88% for BDS III (August 2023, and 61.2% for BDS IV (August 2023). For the January 2024 supplementary exams, BDS levels (III and IV) achieved a 100% pass rate. For the February 2024 supplementary exams, BDS levels (I and II) achieved a 100% pass rate for II year and 93.75% for I year.

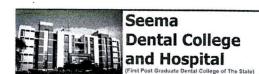
The August 2023 supplementary exams, BDS III year achieved 100% pass rate.

The January 2024 regular exams had a pass rate of 100% for BDS III and IV while BDS I and II were not applicable.

For the MDS program, the final year results showed a 100% pass rate across all specializations: Prosthodontics, Conservative Dentistry and, Pediatric Dentistry, Periodontology, Oral medicine, and Orthodontics. Similarly, the first-year MDS results were perfect, with a 100% pass rate in all the aforementioned specializations.

Pattern of Examination

At SDCH, in addition to the university examination schedule, two internal terminal examinations in both theory and practical were conducted. For BDS 1st year (Batch



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2022), these exams were held in May 2023 and October 2023. The second internal exam for BDS 2nd, 3rd & 4th years took place in July 2023. The first terminal exam for BDS1st year (Batch 2023) and BDS 4th year (Batches 2020 and 2019) was scheduled for February 2024. For BDS 2nd year (Batch 2022) and BDS 3rd year (Batch 2021), the first internal exam was scheduled for May 2024. A Periodic test as an adjunct to the internal examination is held in all clinical and non-clinical departments as per the department protocol, for all the UG batches in their respective subjects to prepare the students for the University final exams.

Academic Awards

SDCH proudly recognizes the exceptional achievements of our students through various prestigious awards for the academic year 2023-2024. These awards highlight their dedication, hard work, and commitment to excellence:

Dr. Shushil Kumar Khera received the Prof. J.N. Jaiswal Award for Outstanding Intern-2024. Miss Gouri Chandok was honored with the Smt. Seema Gupta Memorial Best Student Award-2023. Mr. Manjeet Raj was recognized with the Kshemendra Saroj College Blue Award for Best All-Round Performance in BDS Course for Year 2023, the Dharam Jyoti Award for securing the highest marks in the BDS Final Year Professional Examination-2023, the Shri C. L. Thakral Memorial Award for securing the highest marks in Public Health Dentistry in the Final Year Professional Examination-2023, and the Professor Vijay P. Jayade Award for securing the highest marks in Orthodontics & Dentofacial Orthopaedics in the Final Year Professional Examination-2023.

Miss Aayushi Amoli was awarded the Professor N. K. Agrawal Award for securing the highest marks in Prosthodontics in the Final Year Professional Examination-2023, and the Shri U. K. Garg Memorial Award for securing the highest marks in Conservative Dentistry & Endodontics in the Final Year Professional Examination-2023.

Miss Nancy Saini and Mr. Manjeet Raj shared the Dr. R. L. Ahuja Memorial Award for securing the highest marks in Periodontology in the Final Year Professional Examination-2023. Miss Ayushi Rawat received the Shri K.B. Rastogi Award for securing the highest marks in Pediatric & Preventive Dentistry in the Final Year Professional Examination-2023.



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Dr. Sananda Chowdhary was honored with the Dr. D.S. Mehta Memorial Award for securing the highest marks in Periodontology in the MDS Part I Examination-2023.

Dr. Aishwarya Kesavan, Dr. Pallabi Sarkar, Dr. Vedika Joshi, Dr. Pandey Rahul Vedprakash, Dr. Vaishnavi Prasad, Dr. Vaishali Malik were awarded with Academic excellence awards for securing highest marks in their respective departments in University MDS Examination 2023.

SDCH students have also been recognized for their exceptional achievements by external organizations:

Mr. Manjeet Raj (Intern) received the "Best Outgoing Student Award of Seema Dental College and Hospital, Rishikesh-2023" by the Pierre Fauchard Academy.

Miss Gauri Chandok (Intern) received the Mrs. Seema Gupta Memorial Award for the highest BDS aggregate mark by the International College of Dentists. She also secured first position in the G-20 Summit, Uttarakhand Debate Competition on Anti-Corruption at Seema Dental College & Hospital, and was the second runner-up in the intercollege debate competition under the ambit of the G-20 Summit at the Anti-Corruption Bureau, Dehradun.

Miss Sudutta Sharma (Intern) secured second position in the G-20 Summit, Uttarakhand Debate Competition on Anti-Corruption at Seema Dental College & Hospital and second position in the e-poster presentation held at the Himachal Institute of Dental Sciences.

Dr. Muskan Chaudhary received a Certificate of Merit for securing first position in the subject of Periodontology at the College/Institute level by the Indian Society of Periodontology.

These awards reflect the high standards of academic excellence at SDCH and serve as an inspiration to other students to strive for similar achievements. Congratulations to all the awardees for their outstanding accomplishments!

RESEARCH

Research is a cornerstone of academic excellence at SDCH, driving innovation and contributing to the advancement of knowledge across various disciplines. SDCH is committed to fostering a vibrant research environment that encourages both faculty and



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students to engage in cutting-edge projects. Through rigorous inquiry and scholarly exploration, we aim to address pressing societal challenges, enhance educational outcomes, and contribute significantly to the global body of knowledge.

A total of 163 research projects were undertaken, distributed across various departments as follows: 11 projects from the Department of Pedodontics, 30 from Endodontics, 16 from Orthodontics, 18 from Prosthodontics, 10 from Periodontics, and 6 from Oral Medicine. Additionally, 66 projects were conducted by undergraduates, and 6 projects were carried out by faculty members from the departments of Pedodontics, Orthodontics, Oral Medicine, and Prosthodontics.

SDCH provides extensive support for research endeavors, including funding opportunities and access to a vast network of academic and industry partnerships.

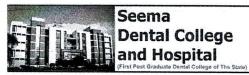
A total of 76 research publications were published by the college faculty in various renowned indexed journals. The distribution is as follows: 25 publications from the Department of Prosthodontics, 11 from the Department of Endodontics, 20 from the Department of Oral Medicine and Radiology, 1 from Oral Pathology, 6 from Pedodontics, and 6 from Periodontics.

Dr. Anushka Rawat from the Department of conservative dentistry & Endodontics received financial backing from Kumaun university internal funding for research (KUIFR) scheme for her research titled "Formulation, development and evaluation of herbal oral irrigation solutions"

Dr. Sushma Darnal and Dr. Anshuman Jha from the Department of Oral Medicine and Radiology received financial backing from Gelnova Laboratories India Pvt. Ltd for their research projects.

Dr. Shivani Kapurwan from Department of Oral Medicine and Radiology received financial backing from Orazenom Life Science Pvt. Ltd for her research titled "Comparing Efficacies of Clotrimazole (Candid) mouth paint with clotrimazole lozenges (clotrace) in reduction of burning sensation in patients with oral candidiasis."

PRINCIPAL STATES



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CLINICAL SERVICES

SDCH provides a comprehensive range of clinical services designed to address various oral health needs across different patient demographics. Our clinical services encompass preventive, restorative, and surgical treatments, aimed at maintaining and improving patients' dental health.

Scope and Range of Treatments Provided:

1. Prosthodontics:

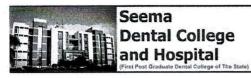
- o Crowns and Bridges: Fabrication and placement of crowns and bridges to restore the function and appearance of damaged or missing teeth. Training was provided through Value added course on "How to work efficiently in Dentistry with CAD/CAM" by Dr. Yash Bahadur scheduled from 10th January 2024 to 12th January 2024.
- Dentures and Implants: Provision of removable dentures and implantsupported prosthetics to replace missing teeth and improve function.

2. Surgical Dentistry:

- Extractions: Removal of impacted or non-salvageable teeth, including wisdom teeth extractions.
- Surgical interventions for complex cases such as jaw realignment and management of oral tumors.
- o More than 100 students were involved in managing surgical cases.

3. Orthodontics:

Braces and Aligners: Treatment for misaligned teeth and jaws using traditional braces or clear aligners to improve dental alignment and bite. Training was provided through CDE/Hands-On programme on "Opportunity to Broaden your Knowledge & Clinical Skills in Damon System" by Dr. C. Ramachandra on 27th July 2023 and



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CDE/Hands-On programme on "Pitts 21 Passive Self Ligation" by Dr. Prasad Chitra on 14th-15th December 2023.

4. Periodontics:

 Gum Disease Treatment: Management of periodontal conditions, including scaling and root planing, and advanced procedures for gum disease.

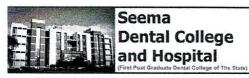
5. Endodontics:

- Root Canal Therapy: The treatment of infected or damaged tooth pulp to save and restore the affected tooth includes the use of advanced technology like magnification. Training on this was provided through a value-added course titled "Unveiling the Precision: Navigating the World of Endodontics with Magnification," conducted by Dr. Amit Patodiya from 21st February 2024 to 23rd February 2024.
- Teeth Whitening and Veneers: Cosmetic procedures to enhance the appearance of teeth, including professional whitening and placement of veneers.
- Fillings and Restorations: Restoration of decayed or damaged teeth using composite resins, amalgams, or other materials.

6. Pediatric & Preventive Dentistry:

- Child-Specific Care: Dental care tailored to children, including preventive treatments, restorative work, and education on oral hygiene practices.
- Routine Cleanings and Examinations: Regular dental cleanings and comprehensive examinations to detect early signs of dental issues and maintain oral hygiene.
- Fluoride Treatments and Sealants: Application of fluoride and dental sealants to protect teeth from decay and enhance overall dental health.





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These services are delivered by faculty and supervised students under faculty's supervision, ensuring high-quality care and comprehensive treatment options for all patients. The integration of advanced technology and evidence-based practices supports our commitment to providing exceptional dental care and fostering a learning environment for future dental professionals.

The total number of patients reported at SDCH was 142,410, with 66,514 being old patients and 75,896 being new patients. Additionally, 31 patients referred from satellite clinics, and 2,723 patients were from camps.

Out of hundreds of special cases reported to SDCH, 15 were presented by postgraduate students from various departments, and five were showcased by interns. These case studies and special cases emphasize the complexity and variety of clinical practice, illustrating the crucial role played by both postgraduate students and interns in enhancing patient care and advancing their clinical skills.

COMMUNITY ENGAGEMENT

SDCH is committed to serve the society and fully understand our social responsibilities and duties.

SDCH runs three satellite centres namely:

Shanti Kunj (Haridwar), Panchayat Bhawan

ShyampurKhadri (Rishikesh)

DivyaPremSewa Mission (Haridwar).

Rama Krishna Mission (Khankhal, Haridwar). Here routinely free dental check -up and treatments are done.

Apart from these centres, routinely dental camps are organized at different schools in and around Rishikesh including Maa Anandmayee Memorial School, Raiwala, Rishikesh, Happy Home Montessori School, Shyampur, Doon International Public School, Govt. High. Primary School, BijniBadi, Pauri Garhwal, Punjab Sindh Kchetra Inter College,



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Rishikesh, KendriyaVidhyala, Raiwala, KendriyaVidhyalaya IDPL Rishikesh Uttarakhand, Ankur Public School, Jyoti Public School, Rishikesh.

Special dental camps were organized at various places including District Jail Bijnore, Amitgram Gumaniwala, International Day Of Older Age ,Parmarth Niketan,Narendra Nagar; Himalayiya Ayurvedic Medical College Dehradun; Kunjapuri Narendra Nagar; Kali Ki Dhal; AFCI, Gumaniwala Rishikesh; Kale Ki Dhal; Parmarth vidya mandir; Rani pokhri, Dehradun; District jail Dehradun; Swaraswati shishu mandir railway road Rishikesh; Hindustan national glass industry limited Virbhadra Rishikesh and Buds academy mansa devi visthapith colony Rishikesh; Vijay Milan Math, Devdarshni, Tehri Garwhal; Bageshwar Mahadev Mandir, Hiralal Marg, Rishikesh; Samudai Barat Ghar, Khadri Rishikesh; Siya Ram Sadan, Inter college road, Haripur Kala, Haridwar; Communtiy centre, Phase-3, Shivalik Nagar, Haridwar; Gandhi Prathna Mandir, Valmiki Nagar, Rishikesh.

In these special camps, 7384 patients were checked. Out of these, 2749 received treatments such as scaling, restorations, and extractions.

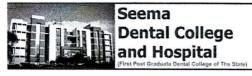
Regular Dental Awareness Camps were also organized at Panchayat Bhawan, Haripur Kalan, Panchayat Bhawan, Bhogpur, Chidderwala, Anand Marg Ashram and Ganga Sabha, Triveni Ghat Rishikesh.

FACULTY & STAFF

A total of 22 faculty members were added to various departments at SDCH. Six faculty members were promoted from Senior Lecturer to Reader, and four Readers were promoted to Professor.

Dr. Himanshu Aeran and Dr. Jyotsna Seth were appointed as NABH assessors. Additionally, seve ral faculty members from our institution were appointed as Inspectors for the Dental Council of India, including Dr. Himanshu Aeran, Dr. P. Narayana Prasad, and Dr. Anil Dhingra. Furthermore, nine faculty members from our institution served as External Examiners at other universities during the academic year 2023-24.

During the Annual Founder's Day, Mr. Ram Snehi received the award for Best Non-Teaching Administrative Staff, while Mr. Ravi Shankar Prasad was honored as Best



Recognized by:

 Dental Council of India
 vide Govt. Gazette Notification No.
 V-12017/49/2001-DE dated 25/06/2008

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Paramedical Staff. The award for Best Supporting Staff was given to both Mr. Sushil Tiwari and Mr. Naresh Kumar

STUDENT LIFE

College events such as sports and cultural activities were held in February and March. Both events included numerous competitive and non-competitive activities, and students were encouraged to participate with enthusiasm. The winners and runners-up from all activities, as well as the outstanding Mr. and Ms. Sports & Cultural, were felicitated with Mr. Jal Tarang and Ms. Jal Tarang trophies and certificates during the closing ceremony on the last day of the events.

At SDCH, the annual sports event was organized over five days and was conducted smoothly by the sports committee. The event began with an inauguration ceremony. Various indoor and outdoor games were conducted for both male and female participants, including individual and team events such as kabaddi, volleyball, basketball, badminton, table tennis, chess, shot put, throwball, and carom board, among others. Faculty members were also invited to participate. Fun games like sack race, tug of war, and lemon spoon race were part of the event and were enjoyed by everyone. For 2023-24, Mr. Aditya Rajwar from the intern batch was awarded the Mr. Sports trophy, and Ms. Bhumika Sharma from the 2nd year received the Ms. Sports trophy.

The annual cultural event, Jal Tarang, was a colorful blend of musical and dance events, solo and group activities, fashion shows, skits, and other activities such as painting, cooking, photography, mehndi, and rangoli. The week was open to all students, faculty, and non-teaching staff members of the college. Band performances and DJ nights were also part of the cultural week for everyone to enjoy. The enthusiasm from students and staff made the cultural week memorable. For 2023-24, Mr. Arpit Chhabra from the 3rd year was awarded the Mr. Jal Tarang trophy, and Ms. Jyotinayana Das from the 3rd year received the Ms. Jal Tarang trophy.

Annual Founder's Day was celebrated on April 2nd, which commemorated the institution's inception day. University toppers, distinction holders, and subject toppers from both UG and PG batches were awarded during the ceremony.

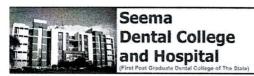


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The feedback from students for 2024 indicated a positive perception of the BDS curriculum and teaching methods across different years of study. The majority of respondents were BDS I Year students (28.2%), followed by BDS IV Year (25.4%), BDS III Year (18.0%), BDS II Year (16.9%), and Interns (11.6%). Most students agreed or strongly agreed that the goals and objectives of the curriculum were clear (84.9%), the workload was manageable (64.4%), and the curriculum was well-organized (78.2%). Satisfaction with attendance was reported by 80.9%, and 91.5% felt they participated actively in classes. A significant number believed they made good progress (74.3%) and found the learning environment and teaching methods excellent (71.5%). The subjects were well-structured (79.9%), and teaching methods encouraged active participation (77.1%). The learning materials and resources were considered relevant and adequate by 84.1%, and the course stimulated interest in the subject area (84.2%). Teaching was timely and appropriate (81.0%), ideas were clearly presented (80.0%), and assessments were deemed reasonable and robust (79.6%) with timely results (85.2%). Faculty responsiveness was rated positively (80.6%), and their regularity was affirmed by 88.0% of students. Overall, the feedback highlights a strong endorsement of the BDS program's structure, teaching quality, and faculty engagement.

The post-graduate student feedback analysis, based on responses from 60 students, indicated that 19 (31.7%) are in MDS I Year, 23 (38.3%) in MDS II Year, and 18 (30.0%) in MDS III Year. Key feedback includes that 44 students (73.3%) agreed and 12 (20.0%) strongly agreed that the goals and objectives of the MDS curriculum were clear. The workload was considered manageable by 42 students (70.0%). The curriculum's organization was rated positively by 39 students (65.0%) who agreed and 12 (20.0%) who strongly agreed. All respondents were satisfied with their attendance, with 34 (56.7%) agreeing and 26 (43.3%) strongly agreeing. However, only 34 (56.7%) participated actively in theory classes and practical. A majority of students, 45 (75.0%), found the learning environment and teaching methods excellent, and 45 (75.0%) also agreed that subjects were well-structured to achieve learning outcomes. Learning materials were deemed relevant by 41 students (68.3%). The library resources were rated adequate by 41 (68.3%), and the course stimulated interest for 43 students (71.7%). The time-bound teaching was appropriate for 47 students (78.3%). Feedback on assessment was timely for 44 students (73.3%), and 47 (78.3%) grasped the concepts presented in the lectures and demonstrations.



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Faculty responsiveness to academic needs was agreed upon by 43 students (71.7%), and 42 (70.0%) affirmed faculty regularity in classes.

Student Welfare and Safety Initiatives

Prevention of Gender Harassment and Gender Equality

In the last academic year, SDCH demonstrated its commitment to ensuring a safe and equitable environment for all students through several key initiatives. Awareness program was conducted to inform students and staff about the committee's role and the support available. It also educated the college community on gender-related issues, respectful behaviour, and the implications of gender harassment.

Awareness of Anti-Ragging Programs

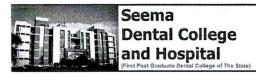
During the last academic year, Seema Dental College and Hospital strictly adhered to antiragging regulations to provide a safe and welcoming environment for all students. The institution implemented various measures to prevent ragging and create awareness about its harmful consequences.

FINANCIAL REPORT

In the past fiscal year, SDCH allocated Rs.4.35 lakhs support academic excellence and academic programs, facilitating curriculum development, faculty training and student support services & Rs.51.92 lakhs physical facilities. resource enhancement was dedicated. An amount of Rs.251.68 lakhs for Infrastructure development and Rs.46.38 lakhs for Infrastructure augmentation with a total of Rs.298.06 lakhs for college infrastructure.

An amount of 66.09 lakhs has been allocated for the procurement of essential materials (consumables) including advanced dental equipment & 13.57 lakhs for lab materials with a total of 79.66lakhs which is allocated for clinical training and research. The library received an allocation of Rs.2.58 lakhs for books, Rs.12.45 lakhs for journals and Rs.4.49 lakhs for e journals and e resources with a total amount of Rs.19.52 lakhs to expand its collection of academic resources, including books, journals, and digital databases, ensuring students and faculty have access to the latest knowledge and research in the field.





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ACCREDITATION AND COMPLIANCE

SDCH has diligently adhered to all local and national regulatory requirements set by relevant dental and educational authorities. This includes maintaining standards in academic programs, clinical practices, infrastructure, and faculty qualifications as mandated by the Dental Council of India (DCI) and Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun.

During the academic year, SDCH was inspected by Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun, on May 17, 2024. These inspections assessed the college's compliance with educational and clinical standards.

SDCH successfully received accreditation for its undergraduate and postgraduate programs from the Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun, reaffirming its commitment to quality education and patient care.

SDCH maintains its commitment to providing high-quality education and healthcare services while meeting all regulatory and accreditation requirements.

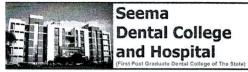
SDCH is preparing for attaining first cycle of NAAC accreditation.

CONCLUSION

As SDCH concludes another successful year, I reflect with pride on our achievements and growth over the past twelve months. Celebrating our 21st anniversary, SDCH has reaffirmed its commitment to delivering exemplary dental education and healthcare, guided by the visionary leadership of Dr. R.K. Gupta and our dedicated faculty and staff.

Throughout the academic year 2023-2024, SDCH have made significant strides in both academic and clinical domains. Our undergraduate and postgraduate programs have continued to thrive, with commendable pass rates and notable academic excellence awards highlighting the hard work and dedication of our students. The diverse range of research projects undertaken by our students and faculty underscores our commitment to advancing dental science and addressing contemporary challenges in oral health.

Our clinical services have demonstrated our unwavering dedication to patient care, with a substantial number of patients benefiting from our comprehensive treatment offerings. The



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expansion of our community engagement through dental camps and awareness programs reflects our deep-rooted commitment to serving the broader community and promoting oral health education.

The positive feedback from our students and the successful accreditation by Hemwati Nandan Bahuguna Uttarakhand Medical Education University affirm the high standards of our educational programs and clinical practices. Our faculty's recognition and participation in various national and international roles further underscore the excellence that defines SDCH.

As SDCH looking forward to the coming year, we remain steadfast in our mission to enhance dental education, improve patient outcomes, and contribute to the broader field of dental research. I extend my heartfelt gratitude to our academic faculty, academic support staff, administrative staff, students, and management for their continued support and dedication. Together, we will strive to uphold the values and vision that have guided SDCH since its inception, ensuring that we continue to lead in dental education and healthcare excellence.

Here's to another year of growth, achievement, and service at Seema Dental College and Hospital.

