



SEEMA DENTAL COLLEGE AND HOSPITAL

Rishikesh – 249 203, Uttarakhand (India)



Institutional Distinctiveness

Rishikesh – 249 203, Uttarakhand (India)

Tel: (0135)2453465, 2453725, 2453726

Email: sdchquery@gmail.com, Web: www.seemadentalcollege.org

About Us

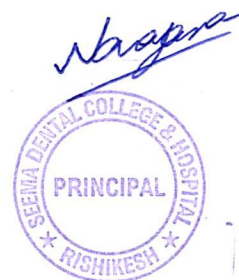
Seema Dental College and Hospital is a wonderful place - beautiful and vibrant; relaxed and engaged. It is one of the finest campuses for a hospital. The views around the campus are breathtaking and the surrounding woodland changes colours dramatically with the seasons. The campus sits pretty between these woods on one side and the holy river Ganga on the other.

The total constructed area covers a staggering 3,50,000 square feet. This includes the Hospital, teaching facilities like lecture halls, auditorium, laboratories, the pathology centre, the library, cafeteria, the residential facilities for students, faculty & support staff, sports & recreation centre, swimming pool, the list is endless.

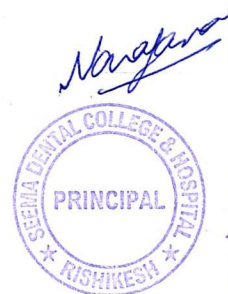
In a nutshell, Seema Dental College and Hospital has been envisaged as a world class dental hospital and teaching center. The promoters are committed to provide whatever it takes to achieve this vision.

Studying at SDCH allows you to enjoy the best of both worlds - an excellent academic environment at the heart of one of the most cosmopolitan and exciting cities in Northern India.

Though a tranquil setting, there is still plenty to do at the College. Indeed, the range of both academic, social and exceptional sporting opportunities are unrivaled in the country. Students have much to occupy their time outside of lectures, tutorials and lab work. Do visit and see all this for yourself. You will see then why we are so proud of our campus and why we want you to choose to come here.



SDCH Tobacco Cessation Training Centre





Seema Dental College and Hospital

(First Post Graduate Dental College of The State)

- ✓ Recognized by:
Dental Council of India
vide Govt. Gazette Notification No.
V-12017/49/2001-DE dated 25/06/2008
- ✓ Awarded As The Best Dental College

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Institutional Distinctiveness

Title : SDCH Tobacco Cessation Training center

Seema Dental College and Hospital (SDCH) is committed to quality dental education and dental related health services with its motto "Service above self". The institution ensures to recruit and retain well qualified motivated faculty and staff and provides adequate infrastructure, equipment, and machinery for delivering the best dental service to the society.

The tobacco epidemic is one of the biggest public health threat the world has ever faced, killing more than 8 million people in a year including 1.2 million deaths from exposure to smoke. The need for capacity building is fundamental to implement tobacco control policies to stake of the tobacco epidemic. Training of health care professionals especially dentists is one the vital component as we come across people with this habit in our routine practice. Training and capacity building for tobacco control are undertaken by our training centre by organizing various courses/ workshops/ sensitization programmes namely celebration of World No Tobacco Day with events like marathon, awareness lecture, Nukad natak at public gathering etc as a part of these commemorative day celebration.

In aim to control the diseases occurring because of tobacco product usage, we need qualified trainers to serve the society to educate and help people to quit the habit and guide them in this process. The institute initially started with Tobacco cessation clinic in 9th March, 2016 and upgraded itself with Tobacco cessation training center in the year 2023. SDCH is the first institute in Uttarakhand which has established a Tobacco cessation training center in collaboration with ICan Care Pvt Ltd which is affiliated to Gujarat University. An MOU has been signed between SDCH and ICanCare Pvt Ltd and the tobacco cessation training center has been functional since 21st January 2023. The ICanCare has been aiding us in providing the capacity building for Uttarakhand Tobacco Cessation / Control training centre and offers us courses at three levels – Certified tobacco cessation specialist (CTCS-Tobacco cessation specialist), Orientation course in tobacco cessation (OCTC-Tobacco Ambassadors) and Basic course in Tobacco control (Tobacco Marshals) which are recognized by Gujarat University.

Our faculty have been trained by ICan Care Pvt Ltd as certified tobacco cessation specialist and had completed Masters training in tobacco cessation(MTTC) from ICanCare, Gujarat University. Majority(45) of our faculties and post graduates have cleared Gujarat University Certified Orientation Course for Tobacco Cessation (OCTC) with higher grades and around 40 faculty, undergraduate and post graduate students have completed Marshal Training basic Certificate Course conducted in our college in collaboration with ICanCare. With our own faculty a certified tobacco cessation specialist, the institute has conducted various training programmes like tobacco marshal programme, basic training in Tobacco cessation in our TCC Training center in association with ICanCare to volunteers, health care professionals, Government health sector

Nagpal





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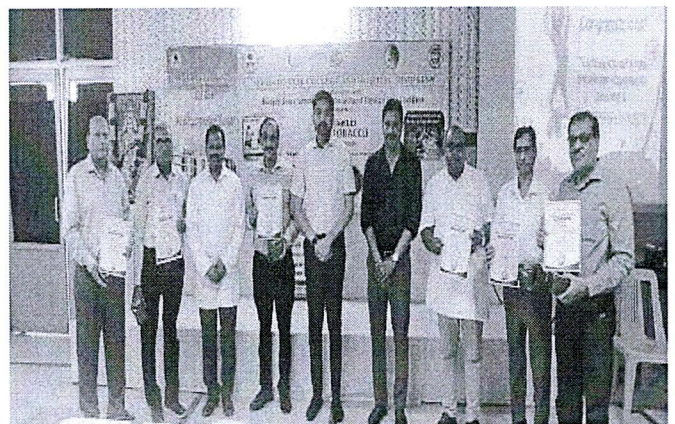
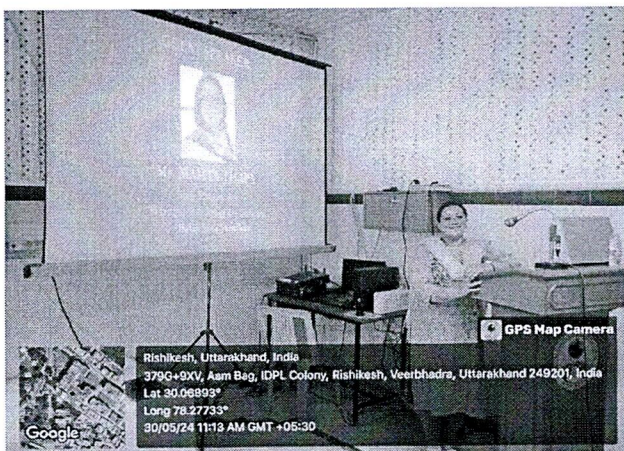
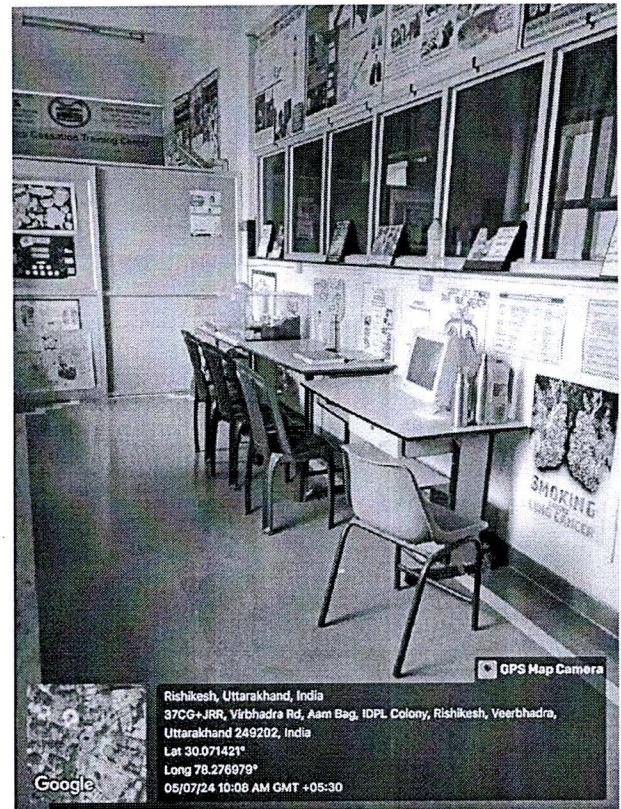
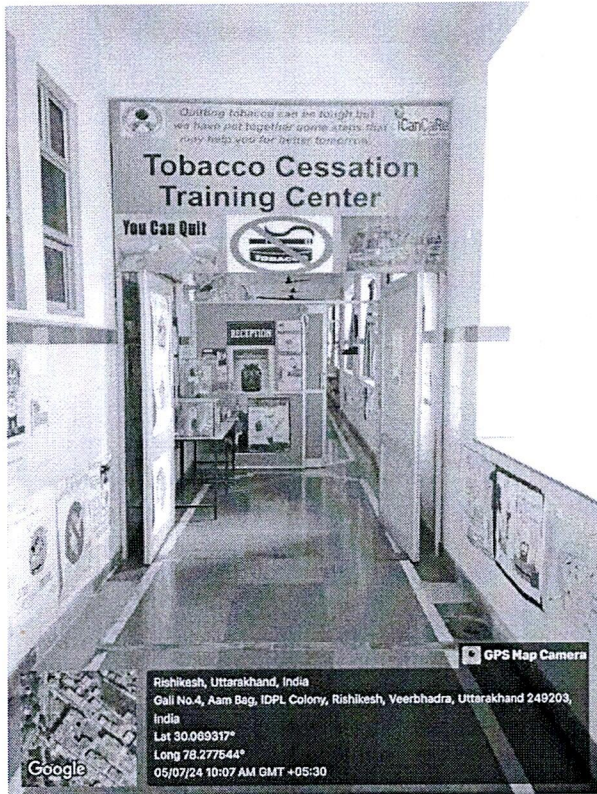
officials like UTFC, etc. The programmes cover the entire knowledge on tobacco cessation and other field which the participants will learn in the course and these trained professionals can serve the society to eradicate tobacco usage which is a contribution by SDCH for society upliftment.

The TCC center not only conducts training session but also commemorates World No Tobacco Day, organises various awareness programs and conducts lectures emphasizing on harmful effects of tobacco. Our center at SDCH is performing considerably well in combating this social hazard in a planned manner. We at SDCH are committed in building a healthy and safe community with various healthcare initiatives under the purview of our tobacco cessation training center.

N. K. Sharma

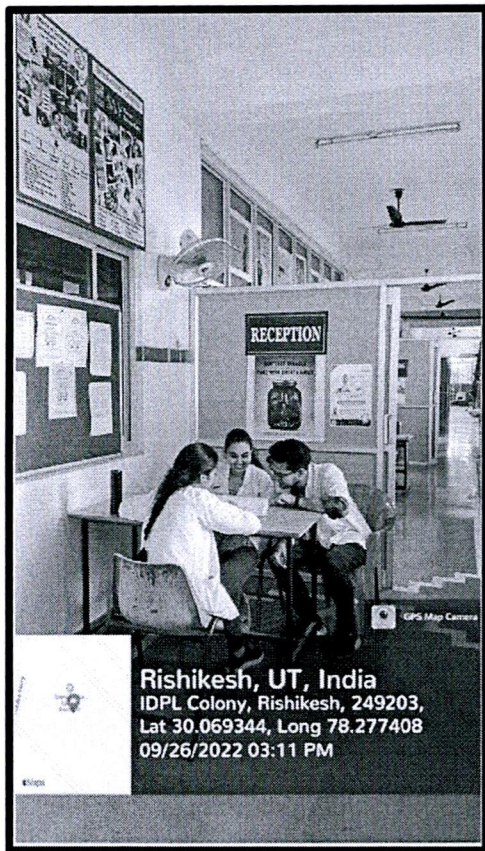


Tobacco cessation training centre in the Institution

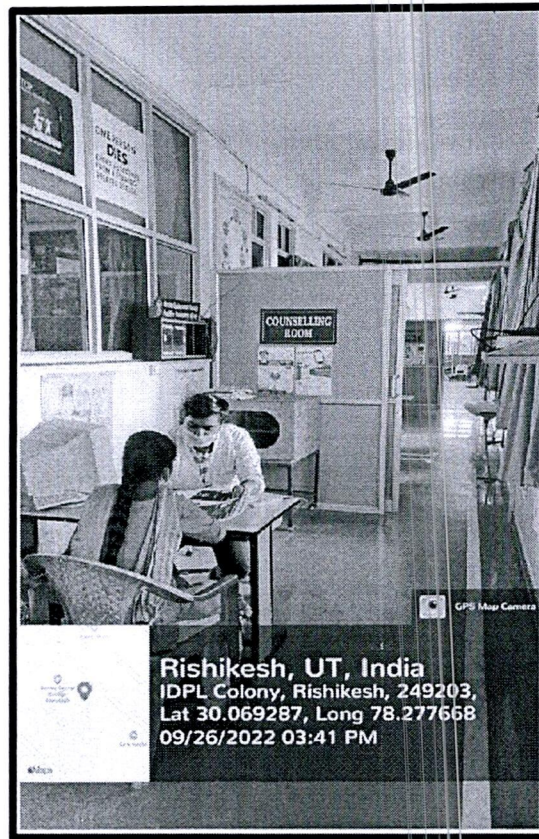


Tobacco cessation training offered to UTFC members by the Institution TCC Training centre

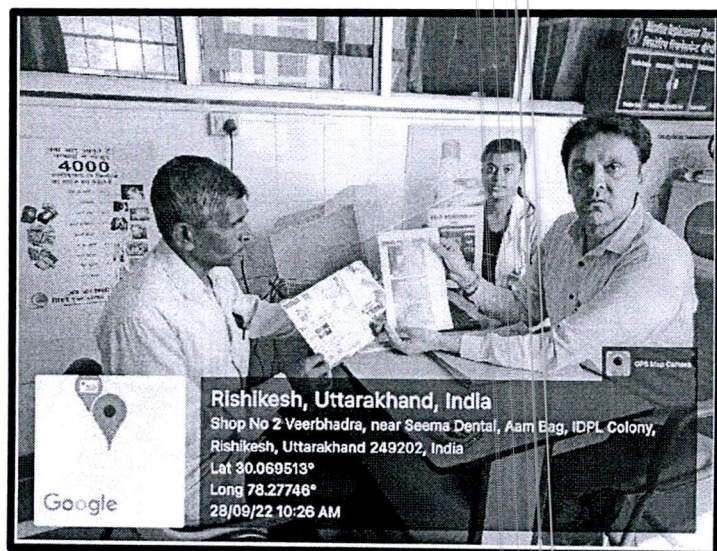
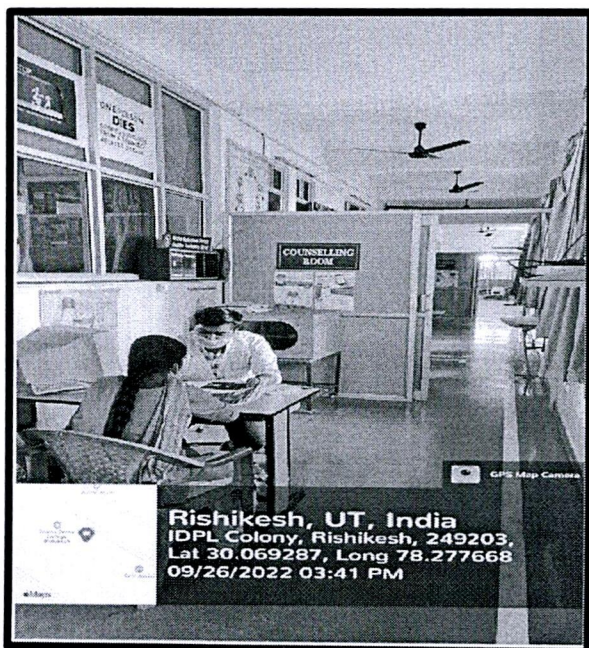




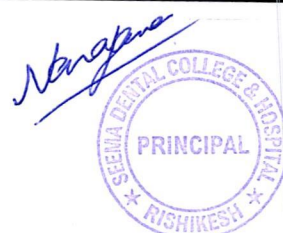
Reception Area



Counselling Room



Patient Counselling



1. **Memorandum of Under standing between Seema Dental College and Hospital with Innovative Cancer Care and Rehabilitation Pvt Ltd (ICanCaRe)**

Document link : <https://seemadentalcollege.org/images/iqac/3.5.2%20C.pdf>

Page no.: 47 – 57

2. **Partnering organization contact details**

Document link : <https://seemadentalcollege.org/images/iqac/3.5.2%20B.pdf>

3. **Collaborative activity :**

Document link : <https://seemadentalcollege.org/images/iqac/3.5.2%20D.pdf>

Page no: 209 – 233 , 263 – 268



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Page no: 209 – 233 , 263 – 268



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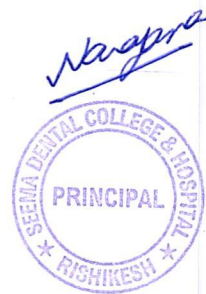
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SDCH Tobacco Cessation Training Centre

S/no	Event	Date
1.	Tobacco cessation training and Capacity building program	30.5.24
2.	World No Tobacco Day celebration	20.5.24 – 5.6.24
3.	Lecture on smoking and its manifestations in females	12.3.24
4.	Marshal Training certificate course	21.1.23
5.	Orientation course for tobacco cessation	April – May 23
6.	1 st Master training in Tobacco cessation	13.8.23 – 15.8.23
7.	Oral Oncology Connect – Education series	3.4.22 – 24.4.22



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Basic Tobacco Cessation Training Program in Uttarakhand State
Activity Type	Collaborative activity - Clinical Training
Activity Venue	Seema Dental College & Hospital , Rishikesh
Activity year	2023-2024
Purpose of Activity	World No Tobacco day Activity-Promotive, preventive and screening outreach activities,Dental camps,Oral Cancer Screening Activities,Training and Capacity Building Programs,School Based tobacco Control And cessation initiatives,Public events like walkathon/Marathon/cyclic rally/public lectures/Rahagiri,Pledge ceremony for public and patients for tobacco Free Generation, Pledge Ceremony by Healthcare Professionals for offering help to Quit, Radio/Newspaper/TV campaigns/talk show/Street Plays/Flash Mob,Collaboration with AYUSH, Medical, Nursing Colleges and State Tobacco Control Cell. Initiatives towards ending Tobacco Industry Interference.
Activity Convener	Dr.Narayana Prasad
Documentation Incharge	Dr. Avnish Singh
Enclosures	Available
Documents Submitted to	Ms. Pinky Sharma
Documents Submitted by	Dr. Vaishnavi Prasad
	

Document Receiver's Signature

Date **4/6/24**

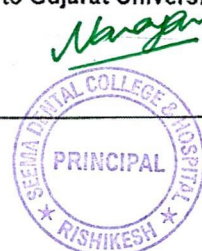
Convener's Signature

Participation Count	Faculty	6	Student	163	Total	169
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Objective -Implement best practice patient screening and care procedures, Demonstrate understanding of best practices and complications related to tobacco cessation, Identify multiple treatment plans, techniques and available resources to offer as patient care, provide patient education on new and emerging tobacco products, evaluate the effectiveness of the treatment being offered.

Expected Outcome: Goal is to train interdisciplinary health care providers and public health professionals to become tobacco cessation champions for their organizations and communities. This was whole day program with the following learning objectives: Implement best practice patient screening and care procedures, Demonstrate understanding of best practices and complications related to tobacco cessation, Identify multiple treatment plans, techniques and available resources to offer as patient care, provide patient education on new and emerging tobacco products, evaluate the effectiveness of the treatment being offered

Outcome Achieved: The program was conducted to enhance theoretical and practical knowledge of tobacco use and factors influencing it. Assessing the severity of tobacco addiction by using an objective scale, practicing basic counselling, communication skills and psychosocial intervention to prevent relapse was discussed. Prescribing over the counter Nicotine replacement therapy and knowledge about other pharmacotherapy and decision making about what can be managed by them and what needs to be referred to. In this, training participants have learnt more about nicotine addiction and how to integrate brief, evidence –based tobacco treatment interventions into current practice. In this, training participants also learnt about tobacco prevalence, products and burden, e-cigarettes and vaping, motivational interviewing, how to integrate brief, evidence based tobacco treatment interventions into current practice, tobacco treatment medications and relapse prevention an recovery. These training were approved by Tobacco Treatment Specialist done by ICanCare affiliated to Gujarat University.



SEEMA DENTAL COLLEGE & HOSPITAL

VEERBHADRA ROAD, RISHIKESH-249203

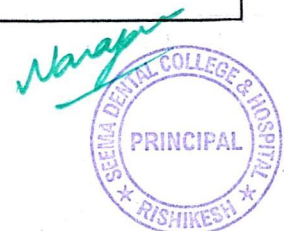
SDCH/PO/3062/2024/6595

Date: 22.05.2024

Circular

This is to inform you that Seema Dental College and Hospital, Rishikesh is celebrating World No Tobacco Week from 20.05.2024 – 05.06.2024 with the World No Tobacco 2024 theme: "Protecting children from tobacco industry interference". A series of events will be organized as following:

S.No.	Date	Time	Venue	Event	Faculty In-charge
1.	23.5.24	9:00 am	Valmiki Nagar, Rishikesh	1.Camp 2.Oral Cancer Screening 3.IEC material distribution 4. No Tobacco Pledge	Dr. Avnish Singh, Prof. & Head, PHD Dr. Anshuman Jha, PG, Oral Medicine
2.	24.5.24	9:00 am	Pragati Vihar, Rishikesh	1.Camp 2.Oral Cancer Screening 3.IEC material distribution 4. No Tobacco Pledge	Dr. Avnish Singh, Prof. & Head, PHD Dr. Shivani Kapurwan, PG, Oral Medicine
3	25.5.24	10:00 am	IDPL Inter College, Rishikesh	Lecture on: Tobacco & Its Ill effects	Dr. Avnish Singh, Prof. & Head, PHD
4	26.5.24	9:00 am	Sardarni Nanki Devi, Punjab Sindh Hospital, Rishikesh	Oral Cancer Screening	Dr. Jyotsna Seth, Professor, Prosthodontics
5	27.5.2	9:00 am	Pt. Lalit Mohan Sharma PG College, Rishikesh	1. Lecture on: Tobacco & Its Ill effects 2. Camp 3. IEC material distribution 4. No Tobacco Pledge	Dr. Jyotsna Seth, Professor, Prosthodontics Dr. Vaishnavi Prasad, Lecturer, Periodontics
6	28.5.24	11:00 am	Auditorium, SDCH	Poster making Competition on World No Tobacco among 1 st , 2 nd , 3 rd , 4 th Year and Intern students	Dr. Abhishek Singh, Reader, Periodontics Dr. Unnati Nautiyal, Lecturer, Cons. & Endo.
7	29.5.24	10:00 am	Reception, SDCH	1. IEC material distribution 2. No Tobacco Pledge	Dr. Avnish Singh, Prof. & Head, PHD Dr. Vaishnavi Prasad, Lecturer, Periodontics
8	30.5.24	9:00 am	Lecture Hall-1, SDCH	Tobacco Cessation Training & Capacity Building Program	Dr. Pawan Gupta, Founder, ICANCARE Dr. Karpagavalli, Prof. & Head, Oral Medicine Dr. Avnish Singh, Prof. & Head, PHD Dr. Jyotsna Seth, Professor, Prosthodontics



9	31.5.24	11:00 am	Reception, SDCH	1. Flex Competition of 3 rd Year BDS 2. 3D Model Competition of 4 th Year BDS 3. Certificate Distribution	Dr. Avnish Singh, Prof. & Head, PHD Dr. Jyotsna Seth, Professor, Prosthodontics Dr. Vaishnavi Prasad, Lecturer, Periodontics
10	31.5.24	5:00 pm	Old Railway Station to Triveni Ghat	No Tobacco Rally by 3 rd & 4 th Year Students Nukkad Natak by 3 rd Year Students	Dr. Avnish Singh, Prof. & Head, PHD Dr. Aditi Sigh, Reader, Pedodontics Dr. Vaishnavi Prasad, Lecturer, Periodontics

C.c. to: -

Broadcast-YES

File Header:- #40

All HOD's for circulation to faculty

HOD Prosthodontics
HOD.Oral Medicine & Oral Radiology
HOD.Periodontics
HOD.Conservative & Endodontics
HOD.Pedodontics
HOD.Orthodontics
HOD.Oral & Maxillofacial Surgery
HOD.Public health Dentistry
HOD Oral Pathology
HOD.General Surgery -for
HOD.General Medicine -for
HOD.Pathology & Microbiology
HOD.Pharmacology
HOD.Physiology & Biochemistry
HOD Anatomy

Dr. P. Narayana Prasad
Principal

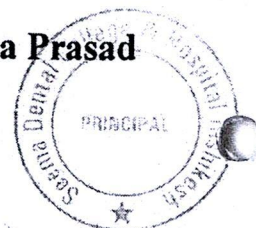
For Information

Chairman

Director

Executive Director

Vice Principal



“World No Tobacco Day Report 2024”

(15 days Activity from 20-05-2024 to 05-06-2024)

Theme: Protecting Children from Tobacco Industry Interferences

Seema Dental College & Hospital, Rishikesh



Content:

World no tobacco Day is celebrated every year and this year WNTD 2024 gave a platform to young people across the world, who are urging governments to shield them from predatory tobacco marketing tactics. The industry targets youth for a lifetime of profits, creating a new wave of addiction. Children are using e-cigarettes at rates higher than adults in all regions and globally an estimated 37 million youth aged 13-15 years use tobacco. Young people globally are calling on governments to adopt policies that shield them for manipulative practices of tobacco and related industries, including the relentless marketing of their dangerous products through social media and streaming platforms.

Executive Summary:

Introduction:

Tobacco is the only legal consumer product that kills up to half of its users when used exactly as intended by the manufacturer. Tobacco companies spent over 8 billion dollars on marketing and advertising. Children and adolescents who use e-cigarettes at least double their chance of smoking cigarettes later in life.

Finding:

Young people around the world recognize the industry's negative impact on issues they care about: physical and mental health, sustainability, plastics pollution, environmental devastation and climate change, child labour, poverty and inequity.

Objective:

Youth groups around the world can urge their governments to implement measures to prevent tobacco use and nicotine addiction. They can call for tobacco corporations to be held accountable and financially liable for past, present and future harms caused by their activities. To raise awareness and harms caused by tobacco products



Recommendation:

Governments should implement the WHO FCTC, including:

- ❖ Implementing and enforcing comprehensive TAPS bans and the specific guidelines to address cross-border advertising, promotion and sponsorship and the depiction of tobacco in entertainment media for implementation of Article 13, adopted at COP 10 in February 2024.
- ❖ Raising prices and taxes on tobacco and nicotine products to make them less affordable.
- ❖ Banning sales of these products to children
- ❖ Implementing Article 5.3 to protect policy from industry influence.

Conclusion:

Governments should hold the tobacco and related industries accountable, including imposing financial penalties, for:


- ❖ Breaches of national TAPS laws
- ❖ The harm they cause to health and the environment
- ❖ The health, environmental, economic costs associated with the production, marketing and use of the industry's products.
- ❖ Their descriptive marketing and other corporate practices that undermine public health and environmental policies.

Activity 1: Promotive, preventive and screening outreach activities

Department of Public Health Dentistry conducted various promotive, preventive and screening outreach activities on the occasion of "World no tobacco Day-2024". All treatments were provided free of cost, which included oral cavity examination, oral health talk, oral hygiene instructions, tooth restorations, oral prophylaxis and tooth extractions. Patients were referred to Seema dental college & Hospital, Rishikesh for further treatment.

A lecture was held by Dr. Jyotsna Seth, Professor, Prosthodontics, at Pt. Lalit Mohan Pg college on 27.05.2024. On the occasion of World No Tobacco Day 31st May 2024, Seema Dental College and Hospital, Rishikesh organized a poster making competition, flex designing competition and 3D model making competition. 3rd year BDS students came first in poster making and flex designing competition and 4th year BDS students won 3D model making competition. Dr. Amit Gupta, Chairman, SDCH, Dr. P. Narayana Prasad, Principle, SDCH and Dr. Preeti Bali, MD in Anaesthesia, distributed the prizes and certificates to the winners and appreciated all the participants. Dr. Kalpana Chaudhary, Dr. Varun Kumar and Dr. Tarun Sharma were the judges of the above competition.

Narayan



Camp 1: On **23.05.2024**, a dental camp was organised by department of Public health dentistry at Valmiki Nagar, Rishikesh. A total of **94 patients** got benefitted, 11 extractions, 41 oral prophylaxis & 18 Restoration were done. Patients with major dental needs were referred to Seema Dental College and Hospital. The remaining required treatment will be provided for these registered camp patients in the college.

Camp 2: On **24.05.2024**, a dental camp was organised by department of Public health dentistry at Pragati Vihar, Rishikesh. A total of **60 patients** got benefitted, 32 oral prophylaxis & 09 Restoration were done. Patients with major dental needs were referred to Seema Dental College and Hospital. The remaining required treatment will be provided for these registered camp patients in the college

camp 3: On **27.05.2024**, a dental camp was organised by department of Public health dentistry at Pt. Lalit Mohan Sharma PG College, Rishikesh. A total of **57 patients** got benefitted, 22 oral prophylaxis & 05 Restoration were done. Patients with major dental needs were referred to Seema Dental College and Hospital. The remaining required treatment will be provided for these registered camp patients in the college.

Outcome:

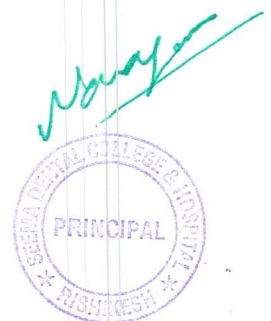
1. **Duration of Activity:** 3 days
2. **No. of Patients benefitted:** 211
3. **No. of training conducted and Personnel skilled or trained:** ----
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers.

Activity 2 : IEC Activities

IEC is one of the major components of the National Tobacco Control Programme. Nation-wide IEC or public awareness campaigns have also been launched in the print and electronic media for dissemination of various provisions of the Act. This included publicity in national and regional newspapers, private and Government Radio & TV channels and dissemination of publicity materials such as posters, stickers, handouts, factsheets etc. Dedicated spots have been developed as well as adopted from the global best practices. The Campaigns are aired through the Government as well as Private Channels for both video/TV as well as radio/FM. Accordingly, there is also provision of dedicated funds for carrying out IEC activities at State/district level.

Outcome:

1. **Duration of Activity:** 4 days
2. **No. of Patients benefitted:** 250
3. **No. of training conducted and Personnel skilled or trained:** ---
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers



Activity 3: Oral Cancer Screening Activities

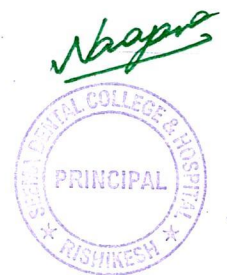
Free oral cancer screening camps were organized by Ganga Prem Hospice on every last Sunday of the month. Collaboration with Ganga Prem Hospice, Rishikesh Seema Dental College & Hospital team including Dr. Jyotsna Seth, Dr. S Prasanna and Dr. Anushree joined GPH team to screen oral cancer patients on 26th May, 2024.

The main aim was to raise awareness about oral cancer and promote oral health. By these camps we have typically provide free oral cancer screening, dental checkup etc. During these camps, out trained healthcare professionals who have also done palliative care course, perform a visual and physical examination of the oral cavity to look for signs of cancer. From this camp they were referred for further treatment or follow-up care if necessary. This camp was organized by Ganga Prem Hospice under the able guidance of Dr. AK Dewan one of the leading Oncologists and Director Surgical Oncology at Rajiv Gandhi Cancer Institute & RC and Dr. Taranjit Singh Lead Onco Specialist working in Ganga Prem Hospice. Patients were screened and IEC materials were distributed among the patients approached in this monthly oral cancer awareness camp.

Overall, this camp was a valuable resource for individuals who may not have regular access to oral health care or who may be at risk for oral cancer. These camps help to identify dental issues early on, which can lead to better outcomes and lower costs in the long term.

Outcome:

1. **Duration of Activity:** 1 Day
2. **No. of Patients benefitted:** 33 patients
3. **No. of training conducted and Personnel skilled or trained:** ---
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers



Activity 4: Training and Capacity Building Programs

Description: Basic Tobacco Cessation Training Program in Uttarakhand State was conducted at Tobacco Cessation Center at SDCH in collaboration with Balaji Seva Sansthan and Uttarakhand Tobacco Free Coalition. This training was for people involved with people using tobacco and interested in Tobacco Cessation.

The Chief Guest for the program was Dr Aditya Singh, State Nodal Officer, NTCP. Total 22 participants from UTFC participated in this course. Miss Mamta Thapa, Dr. Pawan Gupta Founder and Master Trainer for Tobacco Cessation- ICanCare Academy, Dr. S Karpagavalli Certified CTCS, Dr. Avnish Singh Certified CTCS and Dr. Jyotsna Seth, Certified Tobacco Cessation Specialist delivered their lectures in the training program. The Management felicitated Dr. Aditya, State Nodal Officer, NTCP, Mr. Prem Taneja, Chairman, UTFC and Mr. Awadesh Kumar, Executive Director, BSS and congratulated the participants who cleared this basic training of tobacco cessation.

The program was conducted to enhance theoretical and practical knowledge of tobacco use and factors influencing it. Assessing the severity of tobacco addiction by using an objective scale, practicing basic counselling, communication skills and psychosocial intervention to prevent relapse was discussed. Prescribing over the counter Nicotine replacement therapy and knowledge about other pharmacotherapy and decision making about what can be managed by them and what needs to be referred to. In this, training participants have learnt more about nicotine addiction and how to integrate brief, evidence –based tobacco treatment

interventions into current practice. In this, training participants also learnt about tobacco prevalence, products and burden, e-cigarettes and vaping, motivational interviewing, how to integrate brief, evidence based tobacco treatment interventions into current practice, tobacco treatment medications and relapse prevention and recovery. These training were approved by Tobacco Treatment Specialist done by ICanCare affiliated to Gujarat University.

Goal is to train interdisciplinary health care providers and public health professionals to become tobacco cessation champions for their organizations and communities. This was whole day program with the following learning objectives: Implement best practice patient screening and care procedures, Demonstrate understanding of best practices and complications related to tobacco cessation, Identify multiple treatment plans, techniques and available resources to offer as patient care, provide patient education on new and emerging tobacco products, evaluate the effectiveness of the treatment being offered.

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ----
3. **No. of training conducted and Personnel skilled or trained:** 22
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers

Activity 5: School Based tobacco Control And cessation initiatives

School-based cessation programs focus on supporting students in their efforts to quit using tobacco products. These programs can teach students refusal skills and avoidance techniques, provide social support from peers and counsellors, and link participants to resources in the community.

These school-based camps were done to implement seven recommendations to effectively prevent tobacco use among youth:

- = 1. Create school policies around tobacco use
2. Educate students on the negative physiological and social effects of tobacco use.
3. Integrate tobacco prevention education for all students, with a focus on junior high and middle school grades.
4. Offer special training to educators and other program facilitators.
5. Engage parents in tobacco prevention efforts.
6. Offer tobacco cessation support to students and staff.
7. Consistently evaluate tobacco prevention programs.

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ----
3. **No. of training conducted and Personnel skilled or trained:** ----
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers



Activity 6: Public events like walkathon/Marathon/cyclic rally/public lectures/Rahagiri

On the occasion of World No Tobacco Day 31st May 2024, Seema Dental College and Hospital, Rishikesh organized No Tobacco Rally depicting various challenges and severe outcomes of tobacco usage, by the students and faculty members of SDCH at the famous tourist spot Triveni Ghat. We stand in partnership with all for promoting tobacco cessation towards a Tobacco Free Generation.

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ---
3. **No. of training conducted and Personnel skilled or trained:** ---
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers

Activity 7: Pledge ceremony for public and patients for tobacco Free Generation

Tobacco use is the single largest cause of preventable deaths and illness worldwide and it kills half of its users prematurely, mostly in their most reproductive age. Tobacco use is a major risk factor for Cancer, Cardiovascular Diseases (CVD), Diabetes, Chronic Lung Disease, stroke, infertility, blindness, Tuberculosis (TB), Oral Cavities etc. There are mainly two forms of tobacco – Smoking Tobacco and Smokeless Tobacco. Cigarettes, bidi, hookah are smoking tobacco whereas khaini, zarda, gutkha etc. are smokeless tobacco. Tobacco control efforts of India gained a fresh impetus with launch of the National Tobacco Control Programme (NTCP) in 2007-08. NTCP is a comprehensive programme, which not only provides a robust framework for implementation of tobacco control laws/initiatives but also focuses on community engagement, school programme, IEC and advocacy. No Tobacco pledge ceremony was held at Pt Lalit Mohan PG college. Around 80 people took the pledge.

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** 150
3. **No. of training conducted and Personnel skilled or trained:**
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, instagram, newspapers

Activity 8: Pledge Ceremony by Healthcare Professionals for offering help to Quit

On the week of celebrating world no tobacco week, a pledge ceremony was held with the health care professionals at Aiims, Rishikesh in collaboration with Seema dental college and hospital, Rishikesh and Uttarakhand Tobacco free Coalition organization.

The pledge was administered by a post graduate student at Aiims, Rishikesh.



Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ----
3. **No. of training conducted and Personnel skilled or trained:** 42
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspaper

Activity 9: Social Media activities

<https://www.garhninad.com/2024/05/free-dental-camp-organized-in-sridev-suman-uttarakhand-university-campus/>

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** 150
3. **No. of training conducted and Personnel skilled or trained:** ----
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, Newspapers

Activity 10: Radio/Newspaper/TV campaigns/talk show/Street Plays/Flash Mob

On the occasion of World No Tobacco Day 31st May 2024, Seema Dental College and Hospital, Rishikesh organized **Nukkad Natak (Street Play)** depicting various challenges and severe outcomes of tobacco usage, by the students and faculty members of SDCH at the famous tourist spot Triveni Ghat. We stand in partnership with all for promoting tobacco cessation towards a Tobacco Free Generation.

Outcome:

1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ----
3. **No. of training conducted and Personnel skilled or trained:** ---
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, Newspaper



Activity 11: Collaboration with AYUSH, Medical, Nursing Colleges and State Tobacco Control Cell

The Chief Guest for the program was Dr Aditya Singh, State Nodal Officer, NTCP. The program was conducted to enhance theoretical and practical knowledge of tobacco use and factors influencing it. Assessing the severity of tobacco addiction by using an objective scale, practicing basic counselling, communication skills and psychosocial intervention to prevent relapse was discussed. Prescribing over the counter Nicotine replacement therapy and knowledge about other pharmacotherapy and decision making about what can be managed by them and what needs to be referred to.

Outcome:

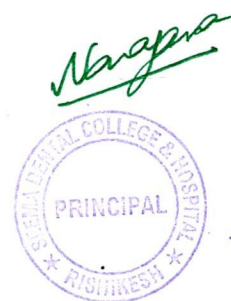
1. **Duration of Activity:** 1 day
2. **No. of Patients benefitted:** ----
3. **No. of training conducted and Personnel skilled or trained:** 20
4. **No. of IEC Developed:** IEC material given by NHA
5. **No. of Social Media Platform used and post done:** Facebook, Instagram, newspapers

Activity 12: Initiatives towards ending Tobacco Industry Interference

Seema dental college and hospital joined hands with Uttarakhand tobacco free coalition organization which is working on initiatives towards ending Tobacco Industry Interference. Dr. Jyotsna Seth and Dr. Avnish Singh are members of UTFC and are working towards a tobacco free state.

Outcome:

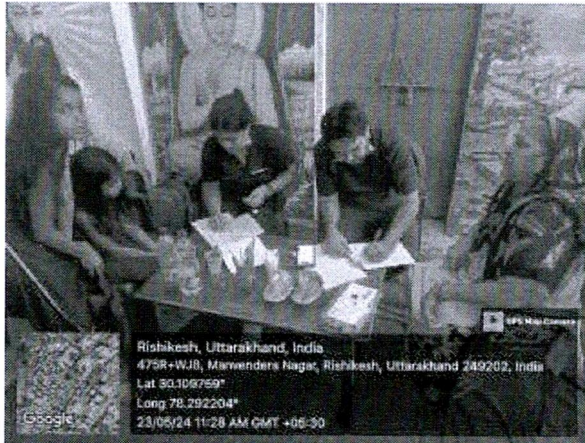
1. **Duration of Activity:** Since 23rd April, 2021
2. **No. of Patients benefitted:** ---
3. **No. of training conducted and Personnel skilled or trained:** 20
4. **No. of IEC Developed:** IEC material given by NHA.
5. **No. of Social Media Platform used and post done:** Facebook, Instagram and newspaper



“World No Tobacco Day Report 2024”

(15 days Activity from 20-05-2024 to 05-06-2024)

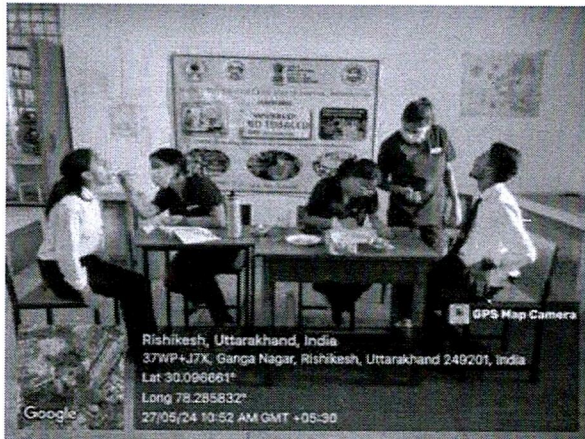
Theme: Protecting Children from Tobacco Industry Interferences



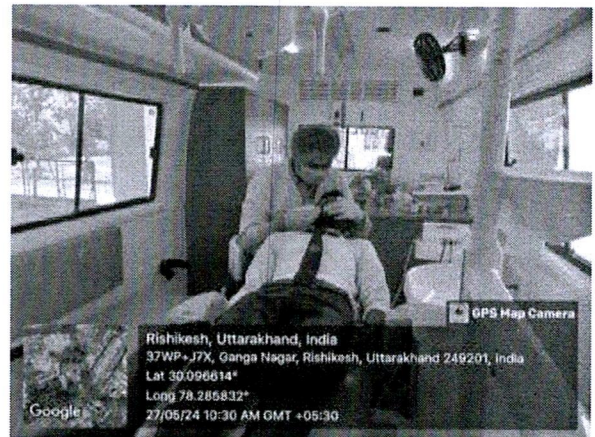
ORAL EXAMINATION OF THE PATIENTS



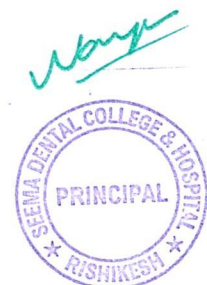
COUNSELLING OF THE PATIENTS



**ORAL EXAMINATION BY INTERNS
CAMP PATIENT**



ORAL PROPHYLAXIS OF THE

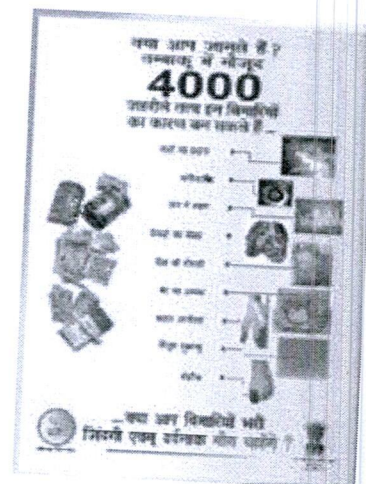
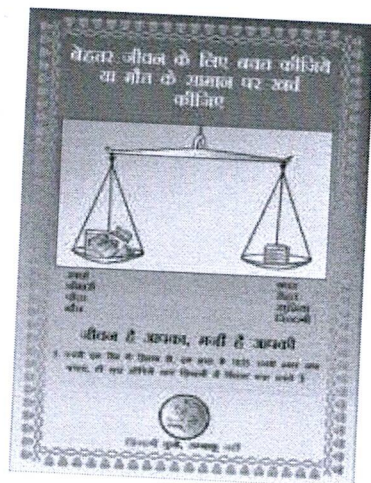




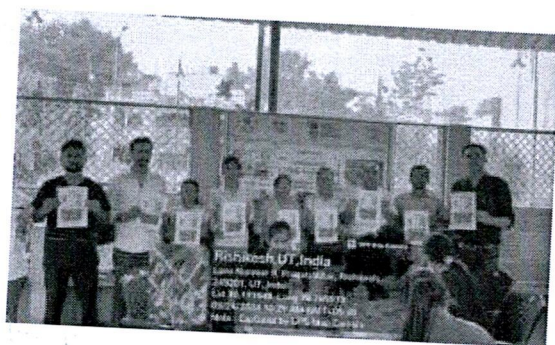
Pamphlet distribution to the public STUDENTS



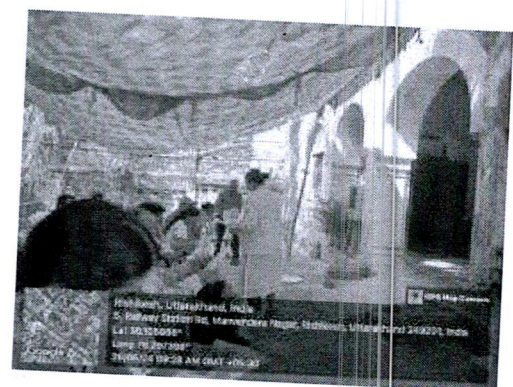
PAMPHLET DISTRIBUTION TO SCHOOL

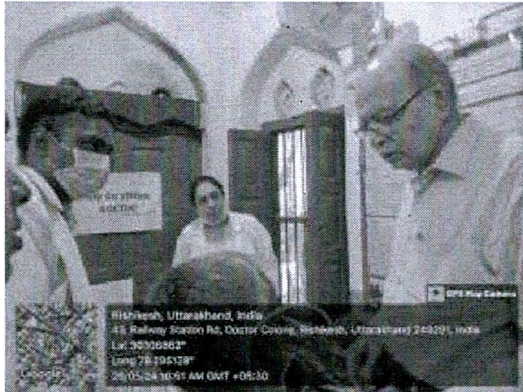


POSTERS FRO THE AWARENESS



PAMPHLET DISTRIBUTION TO CAMP PATIENTS

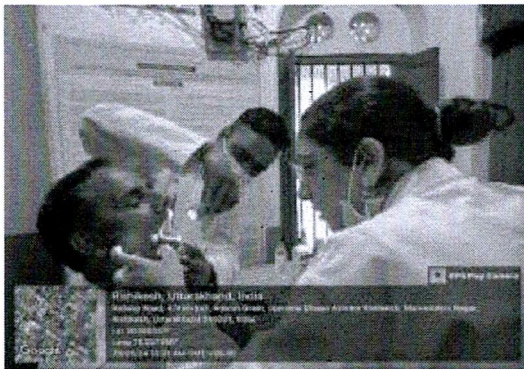




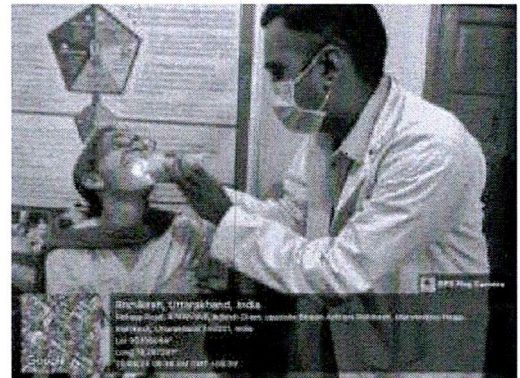
**COUNSELLING OF THE PATIENT
PATIENT**



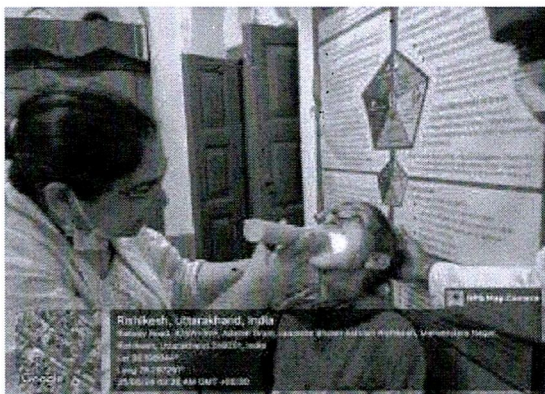
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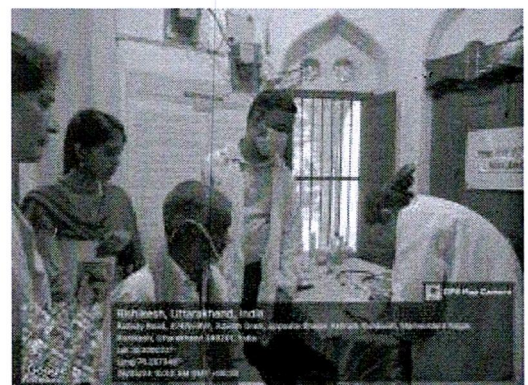
**ORAL EXAMINATION OF THE PATIENT
THE PATIENT**



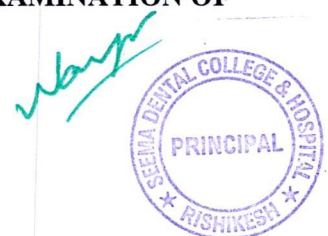
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**ORAL EXAMINATION OF THE PATIENT
THE PATIENT**

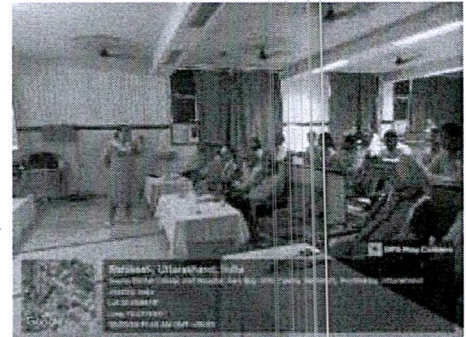


ORAL EXAMINATION OF





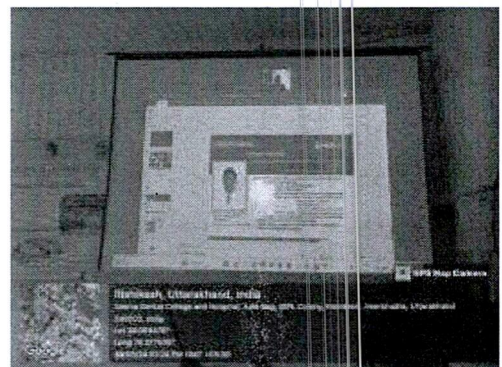
FELICITATION OF THE SPEAKERS



SPEAKER GIVING THE LECTURE



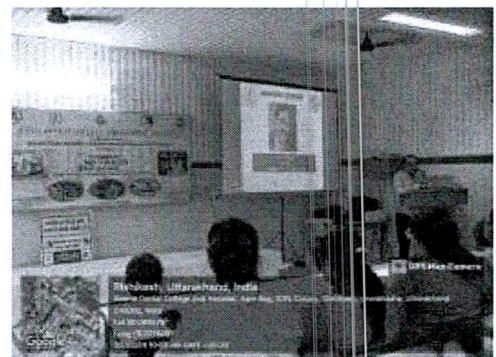
PARTICIPANTS ATTENDING THE LECTURE



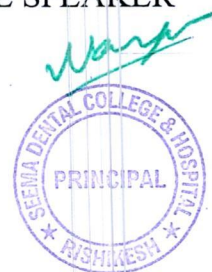
Online lecture by the speaker

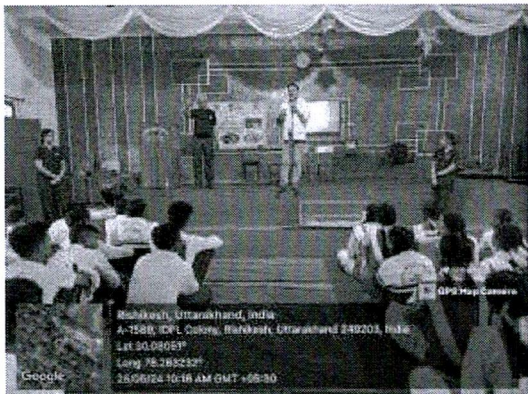


CERTIFICATE DISTRIBUTION

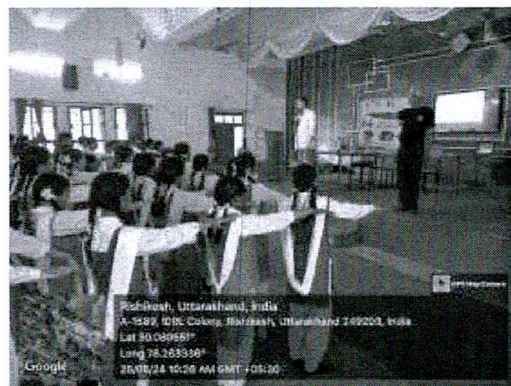
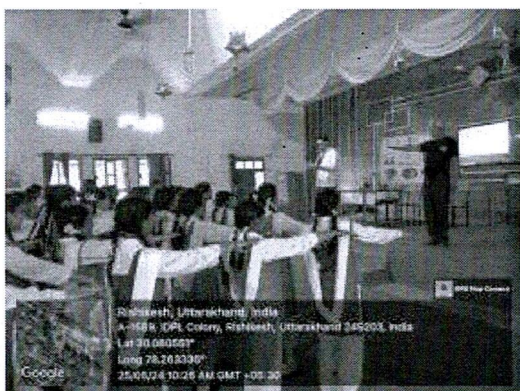


LECTURE BY THE SPEAKER





TOBACCO AWARENESS AMONG THE STUDENTS BY DR. AVNISH

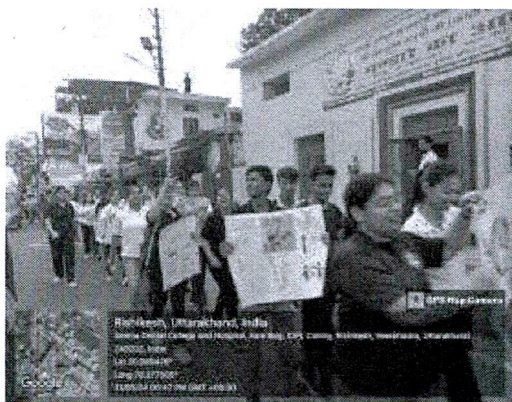


STUDENTS TAKING THE OATH AGAINST TOBACCO CONSUMPTION

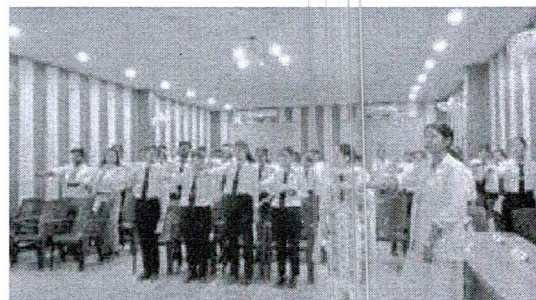


STUDENTS PARTICIPATING IN THE WALKATHON





STUDENTS PARTICIPATING FOR THE AWARENESS RALLY WITH POSTERS AND BANNER



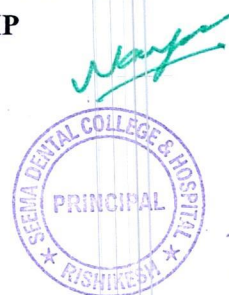
STUDENTS TAKING NO TOBACCO PLEDGE

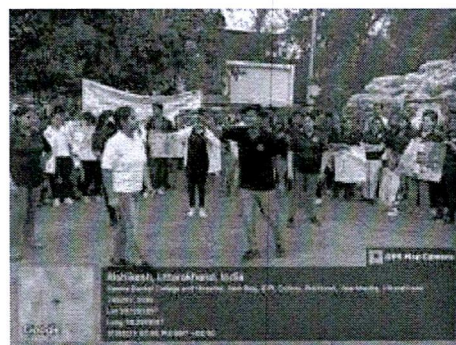
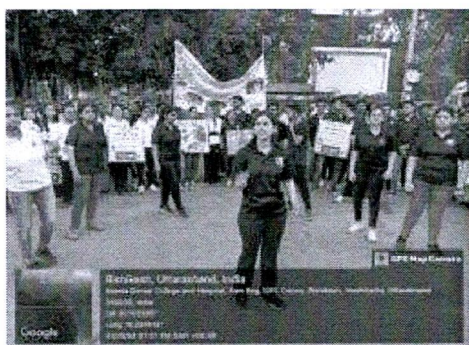


HEALTHCARE WORKERS TAKING THE PLEDGE

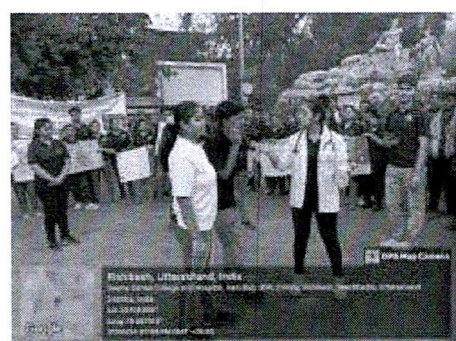
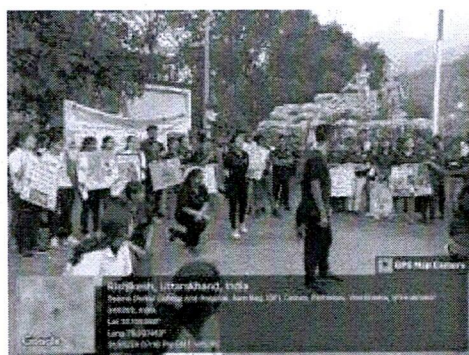


NEWSPAPER ARTICLE FOR ORGANISING FREE DENTAL CHECK UP CAMP

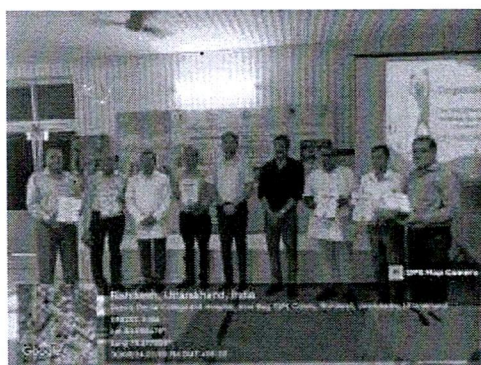




STUDENTS PERFORMING STREET PLAY



STUDENTS PERFORMING STREET PLAY



FELICITATION OF THE GUESTS

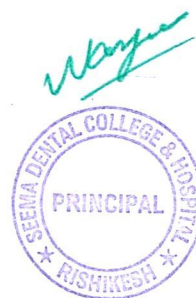




MEETING OF THE PRINCIPAL WITH THE
MEMBERS OF ORGANISATION




FELICITATION OF DR. JYOTSNA SETH
DURING THE MEETING




SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Marshall Training Certificate Course
Notice Ref. No.	SDCH/PO/2436/2023/5170
Notice Date	18.01.2023
Activity Type	Academic Activity
Activity Venue	LT-1
Activity Date & Time	21/01/2023 10:00AM- 4:00PM
Profile of the Speaker	
Purpose of Activity	The participants will be trained in tobacco cessation and oral screening.
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	Dr Vivek Singh
Enclosures	
Notice Copy	Available
Brochure/Pamphlet	Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	Ms Pinky Sharma
Documents Submitted by	Dr Vivek Singh



Document Receiver's Signature



Convener's Signature

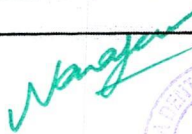

Date 27/1/23

Participation Count	Faculty	7	Student	25	Total	32
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Objective: Marshall Training Certificate Course organized at Seema Dental College & Hospital Rishikesh on 21st January 2023 in the guidance of Dr. Himanshu Aeran Director Principal. The participants will be trained in tobacco cessation and oral screening.

Expected Outcome: Purpose of the program was to have fair understanding of tobacco cessation protocol and practices.

Outcome Achieved: Participants were trained to sensitize the public about the tobacco, volunteer training for capacity building at the grassroot level. The expert gave knowledge about the pathology of addiction, communicating with a tobacco user, understanding the reasons behind starting the tobacco habit, preventing children from tobacco consumption, motivating to quit and much more.

SEEMA DENTAL COLLEGE & HOSPITAL

VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/ 2436/2023/ 5171

Date: 18.01.2023

"Be A Fighter; Put Down the Lighter"

The tobacco epidemic is one of the biggest public Health threats the world has ever faced, killing more than 8 million people a year, including around 1.2 million deaths from exposure to smoke. The need for capacity building is fundamental to implement tobacco control policies to stake of the tobacco epidemic. Training is one of the vital component of the program. Training and capacity building for tobacco control should be undertaken through various courses / workshops/ sensitization programs.

It is an immense pleasure to inform you that Seema Dental College and Hospital is inaugurating a **Tobacco Cessation Training Centre** the first ever in the state of Uttarakhand on Jan 21st, 2023. In this training centre the first course- **Marshall Training Certificate Course** will be organized. The speaker for the program is Dr. Pawan Gupta Director Head & Neck – Cancer Surgeon Max Institute of Cancer Care.

The details of the programme are as follows:-

S.No	Event	Time	Venue
1	Orientation of Tobacco Cessation	10:30AM-11:00AM	LT-I
2.	Inauguration of Tobacco Cessation Training Center	11:00AM-11:15AM	Tobacco Cessation Training Center Ground Floor.
3.	Marshall Training Course Session-1	11:15AM-1:00 PM	Sabarmati Hall, Dept. of Oral Medicine & Radiology
4	Lunch	1:00 PM – 2:00PM	Kaveri Hall
5	Marshall Training Course Session-2	2:00 PM – 4:00PM	Sabarmati Hall, Dept. of Oral Medicine & Radiology

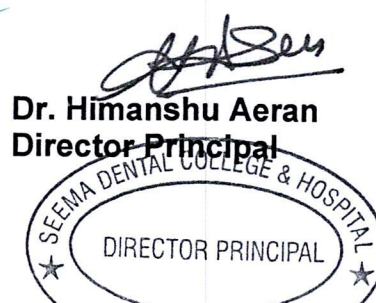
Registration details:

Orientation & Inauguration programme is open for all faculty members, post graduate students & interns with no registration fee. Prior Registration is must to attend the programme.

Marshall Training Course details:

For Course Registration fee Rs 1500 including Lecture, Workshop with Certificate and lunch. For registration kindly contact - Dr. Aditi Singh, Reader, Department of Pediatric and Preventive Dentistry. Prior Registration is must to attend the programme. Last date of registration is 19/1/2023 till 4.00PM.

Program coordinator – Dr.Jyotsna Seth, Professor, Department of Prosthodontics, Dr. Geeta Arya Reader, Department of Prosthodontics, Dr.Vivek Singh, Lecturer, Department of Public Health Dentistry.



SEEMA DENTAL COLLEGE & HOSPITAL

VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/2496/2023/ 5170

Date: 18.1.2023

Cc to: -

Broadcast-YES

File Header:-#11

All HOD's for circulation to faculty

HOD, Prosthodontics *h*

HOD.Oral Medicine & Oral Radiology *for e form*

HOD.Periodontics *For HOD Sir*

HOD.Conservative & Endodontics *Amilam*

HOD.Pedodontics *For non*

HOD.Orthodontics *18/1/23*

HOD.Oral & Maxillofacial Surgery *for HOD*

HOD. Public Health Dentistry *Sharma*

HOD Oral Pathology *18/1/23*

HOD Anatomy *for*

HOD.Physiology *for*

HOD.Biochemistry *for*

HOD.Pathology & Microbiology *for*

HOD.Pharmacology *for*

HOD.General Surgery *for Savit*

HOD.General Medicine *for Savit*

Mr. Hemant Balodi *Hemant*

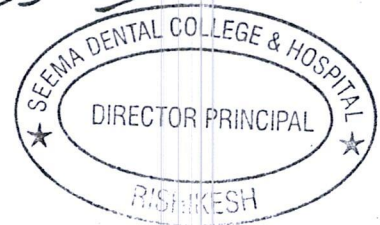
For Information

Chairman *for*

Executive Director

Director

Vice Principal *for*

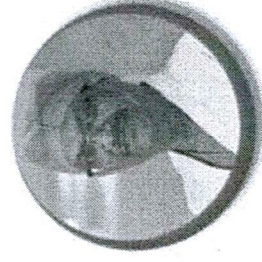




MARSHALL TRAINING CERTIFICATE COURSE Course Mentors



Dr Himanshu Aeran
Director Principal Seema Dental
College and Hospital , Rishikesh



Dr Pawan Gupta
Head & Neck – Cancer
Surgeon Max Institute of
Cancer Care.

Seema Dental College and Hospital situated in the spiritual surroundings in Rishikesh, is a premier educational institute engaged in providing quality education in dentistry to the aspiring youth of India, specially from the developing state of Uttarakhand. The College is successfully running BDS course since 2003 and MDS course in the specialties of Prosthodontics, Orthodontics, Conservative Dentistry, Oral medicine & Radiology, Pedodontics and Periodontics since past eleven years. Education does not restrict itself within four walls of the classroom and is an unceasing process. To keep this lamp of knowledge burning, the college is continuously conducting various CDE programs and Courses. In this chain the college is pleased to conduct MARSHALL TRAINING CERTIFICATE COURSE on 21st January 2023 at its TOBACCO CESSATION TRAINING CENTRE.

TOBACCO MARSHAL training is a capacity building program at the grassroot level. It is a 1-Day certificate program with 4 hours of live, intensive and interactive training with the experts who will impart knowledge about the pathology of addiction, communicating with a tobacco user, understanding reasons behind starting the tobacco habit, preventing children from tobacco consumption, motivating to quit and much more. *This course is open for all above the age of 18 years.*

Programme Schedule

	21.01.2023 Saturday
10:00am - 10:30am	Registration
10:30am - 11:00am	Orientation of Tobacco Cessation: LT-I
11:00am - 11:15am	Inauguration of Tobacco Cessation Training Center Ground Floor
11:15am - 1:00 pm	Marshall Training Course Session-I Sabarmati Hall, Dept. of OMDR
1:00 pm - 2:00pm	Lunch : Kaveri Hall
2:00 pm - 4:00pm	Marshall Training Course Session-2 Sabarmati Hall, Dept. of OMDR

• • • • •

Dr.Amit Gupta
Chairman

Dr. Himanshu Aeran
Director Principal



Dr Jyotsna Seth Professor, Prosthodontics,
Seema Dental College and Hospital , Rishikesh.
Dr .Aditi Singh Reader, Pediatric and Preventive
Dentistry, Seema Dental College and Hospital ,
Rishikesh.

Dr.Geeta Arya Reader, Prosthodontics,

Seema Dental College and Hospital , Rishikesh.
Dr Vivek Singh Lecturer, Public Health Dentistry,
Seema Dental College and Hospital , Rishikesh.

For Registration

BE A FIGHTER

SEEMA DENTAL COLLEGE AND HOSPITAL
RISHIKESH - 249203

MARSHAL TRAINING CERTIFICATE COURSE

21ST JANUARY 2023

DURATION : 10:00am – 4:00 pm

FACULTY LIST

SR NO	NAME OF FACULTY	DEPARTMENT	PHONE NO.	EMAILD	SIGN
1	Dr Amit Agarwal	Oral Surgery	8476000977	dramitomfs13@gmail.com	
2	Dr Aditi Singh	Pedodontics	8279819316	nacreousviews@gmail.com	
3	Dr Nidhi Mehrotra	Periodontics	8932827102	mehrotranidhi0099@gmail.com	
4	Dr Sheetal Grover	Conservative Dentistry	7983578684	drgroversheetal@gmail.com	
5	Dr Chetna Joshi	OMDR	7017252820	myselfchetnajoshi@gmail.com	
6	Dr Abhishek Singh	OMDR	9997728033	drabhishekkrsingh1@gmail.com	
7	Dr Pallavi Ghodpage	Periodontics	9836205713	pghodpage@gmail.com	
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SEEMA DENTAL COLLEGE AND HOSPITAL
RISHIKESH - 249203

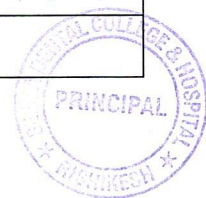
MARSHAL TRAINING CERTIFICATE COURSE

21ST JANUARY 2023

DURATION : 10:00am – 4:00 pm

UG STUDENTS LIST

SR NO	NAME OF STUDENT	BATCH YEAR	PHONE NO	EMAIL ID	SIGN
1	Aditi Prakash	Intern	7061667164	prakashaditi27@gmail.com	
2	Arshiya Madan	Intern	8630839970	madanarshiya@gmail.com
3	Nandini Chaturvedi	Intern	8942983408	nandinichaturvedi211@gmail.com	
4	Vartika Sinha	Intern	7037097160	vartikasinha2011@gmail.com	
5	Sneha Bhardwaj	Intern	9027219873	snehaa20.11.98@gmail.com	
6	Ritika Raj	Intern	6398330819	ritikarajmunger526@gmail.com	
7	Simran Jain	Intern	8979324760	jainsimran866@gmail.com	
8	Shweta Sagar	Intern	8503909452	shwetasaagar1998@gmail.com	
9	Yashasvi	Intern	9760787486	yashasvimittalmr@gmail.com	
10	Geetika jain	Intern	9761885885	geetikaj00@gmail.com	
11	Aditi Bisht	Intern	8384873389	aditibisht0109@gmail.com	
12	Shagun Vishnoi	Intern	7055544972	shagunvishnoi007@gmail.com	
13	Shivangi Bhandhari	Intern	6397435669	bhandarishivangi18@gmail.com	
14	Hritika Rawat	Intern	8279742539	rhritika12@gmail.com	
15	Aarushi Arora	Intern	9027223582	aaru.arora06@icloud.com	
16	Pavel Choudhury	BDS IV	7001408749	pavelchoudhury1999@gmail.com	
17	Harshita Sharma	BDS IV	7310946727	harshita301999@gmail.com	
18	Anukul Nehra	BDS IV	8814062062	anukulnehra098@gmail.com	
19	Nancy Saini	BDS IV	9719990458	nancysaini1588@gmail.com	
20	Anshika Sharma	BDS IV	7895501552	anshika1898@gmail.com,	
21	Saumya Aswal	BDS IV	8617075712	saumyaaswal2000@gmail.com	
22	Aditi Singh	BDS IV	7455949245	aditisinghdhaiya1905@gmail.com	
23	Arjav Rana	BDS I	9084893377	ranaarjav871@gmail.com	
24	Manit Raj	BDS I	7564039930	rmanit6@gmail.com	
25	Manan Nautiyal	BDS I	8512016261	manan07nautiyal@gmail.com	



SEEMA DENTAL COLLEGE AND HOSPITAL
RISHIKESH - 249203

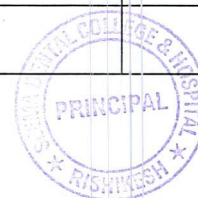
MARSHAL TRAINING CERTIFICATE COURSE

21ST JANUARY 2023

DURATION : 10:00am – 4:00 pm

ON THE SPOT REGISTRATION

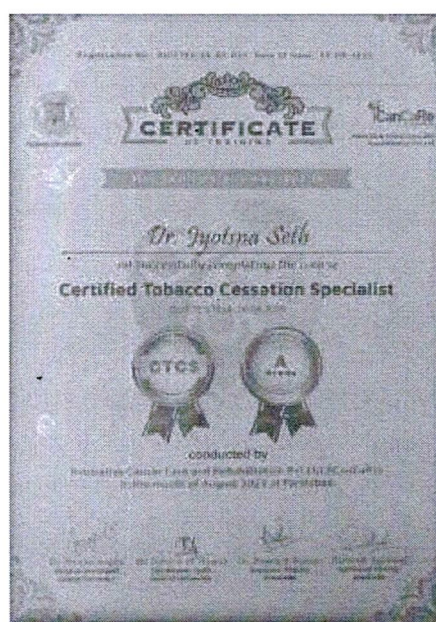
SR NO	NAME	ORGANIZATION	PHONE NO	EMAIL ID	SIGN
1	Mr Akshay Kumar Singh	NDS Public School	9760777113	Sportyakki.747@gmail.com	
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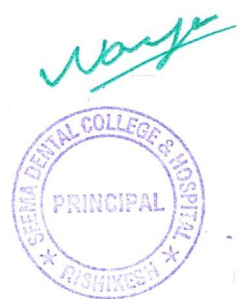


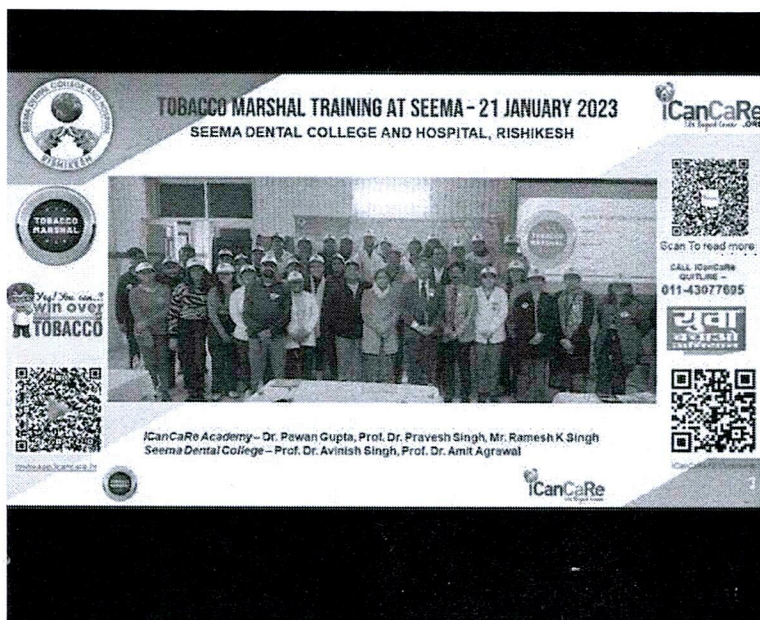


Participants

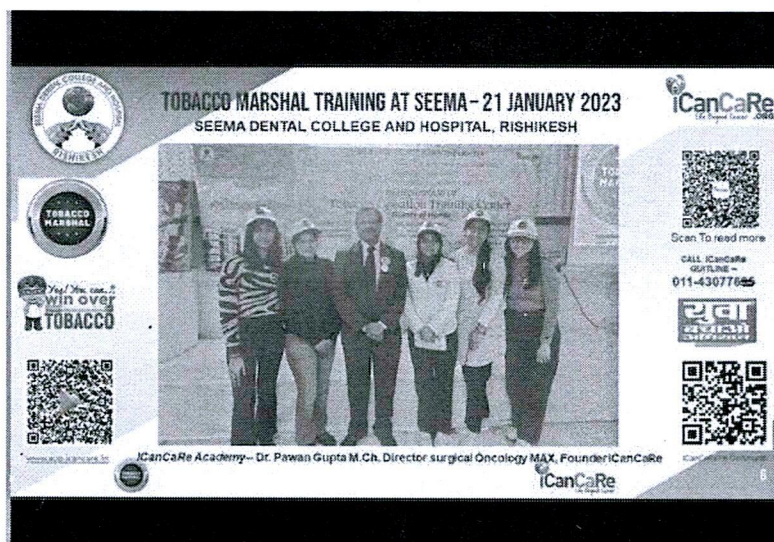


Certificate of Participant





PARTICIPANTS ATTENDED THE MARSHAL TRAINING PROGRAM



PARTICIPANTS WITH DR. PAWAN GUPTA





FELICITATION OF THE SPEAKERS



GROUP PHOTOGRAPH WITH THE SPEAKERS



PARTICIPANTS COMPLETED THE MARSHAL TRAINING.


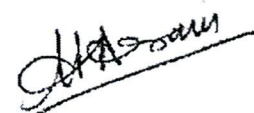


CERTIFICATES OF PARTICIPATION



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Orientation Course for Tobacco Cessation
Notice Ref. No.	SDCH/PO/
Notice Date	18-01-23
Activity Type	Academic Activity
Activity Venue	
Activity Date & Time	April and May 2023
Profile of the Speaker	
Purpose of Activity	to build an environment of change by empowering the health care professionals to save the youth against the menace of
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	
Enclosures	
Notice Copy	Not Available
Brochure/Pamplet	Not Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	
Documents Submitted by	
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Document Receiver's Signature			Convener's Signature				
Date			11/6/24				
Participation Count	Faculty	3	Student	=	7	Total	10

Objective: Seema Dental College & Hospital Rishikesh, organized a Orientation Course for Tobacco Cessation in the months of April and May 2023 in the guidance of Dr. Himanshu Aeran Director Principal. The participants will be trained in tobacco cessation and oral screening.

Expected Outcome: Purpose of the program was to have fair understanding of tobacco cessation protocol and practices.

Outcome Achieved: Participants were trained to sensitize the public about the tobacco, volunteer training for capacity building at the grassroot level. The expert gave knowledge about the pathology of addiction, communicating with a tobacco user, understanding the reasons behind starting the tobacco habit, preventing children from tobacco consumption, motivating to quit and much more.



Result of the course



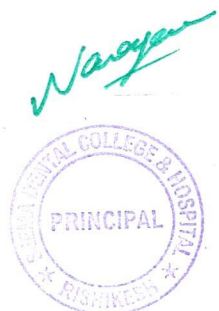
GU Certified OCTC April 2023 Batch Grade List

Name	Registration No.	Grade
Dr. Pavithra C	GU/OCTC/23-04-001	A+
Dr. Swati Awasthi	GU/OCTC/23-04-002	A+
Dr. Nihal Gupta	GU/OCTC/23-04-003	A+
Dr. Kumari Priyanka	GU/OCTC/23-04-004	A+
Dr. Aruna Nautiyal	GU/OCTC/23-04-005	A+
Dr. Rahul Pandey	GU/OCTC/23-04-006	A+
Dr. Falak Gupta	GU/OCTC/23-04-007	B
Dr. Anushta Kushwaha	GU/OCTC/23-04-008	A+
Dr. Aditi Singh Yogendrapal	GU/OCTC/23-04-009	B
Dr. Jyotsna Jassal	GU/OCTC/23-04-010	A
Dr. Niharika Benjamin	GU/OCTC/23-04-011	A+
Dr. Kajol Verma	GU/OCTC/23-04-012	A
Dr. Uma Garg	GU/OCTC/23-04-013	B+
Dr. Pragya Singh	GU/OCTC/23-04-014	B
Dr. Ramprasad V P	GU/OCTC/23-04-015	A
Dr. Pallavi Ghodpage	GU/OCTC/23-04-016	A+
Dr. Sushma Darnal	GU/OCTC/23-04-017	A
Dr. Sanjeev Tomar	GU/OCTC/23-04-018	B
Dr. Tamanna Soni	GU/OCTC/23-04-019	A
Dr. Saima Ali	GU/OCTC/23-04-020	C
Dr. Sunansh Malik	GU/OCTC/23-04-021	B



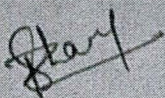
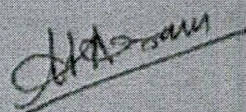
GU Certified OCTC May 2023 Batch Grade List

Name	Registration No.	Grade
Dr. Rohit Babu	GU/OCTC/23-05-001	A+
Dr. Manas Aeran	GU/OCTC/23-05-002	A+
Dr. Kedar Deole	GU/OCTC/23-05-003	A
Dr. Chanchal Sarkar	GU/OCTC/23-05-004	C
Dr. Keshu Abhishek	GU/OCTC/23-05-005	A+
Dr. Abhishek Sarkar	GU/OCTC/23-05-006	A+
Dr. Suyashvi Gupta	GU/OCTC/23-05-007	B+
Dr. Asifa Ali	GU/OCTC/23-05-008	A+
Dr. Ankit Awasthi	GU/OCTC/23-05-009	A
Dr. Puja Purohit	GU/OCTC/23-05-010	C
Dr. Subhadra Goala	GU/OCTC/23-05-011	C
Dr. Syeda Arshiya Ara	GU/OCTC/23-05-012	A
Dr. Vijayakanth	GU/OCTC/23-05-013	A
Dr. Radhika Tayshetty	GU/OCTC/23-05-014	A
Dr. Zainab Patanwala	GU/OCTC/23-05-015	B
Dr. Bharath T V S K	GU/OCTC/23-05-016	A
Dr. Parmieka	GU/OCTC/23-05-017	A+
Dr. Monika Malik	GU/OCTC/23-05-018	A+
Dr. Sakina Sadriwala	GU/OCTC/23-05-019	A
Dr. Anil Arya	GU/OCTC/23-05-020	A+
Dr. Aditya Jain	GU/OCTC/23-05-021	B+
Dr. Raghav Gupta	GU/OCTC/23-05-022	A
Dr. Shivani Joshi Khantwal	GU/OCTC/23-05-023	A+
Dr. Sabita Shome	GU/OCTC/23-05-024	A



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	HOSPALCON 2023
Notice Ref. No.	SDCH/PO/2714/2023/5931
Notice Date	11.10.2023
Activity Type	Conference
Activity Venue	MAA Anandmayee Memorial School, Raiwala
Activity Date & Time	14.10.2023 (08:30 am- 04:00 pm)
Profile of the Speaker	
Purpose of Activity	To create awareness about palliative care among students and dental professionals
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	Dr. S. Karpagavalli
Enclosures	
Notice Copy	Available
Brochure/Pamphlet	Available
Certificates	Available
Photographs	Available
Video	Not Available
Documents Submitted to	Ms. Pinky Sharma
Documents Submitted by	Dr. Anushree Rath
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Document Receiver's Signature

Convener's Signature

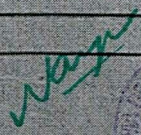

Date 17/10/24

Participation Count	Faculty	16	Student	18	Total	34
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Objective: To create awareness about palliative care and its role among dental professionals

Expected Outcome: Participation in HOSPALCON-2023 was done the occasion of "World Hospice & Palliative Care Day", 14th Oct 2023 to learn the importance of dentist as healthcare workers in palliative care.

Outcome Achieved: Delegates indulged in interactive and brainstorming sessions after the completion of lecture with the speakers. Panel discussions were structured so well that it covered most of the queries of the attendees. All the 4 aspects of Palliative care along with the caregivers were discussed. Poster presentation competition was also held depicting the role of palliative care.

Activity Report



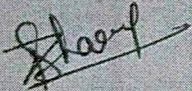
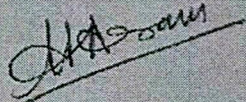
Online orientation course attendees



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	1st Master training in tobacco cessation
Notice Ref. No.	SDCH/PO/
Notice Date	
Activity Type	Academic Activity
Activity Venue	Hotel Raj Hans, Surajkund, Faridabad
Activity Date & Time	13/08/2023- 15/08/2023
Profile of the Speaker	
Purpose of Activity	specialists will be further trained for successful intervention in tobacco cessation with their patients.
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	
Enclosures	
Notice Copy	Not Available
Brochure/Pamphlet	Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	
Documents Submitted by	

	
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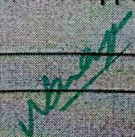
Date **21/8/23**

Participation Count	Faculty	Student	Total
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Objective: ICanCaRe organised 1st Master training in tobacco cessation which was attended by the faculties of Seema Dental College & Hospital, Rishikesh; on 13th-15th August 2023 at Hotel Raj Hans, Surajkund, Faridabad. During the master's training tobacco cessation specialists will be further trained for successful intervention in tobacco cessation with their patients.

Expected Outcome: Purpose of the program was to train the specialists, ambassadors, and marshals across India.

Outcome Achieved: The experts highlighted that faculty development is essential for sustainable tobacco cessation training programmes and a potentially powerful strategy to shift professional powerful strategy to shift professional and societal norms towards cessation and support of comprehensive tobacco control.





Faculty Training – Capacity Building

1st Masters Training in Tobacco Cessation



AUGUST

13th SUNDAY

14th MONDAY

15th INDEPENDENCE DAY

**3 Days of Residential Training Program
with Immersive Learning, Fun &
Comradeship**



Venue:

**Hotel Raj Hans, Surajkund,
Faridabad**

**LIMITED SEATS ONLY – Final selection by committee
Enroll**

<https://mttc.register.icancare.in>



Scan to ENROLL



ICanCaRe FB Community
support@icancare.in

Website
www.icancare.in

For Details Contact Shruti :

6309437912

ICanCaRe Community
www.facebook.com/groups/icancare



1st MASTERS TRAINING IN TOBACCO CESSATION

"FACULTY TRAINING - CAPACITY BUILDING"

ICanCaRe promote tobacco Cessation amongst all medical speciality. As a part of Capacity Building for Tobacco Cessation. ICanCaRe intends to create 10000 tobacco Cessation specialist and sensitize as many medical fraternities across India. Tobacco patients are across all medical branches and advising to quit tobacco is a moral responsibility of all Doctors. Tobacco Cessation Specialists are trained for successful intervention for tobacco cessation with their clients. The MASTERS TRAINING IN TOBACCO CESSATION is intended to create faculty to train specialists, ambassadors and Marshals across India as per the ICanCaRe ACADEMY norm as laid down by Gujarat University.

The program by I CAN WIN FOUNDATION is supported by limited grant by Bajaj Electricals Foundation.

The participants for the MASTERS TRAINING would be those who have experience of tobacco Cessation or distinguished Health professionals.

The program is going to be engaging and lively with lot of interaction and fun plays.

Dr. Pawan Gupta M.Ch.

Founder ICanCaRe

9811290152

Dr. Reena R Kumar

Academic Director ICanCaRe

9811091415

Dr. Rakesh Rawal

Co-Ordinator - Gujarat University

99252-44855

Mrs. Shruti Agrawal

CSO – ICanCaRe

6309437912

Mr. Rishabh Agrawal

CTO – ICanCaRe

9971011169

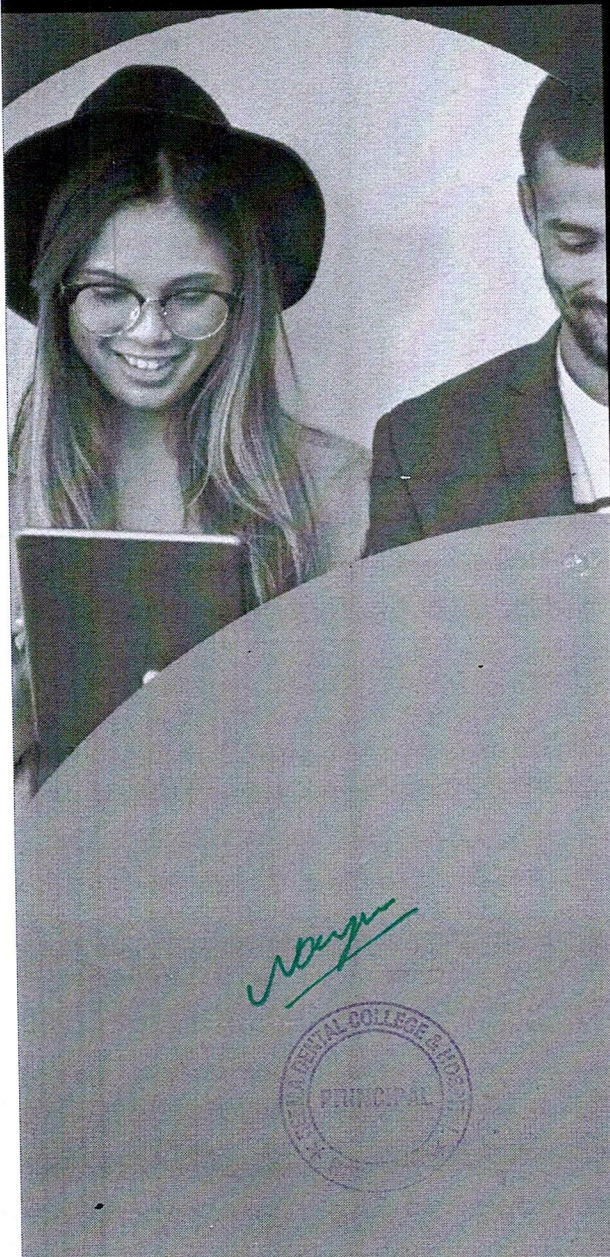
Rishabh



Who can apply

(choose any three)

- Certified Tobacco Cessation Specialists.
- Orientation Course in Tobacco Cessation experts with experience of successful cessation on ICanCaRe APP.
- Trained in Tobacco Cessation by any other Institute with experience of successful patients.
- Faculty of any Institute running successful Tobacco Cessation centre or training on cessation.
- Faculty of Centre of Excellence for Tobacco Cessation.
- Private practitioner with Academic Interest who have Tobacco Cessation Experience
- Candidates recommended under National Tobacco Control Program by any State Tobacco Control Cell across India.
- Candidates recommended by Bajaj Electricals Foundation.

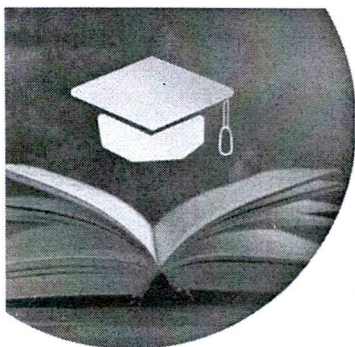


The selected candidates will have to give their consent that they would be part of ICanCaRe academy and would follow the ICanCaRe protocol of teaching which is updated on timely basis. They are expected to provide inputs to improve the ICanCaRe courses. Will not get associated with any other organisation imparting tobacco cessation course.

Selection will be sole discretion of the committee constituted for the purpose and no questions asked.

Weightage will be given to candidates who can adopt SAVE the youth campaign in principle -

1. Would be able to establish Centre of Excellence for Tobacco Cessation Training in their Institute.
2. Will be able enrol at least 3 candidates per year for Certified Tobacco Cessation Specialist course.
3. Has capacity to set up ICanCaRe Digitalised centre in their Institute or Clinic.
4. Will be able to train the next generation of Health care Professionals to adopt tobacco Cessation in practice.
5. Conduct sensitization program in their area.



1st MASTERS TRAINING IN TOBACCO CESSATION

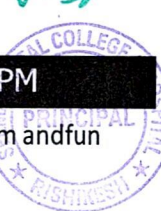
Course Fee	Certified Tobacco Cessation Specialists Gujarat University	Scholarship
Rs. 27000/-	Free	Available (for recommended candidates) mail to – shruti@icancare.in

Accommodation - Inhouse	Venue – Hotel Raj Hans, Suraj Kund, Faridabad Check In - 12:00 noon Check out – 11:00 am	
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	Book before 25.7.2023	Book Before 5.8.2023
Twin Sharing Basis all Inclusive (Includes 1 bed, 1M, 1C, 1E)	Rs. 4000/-	Rs. 4400/-
Twin Sharing Basis all Inclusive 2 nights (Includes 1 bed, 2M, 2C, 2E)	Rs. 8000/-	Rs. 8800/-
Twin sharing basis all Inclusive 3 nights (Includes 1 bed, 3M, 3C, 2E)	Rs. 12000/-	Rs. 13200/-
Single all Inclusive One Bed in double bed room Includes 1 bed, 1M, 1C, 1E)	Rs. 6000/-	Rs. 6600/-
Single all Inclusive One Bed in double bed room 2 nights (Includes 1 bed, 2M, 2C, 2E)	Rs. 12000/-	Rs. 13200/-
Single all Inclusive One Bed in double bed room 3 nights (Includes 1 bed, 3M, 3C, 3E)	Rs. 18000/-	Rs. 19800/-
Food Coupons Extra	Rs. 1200/- Each	Rs. 1200/- Each

6:00 AM – 9:00 AM	9:00 AM – 5:30 PM	8:00 PM – 10:30 PM
M - Morning refresher with Breakfast	C- Course with Lunch and tea	E- Evening Symposium and fun Program with Dinner

Signature



TENTATIVE PROGRAM	DAY 1	DAY 2	DAY 3
6:00 – 7: 30 AM	Destress/ Rejuvenate	Destress/ Rejuvenate	Destress/ Rejuvenate
8:00 – 9:00 AM	Breakfast	Breakfast	Breakfast
9:00 – 9:30 AM	Introduction	Warming up	Warming up
9:30 – 11:00 AM	Session 1	Session 4	Session 7
11:00 -11:30 AM	Relax and Tea	Relax and Tea	Relax and Tea
11:30 AM – 1:15 PM	Session 2	Session 5	Session 8
1:15 PM – 2:00 PM	Guest Lecture	Guest Lecture	Guest Lecture
2:00 PM – 3:00 PM	Lunch	Lunch	Lunch
3:00 PM – 4:30 PM	Session 3	Session 6	Assessment
4:30 PM – 4:45 PM	Quiz	Quiz	
4:45 PM – 5:00 PM	De stress	De stress	De stress
4:45 PM – 5:15 PM	Tea	Tea	Tea
5:15 PM – 6:30 PM	Role play, Movie, Skit Panel Discussion	Role play, Movie, Skit Panel Discussion	Felicitation/Prizes
6:30 PM – 8:00 PM	Free Time	Free Time	Disperse
8:00 PM – 9:00 PM	Dinner Symposium – Project discussion Special Guest	Dinner Symposium - Project Presentation Special Guest	
9:00 PM – 10:30 PM	Entertainment & Dinner	Entertainment & Dinner	

PAYMENT

Bank: State Bank of India, Green Field Faridabad

Name: Innovative Cancer Care and Rehabilitation Pvt. Ltd. Current
account Number: 36703281918

IFSC Code- SBIN0016537 GST
no.: 06AADC19673B1ZKPAN
no.: AADC19673B

Payment Link: www.pay.icancare.in

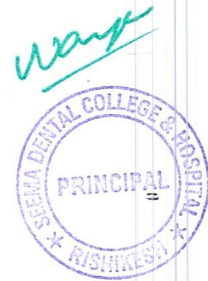
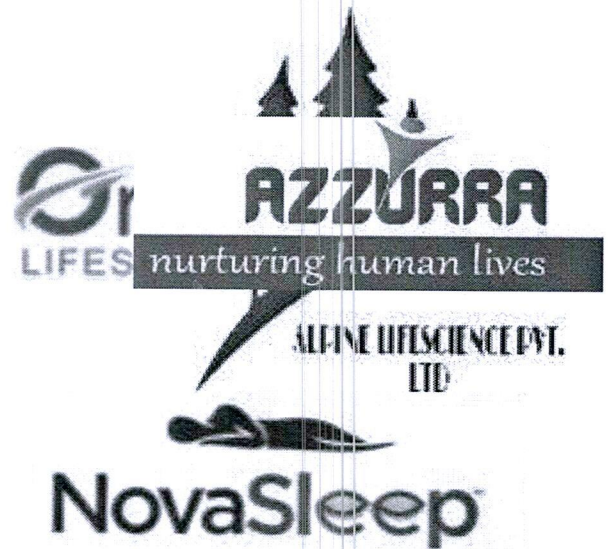
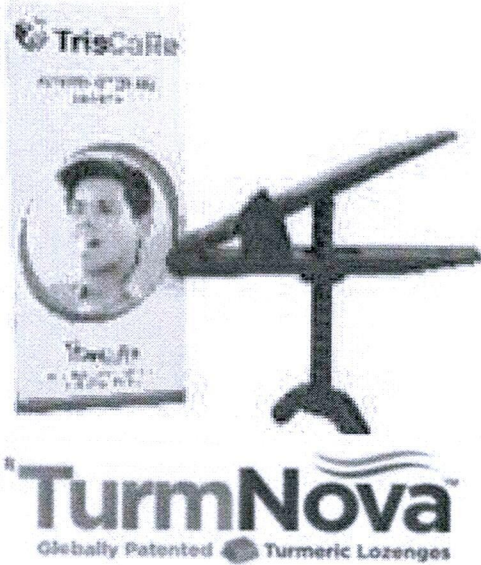
All payment options like Credit Cards, Debit Cards, UPI, Wallets,
Pay Later Cards, and EMI cards are available.



PAN no. : AADC19673B

Scan to Pay - ICanCaRe

ASSOCIATED PARTNERS

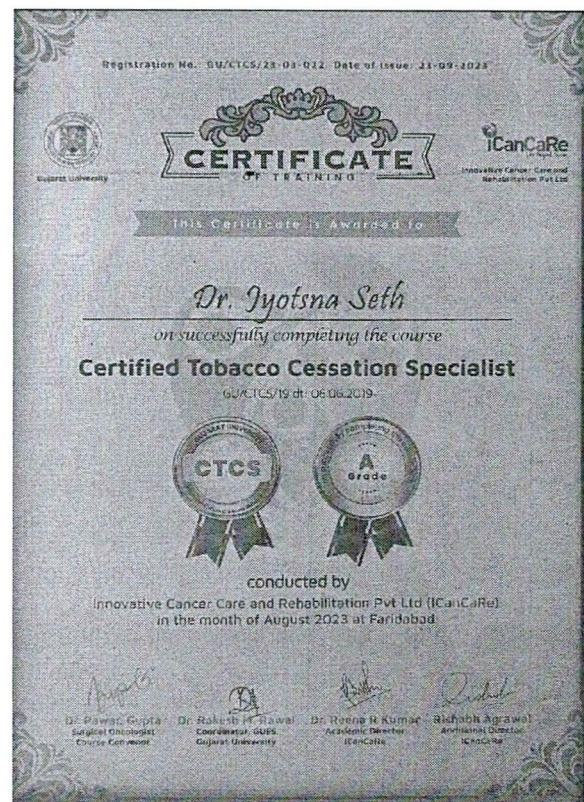
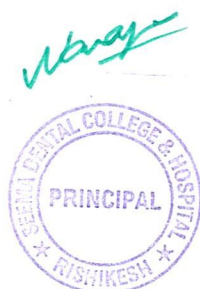


Activity Report

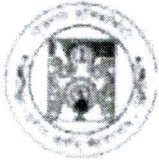
Objectives: ICanCaRe organised 1st Master training in tobacco cessation which was attended by the faculties of Seema Dental College & Hospital, Rishikesh; on 13th-15th August 2023 at Hotel Raj Hans, Surajkund, Faridabad. During the master's training tobacco cessation specialists will be further trained for successful intervention in tobacco cessation with their patients.

Expected Outcomes: Purpose of the program was to train the specialists, ambassadors, and marshals across India.

Outcomes Achieved: The experts highlighted that faculty development is essential for sustainable tobacco cessation training programmes and a potentially powerful strategy to shift professional and societal norms towards cessation and support of comprehensive tobacco control.



Registration No.: GU/CTCS/23-03-022 Date of Issue: 23-09-2023



Gujarat University



iCanCaRe
Life Beyond Cancer

Innovative Cancer Care and
Rehabilitation Pvt Ltd

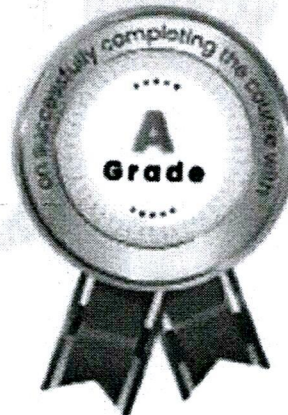
This Certificate is Awarded to

Dr. Jyotsna Seth

on successfully completing the course

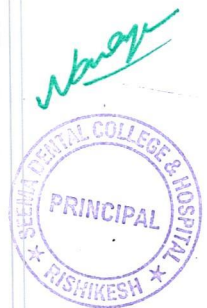
Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

Innovative Cancer Care and Rehabilitation Pvt Ltd (iCanCaRe)
in the month of August 2023 at Faridabad



[Signature]
Dr. Pawan Gupta
Surgical Oncologist
Course Convenor

[Signature]
Dr. Rakesh M. Rawal
Coordinator, GUFS
Gujarat University

[Signature]
Dr. Reena R Kumar
Academic Director
iCanCaRe

[Signature]
Rishabh Agrawal
Additional Director
iCanCaRe

Registration No.: GU/CTCS/23-03-024 Date of Issue: 23-09-2023



Gujarat University



Innovative Cancer Care and
Rehabilitation Pvt Ltd

3

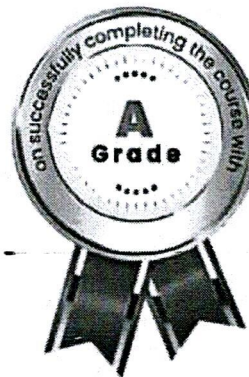
This Certificate is Awarded to

Dr. Avnish Singh

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

Innovative Cancer Care and Rehabilitation Pvt Ltd (iCanCaRe)
in the month of August 2023 at Faridabad

Dr. Pawan Gupta
Surgical Oncologist
Course Convenor

Dr. Rakesh M. Rawal
Coordinator, GUFS
Gujarat University

Dr. Reena R Kumar
Academic Director
iCanCaRe

Rishabh Agrawal
Additional Director
iCanCaRe

Registration No.: GU/CTCS/23-03-023 Date of Issue: 23-09-2023



CERTIFICATE OF TRAINING

iCanCaRe
Innovative Cancer Care and
Rehabilitation Pvt Ltd

This Certificate is Awarded to

Dr. Geeta Arya

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

**Innovative Cancer Care and Rehabilitation Pvt Ltd (iCanCaRe)
in the month of August 2023 at Faridabad**



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[Signature]
Dr. Pawan Gupta
Surgical Oncologist
Course Co-ordinator

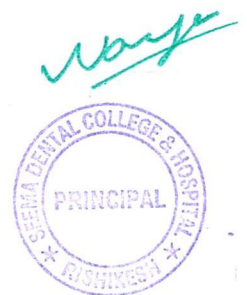
[Signature]
Dr. Rakesh M. Rawal
Coordinator, GUPS

[Signature]
Dr. Reena R Kumar
Academic Director

[Signature]
Rishabh Agrewal
Additional Director



Participants



Certificate of Participant

Activity Report

Objectives: ICanCaRe organised 1st Master training in tobacco cessation which was attended by the faculties of Seema Dental College & Hospital, Rishikesh; on 13th-15th August 2023 at Hotel Raj Hans, Surajkund, Faridabad. During the master's training tobacco cessation specialists will be further trained for successful intervention in tobacco cessation with their patients.

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MASTERS TRAINING IN TOBACCO CESSATION

CERTIFICATE OF ATTENDANCE

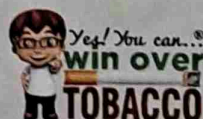
AWARDED TO

Dr. Karpagavalli Shanmugasundaram

for attending the

"1st MASTERS TRAINING IN TOBACCO CESSATION" conducted by
iCanCaRe Academy at Hotel Rajhans, Surajkund, Faridabad.

DATE - 13th, 14th, & 15th August, 2023



Dr. Pawan Gupta
Director HN - MAX Healthcare
Founder - iCanCaRe
Course Convenor and Master Trainer

Prof. Dr. Rakesh Rawal
Professor, Life Sciences
Gujarat University
Course Coordinator

Dr. Reena R Kumar
Academic Director
iCanCaRe
Course Director





Gujarat University



Innovative Cancer Care and
Rehabilitation Pvt Ltd

This Certificate is Awarded to

Dr. Iyotsna Seth

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

**Innovative Cancer Care and Rehabilitation Pvt Ltd (ICanCaRe)
in the month of August 2023 at Faridabad**

Dr. Pawan Gupta
Surgical Oncologist
Course Convenor

Dr. Rakesh M. Rawal
Coordinator, GUPS
Gujarat University

Dr. Reena R Kumar
Academic Director
ICanCaRe

Rishabh Agrawal
Additional Director
ICanCaRe

Registration No.: GU/CTCS/23-03-021 Date of Issue: 23-09-2023



Gujarat University



Innovative Cancer Care and
Rehabilitation Pvt Ltd

This Certificate is Awarded to

Dr. Karpagavalli Shanmugasundaram

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

Innovative Cancer Care and Rehabilitation Pvt Ltd (ICanCaRe)
in the month of August 2023 at Faridabad

Dr. Pawan Gupta
Surgical Oncologist
Course Convenor

Dr. Rakesh M. Rawal
Coordinator, GUPS
Gujarat University

Dr. Reena R Kumar
Academic Director
ICanCaRe

Rishabh Agrawal
Additional Director
ICanCaRe

Registration No.: GU/CTCS/23-03-024 Date of Issue: 23-09-2023



Gujarat University



Innovative Cancer Care and
Rehabilitation Pvt Ltd

3

This Certificate is Awarded to

Dr. Avnish Singh

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

Innovative Cancer Care and Rehabilitation Pvt Ltd (iCanCaRe)
in the month of August 2023 at Faridabad

Dr. Pawan Gupta
Surgical Oncologist
Course Convenor

Dr. Rakesh M. Rawal
Coordinator, GUFS
Gujarat University

Dr. Reena R Kumar
Academic Director
iCanCaRe

Rishabh Agrawal
Additional Director
iCanCaRe



Gujarat University



Innovative Cancer Care and
Rehabilitation Pvt Ltd

This Certificate is Awarded to

Dr. Geeta Arya

on successfully completing the course

Certified Tobacco Cessation Specialist

GU/CTCS/19 dt: 06.06.2019



conducted by

Innovative Cancer Care and Rehabilitation Pvt Ltd (ICanCaRe)
in the month of August 2023 at Faridabad

Dr. Pawan Gupta
Surgical Oncologist
Course Convener

Dr. Rakesh M. Rawal
Coordinator, GUFS
Gujarat Mahavidyalaya

Dr. Reena R Kumar
Academic Director
ICanCaRe

Rishabh Agrawal
Additional Director
ICanCaRe

SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Lecture on Smoking and its manifestation in females.
Notice Ref. No.	SDCH/PO/29522024/6419
Notice Date	09-03-2024
Activity Type	Academic Activity
Activity Venue	integrated seminar room, first floor
Activity Date & Time	12/03/2023 3:00-4:00pm
Purpose of Activity	to create awareness about the smoking and its manifestation in females.
Activity Convener	Dr. Jyotsna Seth
Documentation Incharge	Dr. Jyotsna Seth
Enclosures	
Notice Copy	Available
Brochure/Pamphlet	Not Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	Ms. Pinky Sharma
Documents Submitted by	Dr. Jyotsna Seth

Document Receiver's Signature

Convener's Signature

Date **15/3/24**

Participation Count	Faculty	1	Student	46	Total	47
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Objective: Seema Dental College & Hospital Rishikesh in association with ICanCaRe, Indian Society Of Periodontology and Uttarakhand Tobacco Free Coalition (UTFC) celebrated Women's Day on 12th March 2024, to create awareness about the smoking and its manifestation in females.

Expected Outcome: Purpose of the program was to have fair understanding of tobacco cessation practices.

Outcome Achieved: Participants were made aware about tobacco, knowledge about the pathology of addiction, understanding the reasons behind starting the tobacco habit, preventing women and family members from tobacco consumption, motivating to quit and much more.

Abhishek


Tain

SEEMA DENTAL COLLEGE & HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/2952/2024/6419

Date: 09.03.2024

Notice

This is to inform that on the occasion of **Women's Day**, a lecture on **Smoking & Its Manifestation in Females** will be delivered by Dr. Jyotsna Seth, Professor, Dept. of Prosthodontics, in collaboration with ICanCaRe, as per the details given below.

ICanCaRe is recognized as Start-up by DPIIT, Govt. of India, incubated at Gujarat University Start-up and Entrepreneurship Council (GUSEC) and is lifetime member of Millennial India International Chamber of Commerce Industry and Agriculture (MMCCIA). Their team works exclusively in preventive healthcare and has pioneered solution for Tobacco Cessation, to provide support and treatment for the complex disease of Tobacco! Through mission "Save the Youth" they have created awareness about cancer and tobacco across India amongst a million people.

Topic : "Smoking & Its Manifestation in Females"

Date : 12.03.2024, Tuesday

Time : 3:00 PM-4:00 PM

Venue: Integrated Seminar Room, First Floor

This lecture is open for female Interns and PG First year students. The female II & III Year PGs can attend the lecture with minimum 50% attendance to be made available in respective PG Departments.

Interested female faculties and staff members may also attend the lecture.

Narayan Prasad
Dr. Narayana Prasad
Principal



Cc to: -

Broadcast-YES
File Header:- #40

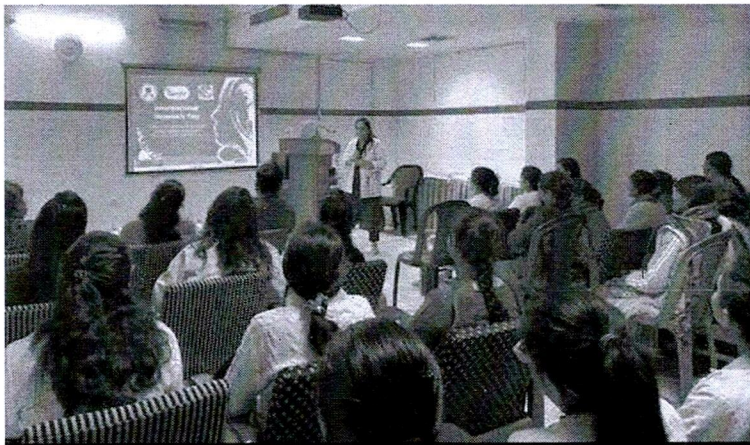
HOD-Prosthodontics *[Signature]*
HOD. Oral Medicine & Radiology *[Signature]*
HOD. Periodontics *[Signature]*
HOD. Conservative & Endodontics *[Signature]*
HOD. Pedodontics *[Signature]*
HOD. Orthodontics *[Signature]*
HOD. Oral & Maxillofacial Surgery *[Signature]*
HOD Oral Pathology *[Signature]*
HOD Public Health Dentistry *[Signature]*
HOD. General Surgery *[Signature]*
HOD. General Medicine *[Signature]*
HOD. Pathology & Microbiology *[Signature]*
HOD. Pharmacology *[Signature]*
HOD. Physiology & Biochemistry *[Signature]*
HOD Anatomy *[Signature]*

For Information
Chairman *[Signature]*
Executive Director
Director *[Signature]*
Vice Principal

Public Relation Officer
Administrative Office
Info. Tech *[Signature]*
Accounts *[Signature]*
Central Store *[Signature]*
Library *[Signature]*
Reception
Electricity Dept. - *[Signature]*
Maintenance Dept. *[Signature]*
Sports Officer *[Signature]*
Gym Instructor
Chief Warden & all Wardens
Horticulture Dept *[Signature]*
Security - *[Signature]*
Transport Dept.
Housekeeping Dept.



Activity Report on Smoking effect on females by Dr. Jyotsna Seth



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Oral Oncology Connect- Education Series
Notice Ref. No.	SDCH/PO/
Notice Date	
Activity Type	Academic Activity
Activity Venue	Online
Activity Date & Time	3/04/2022 to 24/04/2022
Profile of the Speaker	
Purpose of Activity	To empower the healthcare worker about the tobacco cessation.
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	
Enclosures	
Notice Copy	Not Available
Brochure/Pamplet	Not Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	
Documents Submitted by	

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Document Receiver's Signature

[Signature]

Convener's Signature

Date **28/4/22**

Participation Count	Faculty	Student	Total
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Objective: Oral Oncology Connect- Education Series organized by ICanCaRe, FHNO, Sterling cancer hospital & Gujrat University held online from 3rd to 24th April 2022 to equip the participants to work at the grass root level.

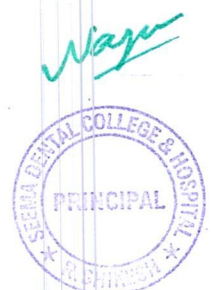
Expected Outcome: Purpose of the conference was to have fair understanding of tobacco cessation protocol and practices.

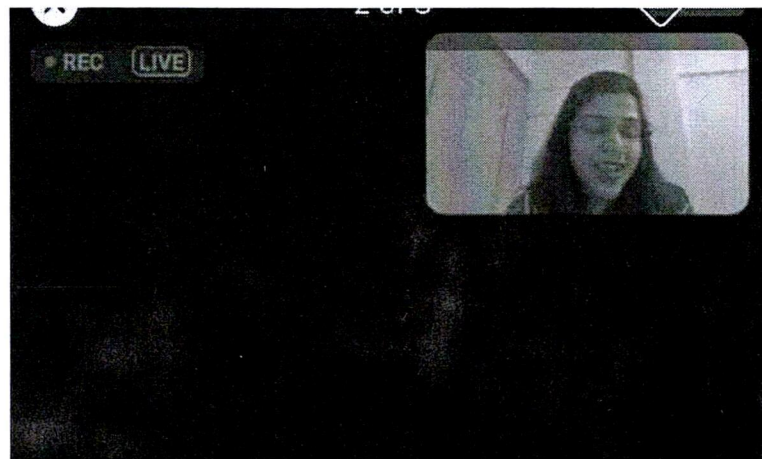
Outcome Achieved: Participants were shared lot of clinical tips as how as being the dentist we are the first one to see oral cancer and also emphasized the role of dentist as an important team member for the rehabilitation of oral cancer patients.





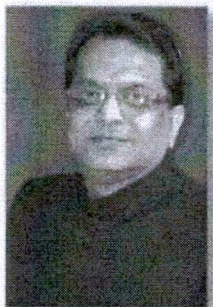
**DR. HIMANSHU AERAN, DIRECTOR PRINCIPAL
ADDRESSING THE PARTICIPANTS DURING ONLINE
CONFERENCE**





CHAIRPERSON: DR. HIMANSHU AERAN

Director Principal and Professor & Head Prosthodontics at Seema Dental College & Hospital, Rishikesh







- 30+ years of extensive academic experience
- Fellow of International College of Dentists, Pierre Fauchard Academy U.S.A & International College of Continuing Dental Education, Asia Pacific
- Pursued various courses in the field of Prosthodontics like "Creative Esthetics- Designing Great Smiles," U.S.A, "Anchors & Precision Attachment", "CAD-CAM hands-on training", "Occlusal Refinement" & "Integrated Implantology", from Germany
- 200+ publications in various International/ National & State Journals to his credit
- Currently member of Advisory/Reviewers Board of 14 Journals
- Delivered 95 keynote/guest lectures and conducted 41 workshops and pre-conference courses in International/National conferences
- Inclined towards social service and conducted thousands of dental check up and oral relief camps with the motto "Service above Self"
- Visited France, Germany, USA, Canada, Brazil, China, Dubai, Thailand & Nepal as an ambassador of Indian Heritage by Rotary International and to attend various courses
- Appreciation Award for project Arogya: Free Dental Check up and treatment camps, 2018 by Vice President of India during 11th International Dental Students & 5th Dental Surgeons Conference, New Delhi
- Research Peace Award 2019 for International Best Researcher in Prosthodontics & Oral Implantology
- Eminent Prosthodontist Excellence Award 2019 by Hon'ble Health Minister, Republic of Maldives during 5th International Craniofacial Dental & Medical Summit

iCanCaRe

WELCOMING DR. HIMANSHU AERAN AS A CHAIRPERSON.



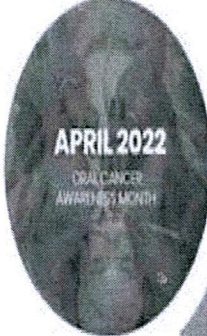





QUIZ Everyday

20 PRIZES TO BE WON

ORAL ONCOLOGY CONNECT - EDUCATION SERIES

ICanCaRe 2nd International Oral Cancer e-Conclave



APRIL 2022
ORAL CANCER
AWARENESS MONTH

CAPACITY BUILDING for ORAL CANCERS

A SERIES OF 4 ONLINE PROGRAM

EVERY SUNDAY 2:30 - 4:30 PM

CanCaRe Community
www.facebook.com/groups/icancares
www.icancares.in

Awards:

- 1 Certificate from the Organizing Committee
- 2 Scholarship for the Certified Tobacco Cessation Specialist Course (sponsored by Gujarat University)
- a. First - 50% Scholarship
- b. Second - 40% Scholarship
- c. Third - 30% Scholarship
- d. 4th - 20th - 20% Scholarship
- 3 Special Gift hamper for the top 3

Eligibility -

- The content is open for all registered delegates for the e-Conclave.
- To win have to participate for all the three Quiz

APRIL 2022 - ORAL CANCER AWARENESS MONTH

SAT	DATE	TIME - 2:30 - 4:30 PM	QUIZ TIME - 4:30 PM	Theme
01	04.04.2022	Inauguration Approach To Oral Lesions: Established Gold of the Day		
02	05.04.2022	Symptomatic Care - Intra Vs Multi-Disciplinary Care for oral cancers Gold of the Day		
03	06.04.2022	Reconstructive approaches for Oral Cancers Gold of the Day		
04	07.04.2022	Capacity Building - "Enhancing the King" - Inauguration & Quiz Awards		

REGISTER NOW

<https://register.icancares.in>


ICanCaRe 2nd International Oral Cancer e-Conclave

ICanCaRe


BROCHURE OF ONLINE CONFERENCE




REC
LIVE




CONGRATULATIONS



WINNER



WINNER



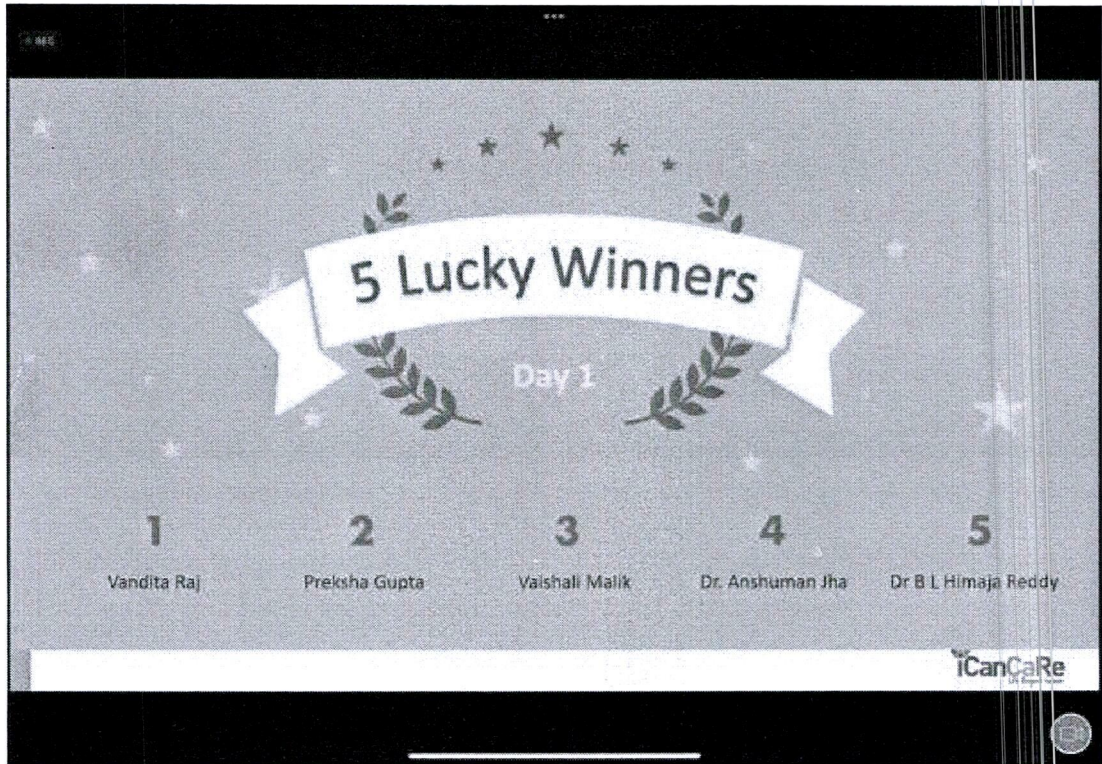
WINNER

Position	Winner Name	Position	Winner Name	Position	Winner Name
4 th	Keerthi K Nair	10 th	Dr. Karpagavalli Shanmugasundaram	16 th	Dr Dimla Denny C
5 th	Kush Shah	11 th	Dr.Varsha B.K	17 th	Divya Kukreja
6 th	Shahid Rasool	12 th	Dr Anu Ramachandran	18 th	Jyotika Preeti
7 th	Dr. Ranjeeta Mehta	13 th	Dr.Vaishali Malik	19 th	Dr.Aruna.D.S
8 th	Kanato T	14 th	Dr Sanchit Bajpai	20 th	Dr Saraswati Welling
9 th	Arpan Choudhury	15 th	Sarvesh Azgaonkar		

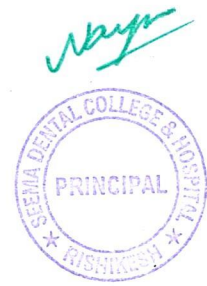
iCanCaRe

LIST OF WINNERS DURING THE CONFERENCE.





LIST OF WINNERS DURING THE CONFERENCE.



SEEMA DENTAL COLLEGE & HOSPITAL

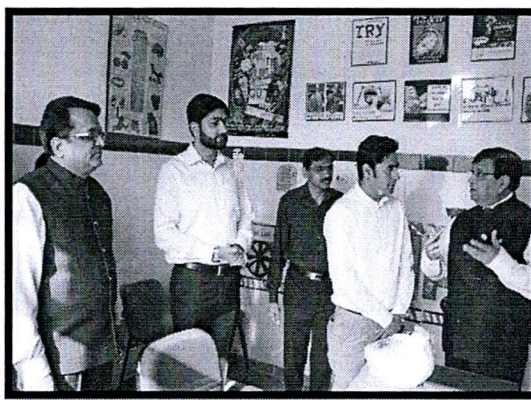
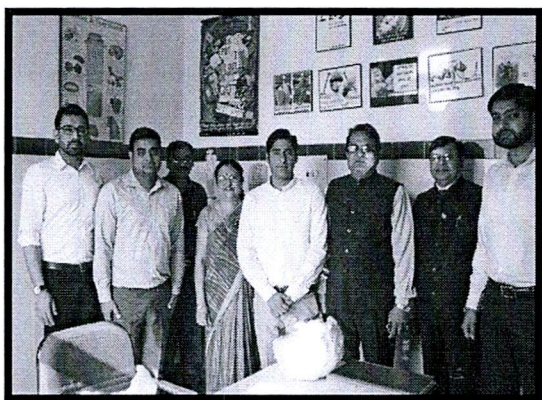
VEERBHADRA ROAD, RISHIKESH-249203

Operational Guidelines for Tobacco Cessation Centre (TCC)

Tobacco Cessation Centre (TCC)

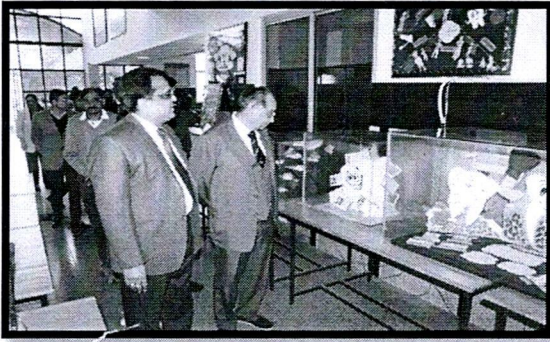
On "**No Smoking Day**" 9th March 2016 Seema Dental College & Hospital started a Tobacco Cessation Clinic. The clinic was inaugurated by Dr. Vinay K Hazare, Dean Govt. Dental College Nagpur, Dr. Amit Gupta, Chairman SDCH, Dr. Himanshu Aeran, Director-Principal, SDCH & Dr. Sumit Dubey National Advisor, Oral Cancer Campaign, ROKO Cancer Organization India.

Dr. Hazare appreciated the efforts of the institution in Tobacco Cessation & Cancer Prevention Programs. He told the institute is highly sensitized for this great cause under the leadership of Dr. Himanshu Aeran. He also appreciated the efforts made by young community dentists Dr. Rajeshwar Digra & Dr. Diwesh Tiwari under the guidance of Dr. Suresh DK, Professor & Head of Department of Periodontics & Public Health Dentistry. The Tobacco Cessation Clinic in SDCH is also approved by IDA.

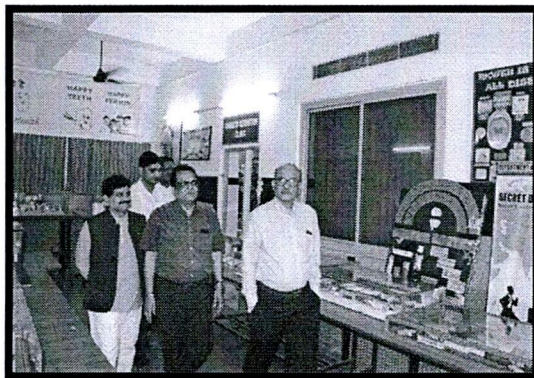
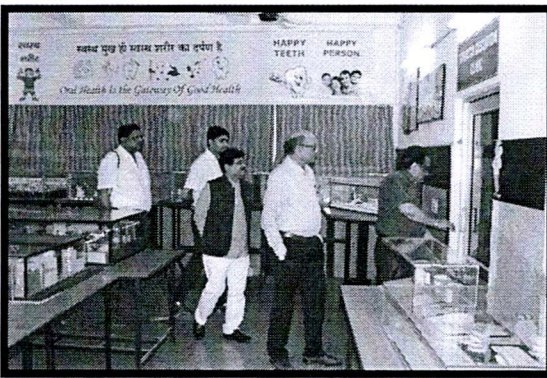


Tobacco Cessation Centre was also visited by Padmashri Dr. R.K. Bali, Member & Past President, Dental Council of India & President Emeritus, Indian Association of Public Health Dentistry on 27/12/2017.





Tobacco Cessation Centre was also visited by honourable Dr. Dibyendu Mazumder, President, Dental Council of India & Dr. Anil Chandana, member, Dental Council of India on 11/06/2019.



Dr. R.K. Bali & Dr. Dibyendu Majumdar both appreciated the efforts made by Dr. Himanshu Aeran Director- Principal and Team SDCH.

The Tobacco Cessation Center in Seema Dental College & Hospital, Rishikesh is functioning with full swing.



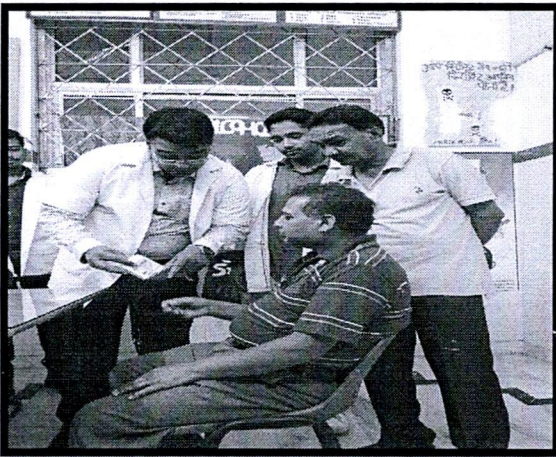
N. Singh




An effective TCC aims to provide **I) Patient care services** and **II) Community awareness**.

I). Patient care services:

All Pharmacological treatment protocol is followed according to internationally accepted standard guidelines. Nicotine gum and nicotine lozenges and pharmacological drugs are prescribed and given by the councilors in our Tobacco Cessation Centre. Cold Turkey method is also followed in some patients for cessation of tobacco usage.



The patients are counseled by Health professionals in Tobacco Cessation Centre by means of audio-visual and printed media. The patients are shown motivational videos and adversely affected tobacco related pictures of patients with lesions.

Nargane





The health professional follows behavioral counseling of those patients who are -

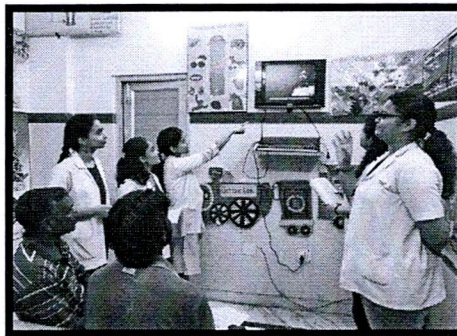
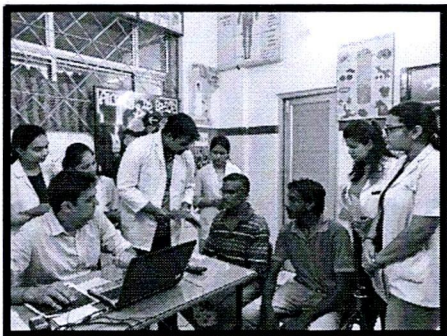
Willing to quit by the 5 "A" Methods	Unwilling to quit by the 5 "R" Methods
<ol style="list-style-type: none"> 1. Ask about tobacco use at every visit. 2. Advise non-users to never use tobacco. Advise users to quit. 3. Assess the patient's readiness to quit. 4. Assist with quitting. 5. Arrange for follow ups 	<p>Ask/Advise the patient about:</p> <ol style="list-style-type: none"> 1. Relevance of quitting 2. Risks of continuing tobacco use 3. Rewards of quitting 4. Roadblocks to quitting 5. Repeat these at each visit

The health counselor gather information in both manual registers and in soft copy regarding the patient's phone numbers, his email IDs for session reminders and also provide website links for his self information and motivation. TCC Website Links are www.nhp.gov.in , www.smokefree.gov.in , www.lung.org and Helpline numbers are The mCessation Programme – Quit Tobacco for Life 011-22901701, National Quit line number 1800-11-2356 and National Tobacco Cessation Quit line 1800227787.

II) Community awareness:

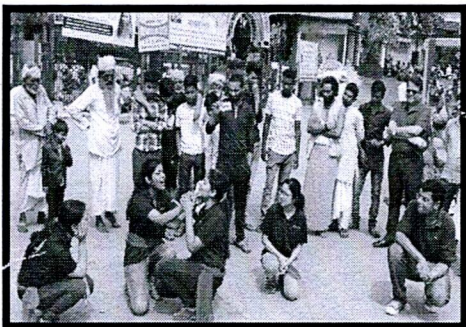
- a) Undergraduate dental students of 3rd & 4th year & interns along with health workers and paramedical staff are trained in identifying tobacco users & dependent patients and are also trained in providing counseling to such patients.





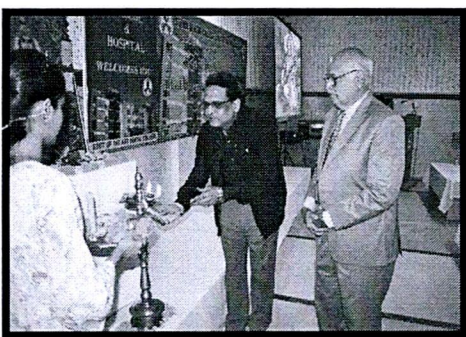
b) SDCH organizes several camps, rallies, nukkad natak, No Tobacco Oath Ceremony, Each one Teach one, etc and Educational & Motivational Lectures which includes awareness regarding Tobacco Cessation.

i) Nukkad Natak, Rallies, etc.



ii) Educational and Motivational Lectures:

SDCH organized A Social Awareness Program on "Role of Dental Surgeons & Allied Organizations in Tobacco Control" by an eminent oral surgeon & tobacco counselor Dr B.M. Shrivastava, Ex Dean GDC Indore.

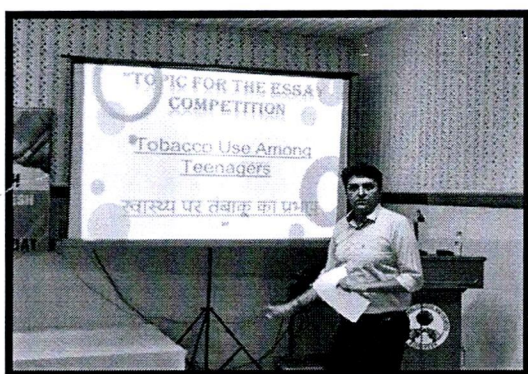


c) The institute conducts tobacco cessation awareness programs in various schools, colleges and health centers in and around Rishikesh. It organizes various Tobacco Cessation Awareness Programs in which many schools of Rishikesh participate such as Essay writing competition



on tobacco usage. The institute's BDS & MDS student participates in anti-tobacco poster making competition and in No Tobacco Rallies. SDCH also conducts Free Screening for tobacco users and Educational Lectures on De-addiction. Educational Tour for school children in our institute are organized on regular basis where they receive lectures on Dental Health Education which emphasizes more on Tobacco products, its clinical scenario, its treatments and modes of preventions.

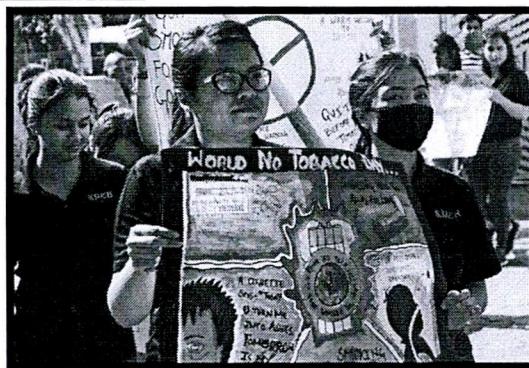
Inter-school Tobacco Cessation Essay Writing Competition



Poster Making Competition by BDS & MDS Students on Tobacco Cessation

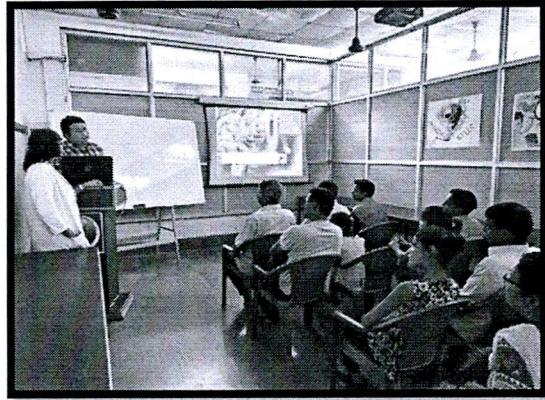


No Tobacco Rallies

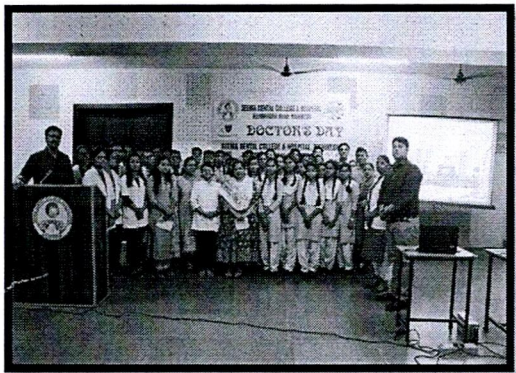


Nandini
SREEJA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

Free Screening & Educational Lectures on Tobacco Prevention & Cessation



Educational Tour for School Children



- d) The SDCH activities related to Tobacco Cessation Center are highlighted in local newspapers including the street plays and road shows performed by our students.

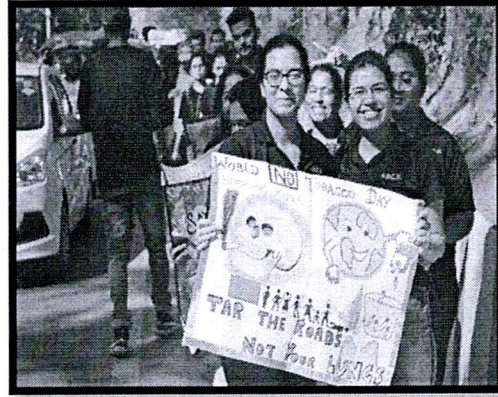
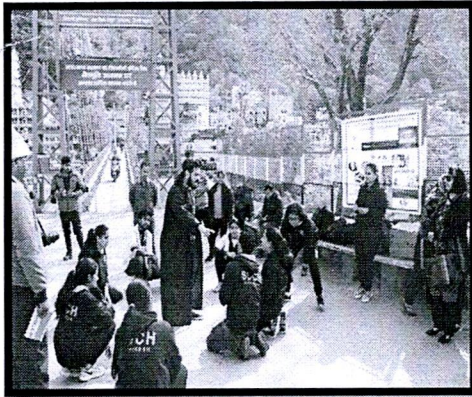


Nagpur

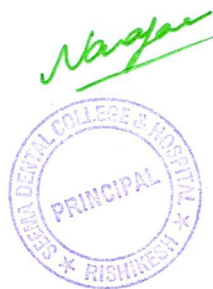
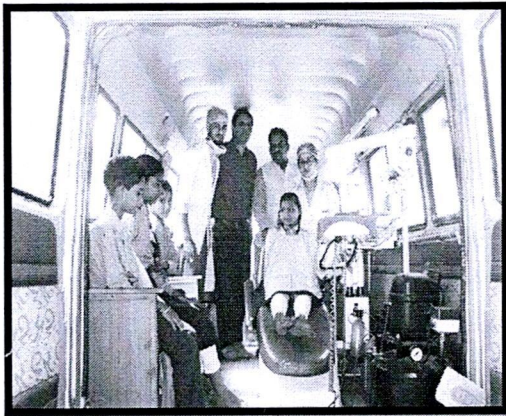
PRINCIPAL
RISHIKESH



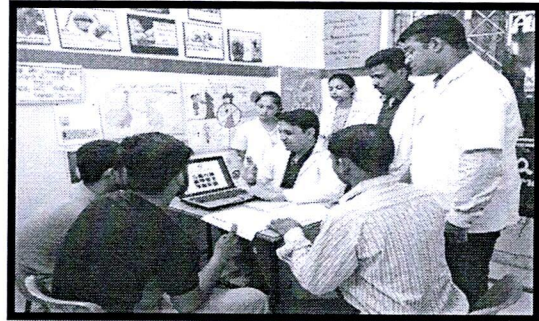
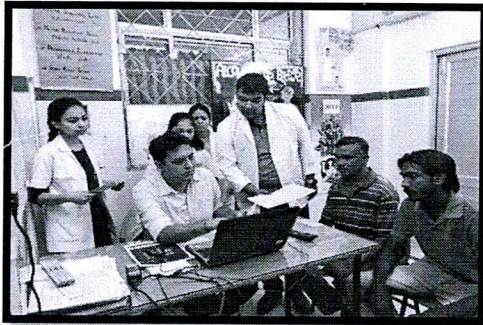
Performing Street Plays and Road Shows



- e) The Mobile Dental Van of the college is always used to carry out community based screening and cessation programs.



- f) The Information, Education and Communication (IEC) material is always available for the patients in print and in audio-video format in English and in local languages.



- g) For the dental treatments the patients are referred to the respective departments and the rehabilitation programs are conducted in the Tobacco Cessation Centre itself for all the patients enrolled in Cessation Centre.
- h) The data is gathered in registers manually and in soft copy and disseminate by creating a data bank with all the relevant information.
- i) The college faculties conduct research on tobacco users, its addictions and its dependency. The data collected in TCC is available to all faculties of the institution who so ever requires it for their scientific studies.

Organization and Administration:

- a) The Tobacco Cessation Centre in Seema Dental College & Hospital is under the Department of Public health Dentistry and all the tobacco users are referred mainly from Department of Oral Medicine and Radiology to TCC and from TCC they are referred to respective departments for further treatments. And the patients from all departments are also referred to TCC.
- b) The Center operates on daily basis with a monthly schedule of staff along with interns. Monthly schedule for Doctors and interns in Tobacco Cessation Clinic (July 2019)
- c) Cleared structural protocol, performing individual and optionally group counseling along with community based programs and record keeping is followed on regular basis.
- d) The individual patient counseling sessions are scheduled and the appointments are given accordingly.
- e) The group sessions are planned and performed on the designated/scheduled days.

Nagpur

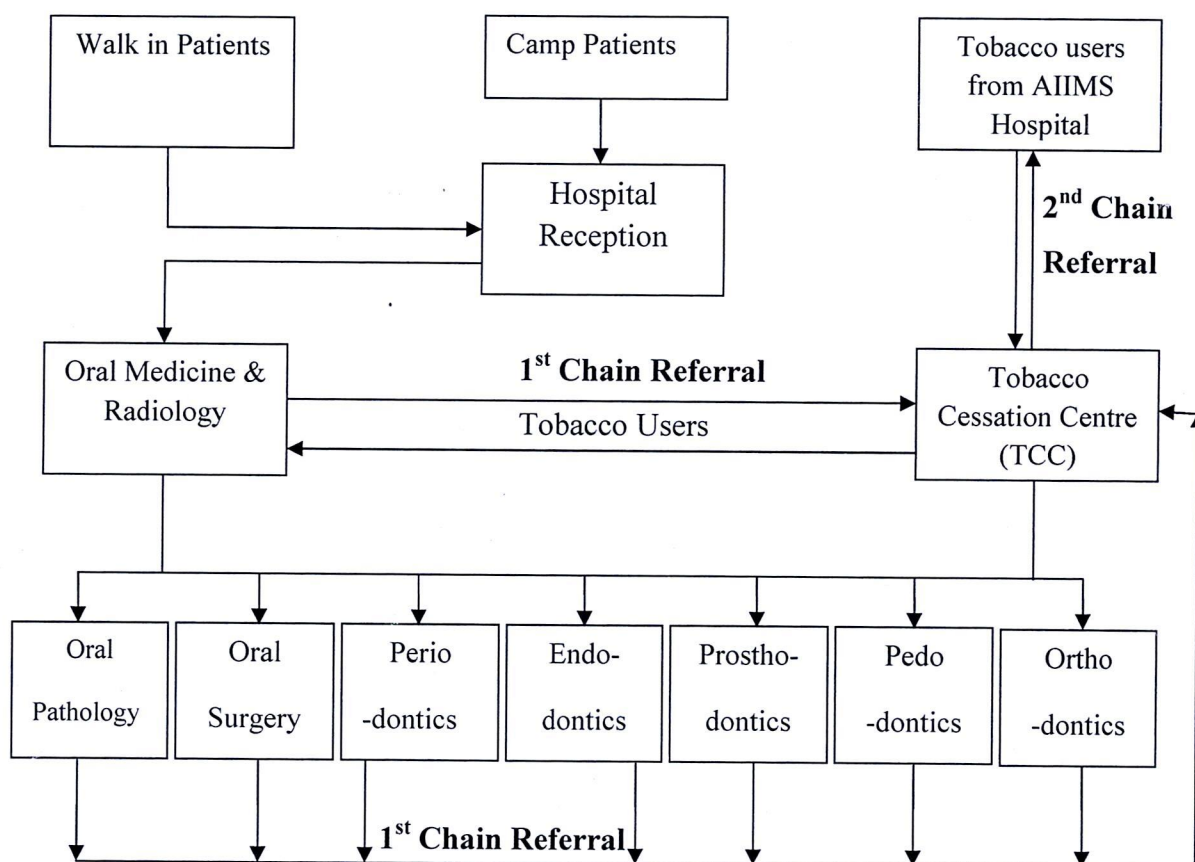
PRINCIPAL

SEEMA DENTAL COLLEGE & HOSPITAL

* RICHKESH *

- f) An updated organization chart and a clear job description for each Center employee are followed thoroughly.
- g) The Center has linkages with the dental departments in SDCH and with AIIMS hospital Rishikesh. The referral pathway is shown in flow-chart and all the dental departments are sensitized regularly. All the Dental Departments are referring patients who are identified as Tobacco users.

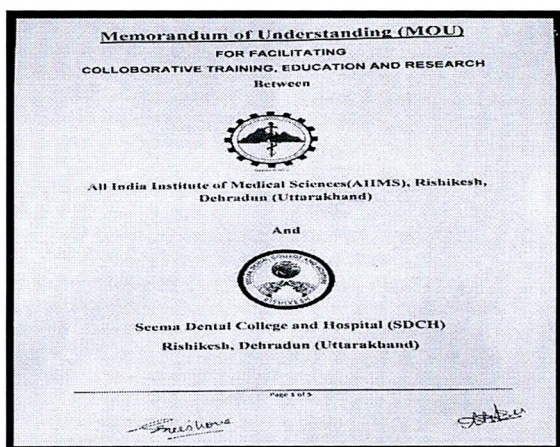
Flow Chart for Tobacco User to Tobacco Cessation Centre



3rd Chain Referral: Helpline numbers are: The mCessation Programme – Quit Tobacco for Life 011-22901701, National Quit line number 1800-11-2356, National Tobacco Cessation Quit line 1800227787.

Memorandum of Understanding (MOU) with AIIMS Rishikesh





- h) The data generated from the Tobacco Cessation Center is entered and maintained in a standard format in digital spreadsheet.
- i) The Center has an effective means of communication to ensure prompt, reliable reporting and adequate dissemination of information.

Human Resource Requirements:

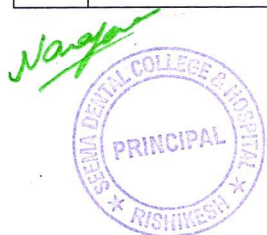
The below human resource requirement reflects staff dedicated for TCC.

SN	Designation	Number	Qualification
1	In-charge: Dr. Avnish Singh	01	MDS (Professor)
2	Dental Surgeon: Dr. Vivek Singh	01	MDS (Senior Lecturer)
3	Social Worker: Mr. Hansraj Maindoliya	01	M.A.

Infrastructural Requirements:

The various equipments in TCC are:

SN	Equipments/materials	Quantity
1	Printed patients records along with files and stationary items	Available in adequate number
2	Computer with printer and speaker	01 available
3	Clinical diagnostics instruments (mouth mirror, tongue depressor & cheek retractors)	Available in adequate number
4	Carbon Monoxide Monitor	01 available
5	Television with DVD player used in Health Education room	01 available
6	Portable audio system with cordless microphone	01 available



7	Printed IEC (Information, Education & Communication) materials in local languages	Available in adequate number
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Tobacco Cessation Centre Floor Plan:

The TCC is located on the ground floor in the institute near the reception area and is also near to Oral Medicine & Radiology Department. The centre has designated areas for individual counseling and Optional Group Sessions are conducted in Oral Health Education room. There is adequate space for maintaining medical records along with comfortable seating arrangements and is free from external sounds. TCC has sufficient space for display of posters and IEC materials and has the provision for electrical supply, telephone and internet facilities and has attached toilet and drinking water facilities.

