


2023-2024

08.11.2023	Diwali Celebration
24.12.2023	Christmas Day Celebration
13.01.2024	Lohri Celebration
26.02.2024 – 02.03.2024	Annual Cultural Festival
13.02.2024	Basant Panchami
24.03.2024	Holi Celebration

Nandini



SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

08.11.2023
Diwali

SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Diwali Lunch for all Staff
Notice Ref. No.	SDCH/PO/2750/2023/5991
Notice Date	06/11/23
Activity Type	Social Activity
Activity Venue	College Back Lawns
Activity Date & Time	08/11/2023 12:00 PM - 1:45 PM
Purpose of Activity	Diwali Lunch for all Staff
Activity Convener	College Management
Documentation Incharge	Dr Aditi Singh
Enclosures	
Notice Copy	Available / Not Available
Brochure/Pamphlet	Available / Not Available
Certificates	Available / Not Available
Photographs	Available / Not Available
Video	Available / Not Available
Documents Submitted to	Pinky Sharma
Documents Submitted by	Dr Aditi Singh

Document Receiver's Signature

Principal's Signature

		Date	09/11/2023			
Participation Count	Faculty	83	Nonteaching staff	142	Total	225

Objective
To celebrate the festival of light Diwali together promoting positive teamwork spirit and conviviality
Expected Outcome
To bring the festivities to the workplace to restore, reinvigorate morale and promote bonhomie and camaraderie among all the members of the Seema Dental Family and instill positive teamwork spirit with meaning and joy.
Outcome Achieved
Seema Dental College and Hospital Rishikesh celebrated Diwali, the festival of lights by organizing a luncheon party for all the staff members. Everyone enjoyed the food and gifts bonding together and shared myths and values around the festival. This was followed by a group photos in the College lawn creating memories together to cherish for a lifetime

Aditi Singh

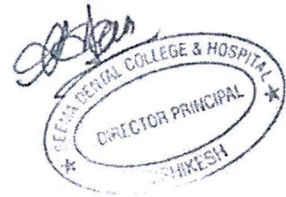

SEEMA DENTAL COLLEGE HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

BOUCHER'S AVENGER

Sr No.	Student Name	M/F
1	Aakriti Nautiyal	F
2	Aastha Negi	F
3	Barkha Joshi	F
4	Bhashvatee Bhartee	F
5	Kanak Sharma	F
6	Lipi Bisht	F
7	Mitali Pandey	F
8	Rewa Dobriyal	F
9	Ritika Gurung	F
10	Sakshi Tiwari	F
11	Saroj Mehndiratta	F
12	Sejal Gupta	F
13	Sheetal Vedant	F
14	Vamika Saxena	F
15	Abhay Uniyal	M
16	Jeet Saha	M
17	Pankaj Tiwari	M
18	Rohinish Kumar Suman	M
19	Siddhant Jolly	M

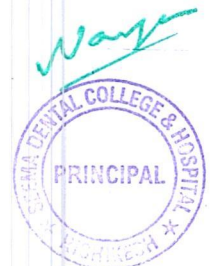
BLACK'S RANGER

Sr No.	Student Name	M/F
1	Akansha Kala	F
2	Akriti	F
3	Astha Gupta	F
4	Himali Patel	F
5	Kumari Muskan	F
6	Kumari Yana	F
7	Misha Mittal	F
8	Poulami Das	F
9	Rama Biswas	F
10	Richa Kaushik	F
11	Sakshi Devlal	F
12	Sheela	F
13	Shikha Chamoli	F
14	Shivani Sharma	F
15	Ayush Bhatt	M
16	Niloy Sarkar	M
17	Priyanshu Rana	M
18	Rajat Chaukhali	M



Seema Dental College & Hospital, Rishikesh
Diwali Lunch for all staff
Date: 08/11/2023. 12:00 P.M to 1:00 P.M
Attendance Sheet
Non Teaching Staff

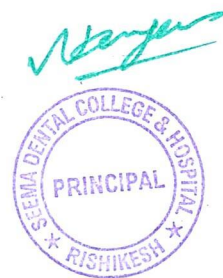
S.No.	E.No.	Name
		ANATOMY
1	406	SOM PAL
2	1037	VIKAS
		BIOCHEMISTRY
3	285	RAGHUBEER SINGH
4	463	USHA SHARMA
		PUBLIC HEALTH DENTISTRY
5	1120	JAI PRAKASH CHAMOLI
6	1142	SOM PRAKASH
		CONS & ENDODONTICS
7	292	SUDHIR PRAKASH
8	1006	DEEP CHAND BHARDWAJ
9	268	ASHOK RANA
10	261	RAGHVENDRA PANDEY
11	402	POORAN SINGH
12	1168	ANIL BHARTI
		GEN SURGERY & MEDICINE
13	167	SAVITRI SHARMA
14	1159	SHIBESH BOSE
		ORAL MEDICINE
15	289	RISHI GAIROLA
16	226	JITENDRA KUMAR
17	1158	PRADEEP KASHYAP
18	1157	DEEPAK KUMAR
		ORAL PATHOLOGY



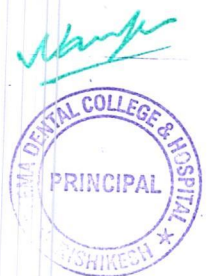
S.No.	E.No.	Name
		PROSTHODONTICS
42	43	ABHISHEK UNIYAL
43	98	VINEET VERMA
44	44	RAVI SHANKAR PRASHAD
45	282	PANKAJ BHATT
46	419	HARISHANKAR UNIYAL
47	414	JAI SINGH RANA
48	1141	OM PRAKASH SHARMA
49	1152	NAVEEN KULIYAL
50	1041	SUNIL YADAV
		NURSING STAFF
51	1011	SUMAN SEMWAL
52	1150	HEERA JOSHI

Security Staff

- 1- Mr. Dhanpal Singh Rana
- 2 " Anil Joshi
- 3 " Soban Singh Rana
- 4 " Kamal Singh Chauhan
- 5 " Ravind Kumar
- 6 " Deepak Sharma
- 7 " Gurnam Singh Budda
- 8 " Manoj Singh Rawat
- 9 " Ravinder Rawat
- 10 " Mahender Singh Rawat

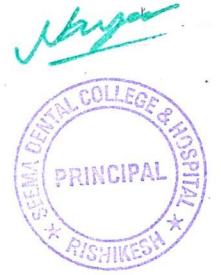


S.No.	E.No.	Name
19	267	ARVIND JOSHI
20	1170	MAHAVEER UNIYAL
		ORAL SURGERY
21	70	BIPENDRA MISHRA
22	71	KISHORI LAL RAYAL
23	192	LISSY THOMAS
		X-Ray
24	1124	SHIVANI CHAMOLA
25	1256	ARUN KUMAR
		ORTHODONTICS
26	93	VISHAL SONI
27	922	NEERU PATODIYA
28	1173	DHARAM SINGH BISHT
29	999	NAVEEN KALYAN
30	1000	BIPUL PRSAD
		PATHOLOGY & MICROBIOLOGY
31	133	SUNIL KUMAR UNIYAL
		PEDODONTICS
32	274	DEVENDRA PD KANDWAL
33	982	BAL RAM RATURI
34	1130	DINESH PADIYAR
		PERIODONTICS
35	89	MADAN PAL SINGH
36	362	SAJNEE SEBAISTIAN
37	452	JITENDRA SINGH BISHT
38	1121	RAKESH SINGH BISHT
		PHYSIOLOGY
39	279	LANKESH RAYAL
40	1002	SHAILVANI DEVI
		PHARMACOLOGY
41	286	RAKESH DHASMANA



Seema Dental College & Hospital, Rishikesh
Diwali Lunch for all staff
Date: 08/11/2023. 12:00 P.M to 1:00 P.M
Attendance Sheet
Non Teaching Staff

क्रमांक	कर्मचारी संख्या	नाम
1	321	बिट्टू कुमार
2	337	संजय कुमार
3	405	सुखवीर सिंह
4	1030	नरेश कुमार
5	998	शोभा शर्मा
6	975	पवन कुमार
7	1034	निर्मला देवी
8	1193	प्रेम कुमार
9	1093	राजेश कुमार
10	1122	रामेश्वरी देवी
11	1219	विजय
12	1250	आशीष
13	1049	अमित
14	343	उमा देवी
15	456	शारदा रानी
16	1139	त्रिवेणी
17	1087	ऊषा
18	1035	लीला
19	1251	कन्हैया
20	1273	विद्या देवी
21	1261	कमलेश
22		शिमला
23		सुनील कुमार



S.No.	E.No.	Name
		PROSTHODONTICS
42	43	ABHISHEK UNIYAL
43	98	VINEET VERMA
44	44	RAVI SHANKAR PRASHAD
45	282	PANKAJ BHATT
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		NURSING STAFF
51	1011	SUMAN SEMWAL
52	1150	HEERA JOSHI



SEEMA DENTAL COLLEGE & HOSPITAL, Rishikesh		
Diwali Lunch for all staff		
Date : 08/11/2023. 12:00 P.M to 1:00 P.M		
Attendance Sheet		
Teaching Staff		
Pedodontics	Professor & Head	Dr. Avantika Tuli
	Reader	Dr. Nitin Khanduri
	Reader	Dr. Aditi Singh
	Lecturer	Dr. Deep Shikha Singh
	Lecturer	Dr. Syed Aliya Haque
	Lecturer	Dr. Akriti Chauhan
Oral Pathology/Dental Anatomy	Professor & Head	Dr. Nagaraja A
	Reader	Dr. Prasanna
	Lecturer	
	Tutor	
Oral & Maxillofacial Surgery	Professor & Head	Dr. Amit Aggarwal
	Reader/Professor	Dr. R.Muthunagai
	Reader	Dr. Mudit Agarwal
	Lecturer	
Public Health & Preventive Dentistry	Professor & Head	Dr. Avnish Singh
	Lecturer	Dr. Vivek Singh
	Lecturer	Dr. Vishrutha A.P
	Tutor	



SEEMA DENTAL COLLEGE & HOSPITAL, Rishikesh

Diwali Lunch for all staff

Date : 08/11/2023. 12:00 P.M to 1:00 P.M

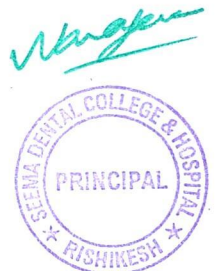
Attendance Sheet**Teaching Staff**

Department	Designation	Name
	Professor	Dr. Varun Kumar
	Reader/Professor	Dr. Neeraj Sharma
	Reader/Professor	Dr. Jyotsna Seth
	Reader	Dr. Geeta Arya
	Reader	Dr. Lara Jain
	Lecturer	Dr. Suyashvi Gupta
	Lecturer	Dr. Uttkarsh Bhatt
	Lecturer	Dr. Pratiksha A. Srivastava
	Lecturer	Dr. Rashmi Joshi
	Lecturer	Dr. Meenakshi Choudhary
	Lecturer	Dr. Surabhi Thakur
Conservative & Endodontics	Lecturer	Dr. Kanika Kaushik
	Professor & Head	Dr. Anil Dhingra
	Professor	Dr. Seema Dixit
	Professor	Dr. Anshdeep Singh
	Reader	Dr. Sheetal Grover
	Reader	Dr. Pulkit Gupta
	Reader	Dr. Priya Pundir
	Lecturer	Dr. Priyanka
	Lecturer	Dr. Prakriti Kaul
	Lecturer	Dr. Unnati Nautiyal
	Lecturer	Dr. Arpit Arora
	Lecturer	Dr. Vertika Mahar
	Lecturer	Dr. Anisha Luthra
Lecturer	Dr. Aryama Balodi	
Lecturer	Dr. Akanksha Bhatt	
Orthodontics	Professor & Head	Dr. Narayana Prasad
	Professor	Dr. Tarun Sharma
	Reader	Dr. Ritika Gupta
	Reader	Dr. Anupa Rawat
	Lecturer	Dr. Anu Grover
	Lecturer	Dr. Sumit Joshi
	Lecturer	Dr. Anushree Rathi
Oral Medicine & Radiology	Lecturer	Dr. Sonali Bhatt
	Professor & Head	Dr. S.Karpagavalli
	Reader/Professor	Dr. Gaurav Pratap Singh
	Reader	Dr. Ranjeeta Mehta
	Lecturer/Reader	Dr. Nazish Akhtar
Periodontics	Lecturer	Dr. Chetna Joshi
	Lecturer	Dr. Abhishek Kumar Singh
	Professor & Head	Dr. Shalini Gupta
	Professor	Dr. Amrinder Singh Tuli
	Reader	Dr. Gaurav Chahal
	Reader	Dr. Nidhi Mehrotra
	Reader	Dr. Pallavi S.Ghodpage
	Lecturer	Dr. Avantika Rani
	Lecturer	Dr. Aditya Sharma



Seema Dental College & Hospital, Rishikesh
Diwali Lunch for all staff
Date: 08/11/2023. 12:00 P.M to 1:00 P.M
Attendance Sheet
Non Teaching Staff

S.No.	R.No.	Name
1	434	VIBHASH KOTNALA
2	96	RAM SNEHI PAL
3	295	VEER SINGH
4	224	HANS RAJ MAINDOLIYA
5	223	DARSHAN SINGH BISHT
6	1279	SANGEETA SHARMA
7	1169	RAJNESH KUMAR
8	161	KUNDAN SINGH
9	31	RAJEEV KUMAR GUPTA
10	168	AJAY DHANGAR
11	290	SARITA SHRIVASTAV
12	1217	SONA BHATNAGAR
13	11	RUPAK JUYAL
14	29	SHIREESH KOTHIYAL
15	63	VIJAY RAM UNIYAL
16	262	RAKESH RAYAL
17	88	SHOBHA UPRETI
18	258	PRAVEEN KUMAR
19	1007	ANOOP KUMAR
20	1185	ANAND SINGH
21	1258	SONAM
22	1260	SACHIN CHAWLA
23	1293	MANGHEY RAM
24	66	MAYA RAM SEMWAL
25	67	JITENDRA SINGH RAWAT
26	1206	AKHILESH YADAV
27	1278	OM PRAKASH
28	1272	PRAMOD CHAUDHARY
29	1148	ROSHNI PANDEY
30	1218	RENU JAITLEY
31	1021	REENA RAWAT
32	1092	MAHESHWARI JOSHI
33	1240	RISHI RAM UNIYAL
34	1271	SURENDRA KUMAR TYAGI
35	1031	PINKY SHARMA



Department	Present Position	Name
General Human Anatomy (1+4)	Associate Professor	Dr. Neerja Garg
	Lecturer/ Demonstrator	Dr. Chitra Singh
	Lecturer/ Demonstrator	Dr. Abhinay Singh Senger
	Lecturer/ Demonstrator	Dr. Seema Verma
	Lecturer/ Demonstrator	Dr. Sanesh Chowdhary
General Human Physiology & Biochemistry (2+4)	Professor	Dr. Prem Prakash Gupta
	Associate Professor	Dr. Abhilasha
	Lecturer/ Demonstrator	Dr Piyush Chaudhary
	Lecturer/ Demonstrator	Dr. Shashank Prateek
	Lecturer/ Demonstrator	Dr. Saloni Masson
Gen. Pathology & Microbiology (2+4)	Associate Professor	Dr. Mukesh Mishra
	Associate Professor	Dr. Vikash Chandra Garg
	Asst. Professor	Dr. Neelu Gupta
	Asst. Professor	Dr. Sunil Kumar Sharma
	Asst. Professor	Dr. Anirudh Pratap Singh
Pharmacology (1+3)	Associate Professor	Mr. Vijay Kumar Dwivedi
	Lecturer/ Demonstrator	Dr. Amit Gupta
	Lecturer/ Demonstrator	Dr. Neeraj Sarvehi
	Lecturer/ Demonstrator	Dr. Prachi Maheshwari
General Medicine (1+3)	Associate Professor	Dr. Ajay Kumar Sethi
	Lecturer/ Demonstrator	Dr. Vandana Sethi
	Lecturer/ Demonstrator	Dr. Sita Devi Mirajkar
	Lecturer/ Demonstrator	Dr. Sudhir Rana
General Surgery & Anaesthesia (2+4)	Associate Professor	Dr. H.S.Sandhu
	Asst. Professor	Dr. Vinus Kumar
	Lecturer/ Demonstrator	Dr. Kaushal Kumar
	Lecturer/ Demonstrator	Dr. Mohd. Haroon
	Lecturer/ Demonstrator	Dr. Sanjay Maheshwari
	Lecturer/ Demonstrator	Dr. Umesh Chandra Neeraj

Neeraj

SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
BISHUPKESH

SEEMA DENTAL COLLEGE & HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

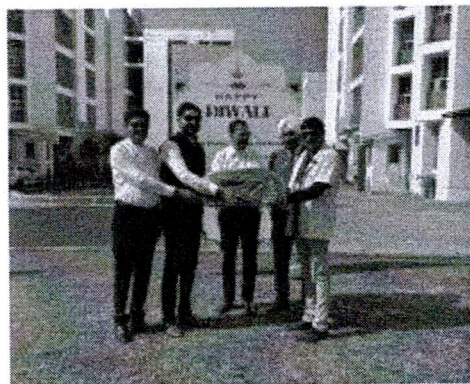
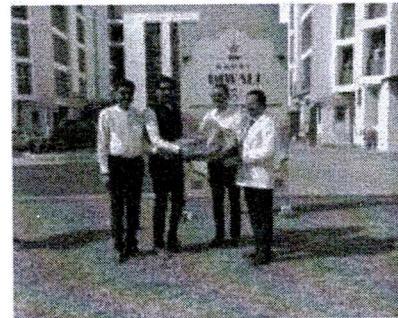
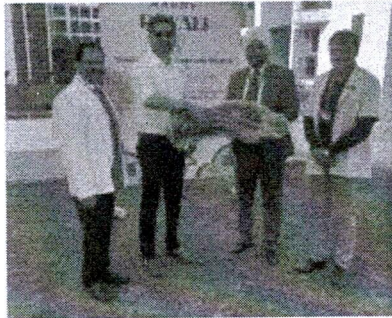
DIWALI LUNCH PARTY 2023



GROUP PHOTO OF THE SEEMA DENTAL COLLEGE FAMILY



DIWALI LUNCH FOR ALL THE STAFF



PHOTOS AND DIWALI CELEBRATIONS WITH STAFF

Nagpur

SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

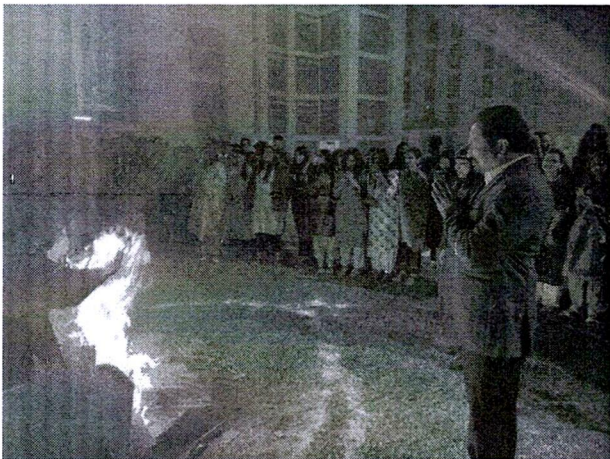
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37	73	TAPAN DEY
38	538	VED KISHORE
39	841	KAMLESH BHADRI
40	1003	SURENDER THAPLIYAL
41	1149	SANGEETA SRIVASTAVA
42	95	VIJAY BAHADUR
43	99	NARESH MISHRA
44	281	NARENDRA SINGH RANA
45	366	BALGOVIND PRASHAD
46	455	DHARAMRAJ
47	1167	PANKAJ
48	1043	BHAGWAN DASS
49	979	RATAN
50	973	ASHOK SINGH
51	983	KAMLESH
52	278	HEMANT BALODI
53	1184	VEERENDRA SINGH
54	287	RAMBEER SINGH
55	294	SUSHEEL
56	1259	RAM MILAN
57	1294	MANNU KUMAR
58	518	VIJAY KASHYAP
59	1018	Dr. VINESH KUMAR
60	1028	MADAN LAL
61	1082	BHUPAL SINGH BISHT
62	1166	BUDHI LAL
63	1171	BELAM SINGH
64	1233	AKASH
65	1264	MANOJ KUMAR
66		PREM PATODIYA



13.01.2024
Lohri Celebration

Lohri festival was celebrated on 13th January 2024 on SDCH campus, with great enthusiasm. Dr. Amit Gupta Chairman SDCH welcomed all the faculty members, post graduates students & non teaching staff.

Event started with a friendly cricket match between faculty, post graduates & non teaching staff. The mood on the campus was upbeat and everyone was totally absorbed in the festive spirit of Lohri.



On this celebration a delicious lunch was also arranged for all. In the evening a get together was organised for the hostel students with DJ and Dhol. Dr. Anirudh G Pratap Director, Dr. P Narayana Prasad Principal, Dr. Prem Prakash Vice Principal enjoyed this Lohri celebration with all. It was a great recreational experience for the SDCH family SDCH family wishes happiness and prosperity in this harvest season for all.

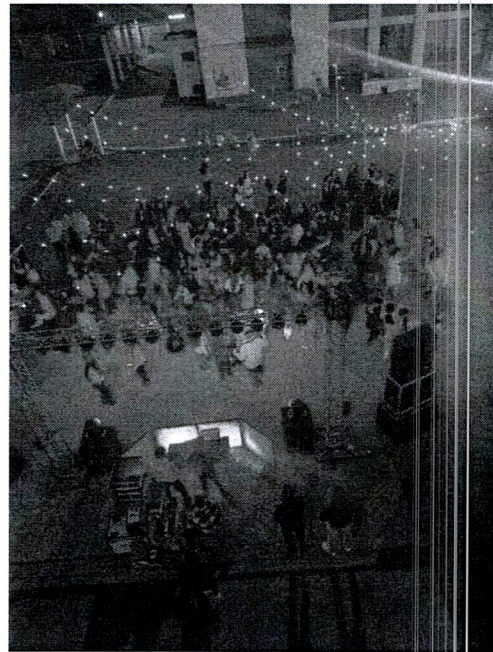
Nangra
SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

24.12.2023
Christmas Day Celebration

“Jingle bells, jingle bells, jingle all the way., Oh what fun it is to ride in a one-horse open sleigh.”

It's Christmas celebrations for Seemaites.

The lights, ambience and energy was mesmeric ! During the games : 1st position was won by Mr Aman Kumar from Okeson's Guardian who won an Amazon gift voucher!! There was bonfire ,



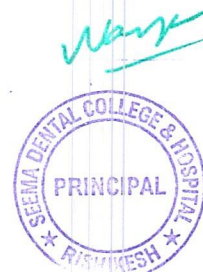
dance and music ,Solo Singing performances were done by very talented students of BDS viz. Kumari



Yana, Rajat , Arjav Rana, Urvi Goel, Anshika


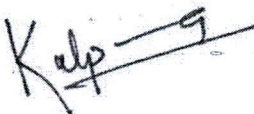
Kothari, Smriti and Yashi Singh

The event was coordinated by Hostel Resident Welfare Committee under the of guidance and support of Dr Amit Gupta, Chairman and Dr P Narayana Prasad, Principal.

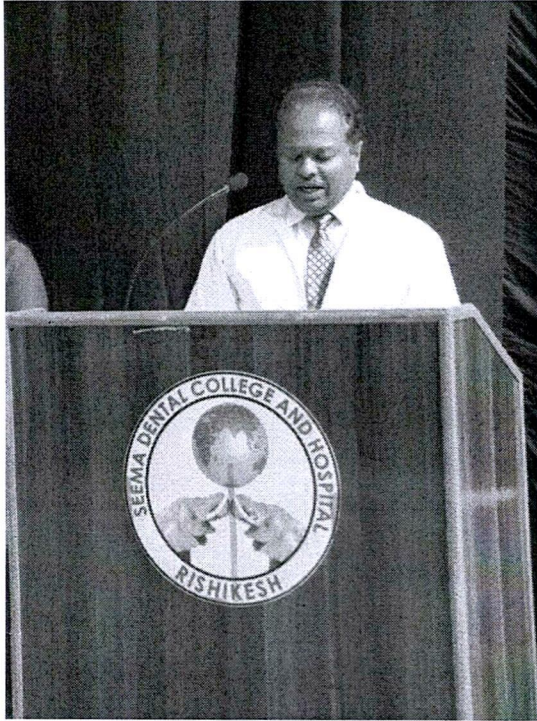


Annual Cultural Fest
26.02.2024 – 02.03.2024

Table 1

SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)					
ACTIVITY REPORT					
Activity Topic	Annual Cultural Fest - Jaitarang				
Notice Ref. No.	SDCH/PO/2871/2024/6293				
Notice Date	07.02.2024				
Activity Type	Cultural Event				
Activity Venue	SDCH Campus				
Activity Date & Time	26.02.2024 - 02.03.2024				
Purpose of Activity	To foster creativity, showcase diverse talents, and promote cultural exchange among students.				
Department Name	Seema Dental College & Hospital				
Activity Convener	Dr. Kalpna Chaudhry				
Documentation Incharge	Dr. Deepshikha Singh				
Enclosures					
Notice Copy	Available				
Brochure/ Pamphlet	Not Available				
Certificates	Available				
Photographs	Available				
Video	Available				
Documents Submitted to	Ms Pinky Sharma				
Documents Submitted by	Dr. Deepshikha Singh				
 Document Receiver's Signature			 Convener's Signature		
Date			07/06/2024		
Activity Report					
Objective: To create a vibrant platform for students to express their artistic abilities, engage in cultural activities, and build a sense of community. Expected outcome: Enhanced student collaboration, increased cultural awareness, and a strengthened sense of school spirit and community. Outcomes achieved: It significantly increased cultural awareness as students from diverse backgrounds shared their traditions, music and art. The fest also strengthened the sense of spirit and community, as evidenced by the enthusiastic participation and positive feedback from both students and faculty. The event created lasting memories and encouraged ongoing engagement in cultural and extracurricular activities. Nearly 15 competitions were organized, where both students and faculty actively participated, creating lasting memories and encouraging ongoing engagement in cultural and extracurricular activities. Students from Himachal Institute of Dental Sciences also participated in the Inter College Competitions organised for two days. These competitions ranged from Rangoli competition, Canvas painting, Mehendi competition, Antakshari, Treasure hunt, Singing and Dancing competition, Cooking competition, Fashion Show. There was an award ceremony organised to felicitate all the winners in various competitions as well as the best house and individual based on overall performance. This cultural fest was culminated in a spectacular gala night, which served as a grand finale of the event.					
Participation Count	Faculty	50	Student	430	Total





Wan

SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

SEEMA DENTAL COLLEGE & HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/2884-A/2024/6328-A

Date: 13.02.2024

Notice

Basant Panchami (Basant meaning "Spring" and Panchami meaning "fifth") is a festival that falls on the fifth day of the lunar month of *Magha* marking the beginning of winter's end and the coming of spring. A symbol of knowledge, light, energy, this festival commemorates the time Maa Saraswati, the Goddess of knowledge, wisdom, learning, and art blessed the great Sanskrit poet Kalidas. Therefore, this day is celebrated by offering prayer to Maa Saraswati for her blessings.

In the essence of the festive spirit Seema Dental College and Hospital is organizing Saraswati Puja and Pushp Arpan to Goddess Saraswati for all faculties, staff, Post-graduate and Under-graduate students to invoke the blessings of Maa Saraswati.

The details of the program are as follows:

Date & Day : 14.2.2024, Wednesday

Time : 12:00 Noon - Saraswati Puja with Deep Prajwalan by Dr. Amit Gupta, Chairman, & Dr. P.Narayana Prasad, Principal along with faculty & Staff
Followed by Pushp Arpan by Postgraduate and Undergraduate students

Venue : College Reception area for the auspicious Maa Saraswati Puja with Deep Prajwalan and Pushp Arpan

The Co ordinator for the programme will be Dr.S. Prasanna, Reader, Department of Oral Pathology.

Looking forward to this auspicious event!

Narayana

**Dr. P. Narayana Prasad
Principal**

Cc to: -

Broadcast-YES

File Header:- #40

HOD Prosthodontics

HOD. Oral Medicine & Radiology

HOD. Periodontics

HOD. Conservative & Endodontics

HOD. Pedodontics

HOD. Orthodontics

HOD. Oral & Maxillofacial Surgery

HOD Oral Pathology

HOD Public Health Dentistry

HOD. General Surgery

HOD. General Medicine

HOD. Pathology & Microbiology

HOD. Pharmacology

HOD. Physiology & Biochemistry

HOD Anatomy

For Information

Chairman

Executive Director

Director

Vice Principal

Public Relation Officer

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Central Store

Library

Reception

Electricity Dept.

Maintenance Dept.

Sports Officer

Gym Instructor

Chief Warden & all Wardens

Horticulture Dept.

Security

Transport Dept.

Housekeeping Dept.





Basant
Pandeyani.
2024.
Date: 14/2/24.

SEEMA DENTAL COLLEGE & HOSPITAL			
VIRBHADRA ROAD, RISHIKESH-249203			
Present Dental Faculty			
Department	Designation	Name	
Prosthodontics & Dental Materials (2+4+8+2)	Professor & Head	Dr. Varun Kumar ✓	<i>Handwritten signature</i>
	Professor	Dr. Neeraj Sharma	
	Reader/Professor	Dr. Jyotsna Seth	
	Reader	Dr. Geeta Arya	
	Reader		
	Reader	Dr. Meenakshi Choudhary	
	Lecturer	Dr. Uttkarsh Bhatt	
	Lecturer	Dr. Pratiksha A. Srivastava	
	Lecturer	Dr. Rashmi Joshi	
	Lecturer	Dr. Surabhi Thakur	
	Lecturer	Dr. Kanika Kaushik	
	Lecturer	Dr. Isheta Sarkar	
	Lecturer		
	Tutor		
Conservative & Endodontics (2+4+8+2)	Professor & Head	Dr. Anil Dhingra	
	Professor	Dr. Seema Dixit	
	Reader/Professor	Dr. Anshdeep Singh	
	Reader/Professor	Dr. Sheetal Grover	
	Reader	Dr. Pulkit Gupta	
	Reader	Dr. Priya Pundir	
	Lecturer	Dr. Priyanka	
	Lecturer	Dr. Unnati Nautiyal	
	Lecturer	Dr. Prakriti Kaul	
	Lecturer	Dr. Arpit Arora	
	Lecturer	Dr. Vertika Mahar	
	Lecturer	Dr. Aryama Balodi	
	Lecturer	Dr. Akanksha Bhatt	
	Lecturer		
Tutor			
Orthodontics (2+3+5)	Principal, Professor & Head	Dr. Narayana Prasad ✓	<i>Handwritten signature</i>
	Professor	Dr. Tarun Sharma ✓	<i>Handwritten signature</i>
	Reader	Dr. Ritika Gupta	
	Reader	Dr. Anupa Rawat	
	Reader		
	Lecturer	Dr. Anu Grover	
	Lecturer	Dr. Sumit Joshi	
	Lecturer	Dr. Anushree Rathi	
	Lecturer	Dr. Sonali Bhatt	
Oral Medicine & Radiology (1+2+3)	Professor & Head	Dr. S. Karpagavalli ✓	<i>Handwritten signature</i>
	Reader/Professor	Dr. Gaurav Pratap Singh ✓	<i>Handwritten signature</i>
	Reader	Dr. Ranjeeta Mehta	
	Lecturer/Reader	Dr. Nazish Akhtar	
	Lecturer	Dr. Chetna Joshi	
	Lecturer	Dr. Puja Purohit	
Periodontics (1+3+3)	Professor & Head	Dr. Shalini Gupta	
	Reader/Professor	Dr. Amrinder Singh	<i>Handwritten signature</i>
	Reader	Dr. Nidhi Mehrotra	<i>Handwritten signature</i>
	Reader		
	Lecturer	Dr. Avantika Rani	
	Lecturer	Dr. Aditya Sharma	
Lecturer	Dr. Vaishnavi Prasad		



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY REPORT

Activity Topic	Basant Panchami Utsav 2024
Notice Ref. No.	SDCH/PO/ 2884-A /2024/6328-A
Notice Date	13/02/2024
Activity Type	Social Activity
Activity Venue	Reception Area
Activity Date & Time	14/02/24 12:00 Noon
Purpose of Activity	Basant Panchami Celebration /Promoting inclusive environment towards cultural harmony among faculties and students.
Department Name	Seema Dental College and Hospital
Activity Convener	Dr.P.Narayana Prasad
Documentation Incharge	Dr. S.Prasanna
Enclosures	
Notice Copy	Available
Brochure/Pamplet	Not Available
Certificates	Not Available
Photographs	Available
Video	Not Available
Documents Submitted to	Ms Pinky Sharma
Documents Submitted by	Dr. S.Prasanna
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Document Receiver's Signature

Convener's Signature

Date 28.2.24

Activity Report

Objective : To promote inclusive environment towards cultural harmony among faculties and students of Seema Dental College and Hospital.



Expected Outcome : To inculcate and practice cultural and religious festival in the institution and encourage active participation in such occasions.

Outcome achieved : There was active participation from the management, faculties and students of SDCH in the Basant Panchami Utsav. The participants paid their tribute to Goddess Maa Saraswati on this occasion by offering flowers with devotion and recitation of Gayatri Mantra.

The convenor of the event : Dr.P.Narayana Prasad, Principal, SDCH

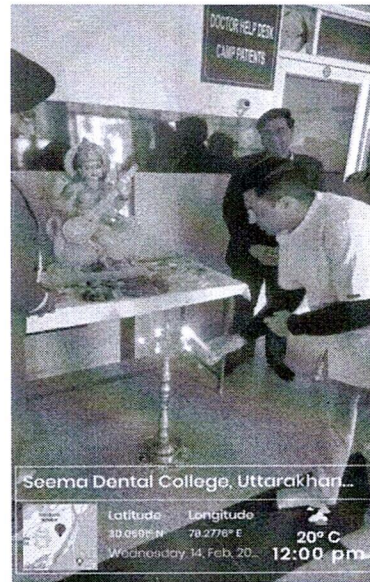
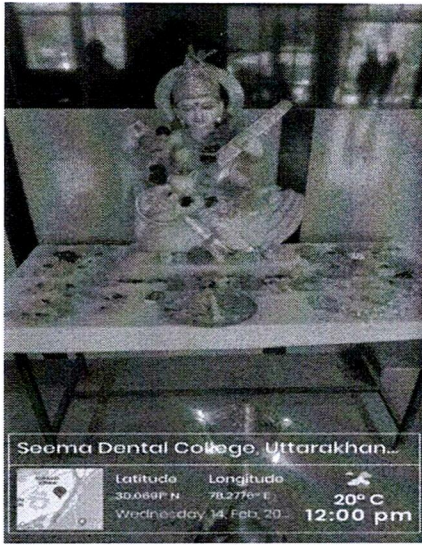
Chief Guest for the event : Dr. Amit Gupta, Chairman, SDCH , Dr.Anirudh GP Singh, Director, SDCH.

Participation Count	Faculty	12			Total	12
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SEEMA DENTAL COLLEGE & HOSPITAL			
VIRBHADRA ROAD, RISHIKESH-249203			
Present Dental Faculty			
Pedodontics (1+2+3)	Professor & Head	Dr. Kalpana Chaudhary ✓	<i>Kalp</i>
	Reader/Professor	Dr. Nitin Khanduri	
	Reader	Dr. Aditi Singh ✓	<i>Adi</i>
	Lecturer	Dr. Deep Shikha Singh	
	Lecturer	Dr. Syed Aliya Haque	
Oral Pathology/Dental Anatomy (1+1+1+1)	Professor & Head	Dr. Nagaraja A ✓	<i>Nagaraja</i>
	Reader	Dr. Prasanna	<i>Prasanna</i>
	Tutor/Lecturer	Dr. Akansha	
	Tutor/Lecturer		
Oral & Maxillofacial Surgery (1+2+1)	Professor & Head	Dr. Amit Aggarwal	
	Reader/Professor	Dr. R.Muthunagai	
	Reader/Professor	Dr. Mudit Agarwal ✓	<i>Mudit</i>
	Tutor	Dr. Abhishek	
Public Health & Preventive Dentistry (0+1+0+3)	Professor & Head	Dr. Avnish Singh	
	Reader	Dr. Vivek Singh	
	Tutor		
	Tutor		





Wang

SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

24.3.24
HOLI CELEBRATIONS

Campus kaleidoscope: Holi Edition!

Vibing in Colors!

Our College Campus ignited with positive vibes as we celebrated Holi in a motley of swirling colours and a get-together lunch!

From contagious laughter to rhythmic euphoria, every moment was a trip of unity and joy.



Here's to the memories we made and the bonds we strengthened.
Happy Holi, everyone!

Wase
NEELMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

2022 - 2023

20.10.2022	Dhanawantari Puja
20.10.2022	Diwali
19.11.2022 – 25.11.2022	Communal Harmony Campaign Week
23.12.2022	Christmas Day Celebration
13.01.2022	Lohri Celebration
26.01.2023	Republic Day Celebration
26.01.2023	Basant Panchami Celebration
03.03.2023	Holi
04.07.2023	Guru Purnima
21.07.2023	Harela Parv
23.08.2023	Raksha Bandhan



20.10.2022

Dhanwantri Puja

Dhanvantari Jayanti / Danvantri Trayodashi would fall on 22nd October 2022 this year .. Team NMO SDCH offered their prayers to Lord Dhanvantari so that the entire seema family and NMO Family is blessed with Good health , fortune and prosperity ..

This day is considered to be the Birth anniversary of Lord Dhanvantari, the incarnation of Lord Vishnu, who is known as the Physician of Gods and Doctors and also the God of Ayurveda .. On this day, during the Samudramanthen between the Devtas and Danavs he arose from the ocean of milk, with the nectar of immortality.. And for Good

Health and Wellness he is remembered and worshiped on this day .. Dr.Himanshu Aeran Vice President NMO Uttarakhand, Dr.Amit Gupta Patron NMO SDCH,Dr.Amit Aggarwal President NMO SDCH,Dr.Jyotsna Seth

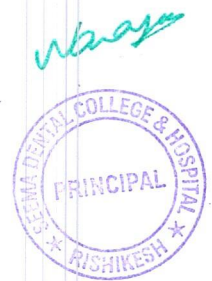
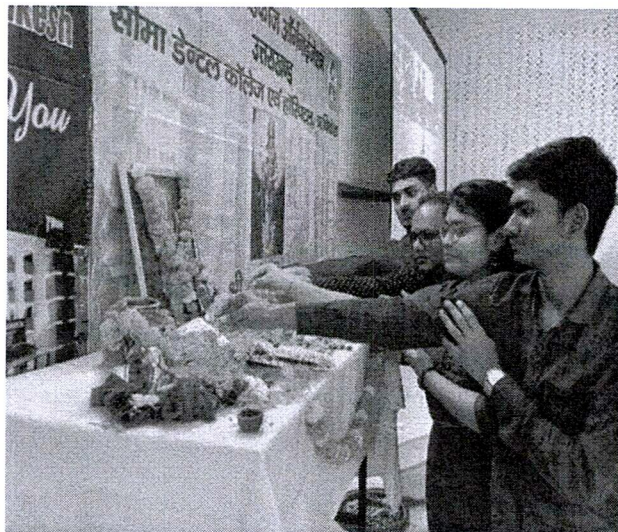
Secretary NMO SDCH, Dr.Varun Kumar Treasurer NMO Uttarakhand, Dr.Yogeshwari Student Representative NMO Uttarakhand, Dr.Geeta Arya Treasurer NMO SDCH along with other student and faculty members were present for the Pooja,

The program was moderated by Dr.Yogeshwari and began with ॐ and NMO Mantra. Dr.Amit Aggarwal gave the welcome address , Dr.Jyotsna Seth explained the purpose of the day , While student UG and PG members shared

their feelings on the celebration of such events , how connected they feel with their traditions and towards being a part of NMO .. Lastly Dr.Himanshu Aeran Sir Told about the importance of Lord Dhanvantri Ji in medicine and why he is

Worshipped and why NMO celebrates this event, .All the faculty and Student members did the Pooja..

The program was concluded with Shanti Mantra ..



20.10.2022

Diwali

Deepawali is a symbol of hope for all of us.. May it bring compassion, peace, prosperity , inner joy, love and success for one and all....

Seema Dental College and Hospital family today met and greeted each other on a Pre Deepawali Lunch held in amidst of lush green lawns of SDCH on a bright sunny afternoon!

Dr.R.K.Gupta Founder President,

Dr.Amit Gupta Chairman,

Dr. Himanshu Aeran Director Principal,

Mr. Ajay Garg Hon Director

gave their warm wishes to the entire Seema Dental College and Hospital family including all faculty & staff members..

Happy Deepawali to everyone.!

Stay Healthy, Happy & Safe.



Nayan



SEEMA DENTAL COLLEGE & HOSPITAL

VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/2363/2022/5824

Date: 22.11.2022

Notice

The college is observing a **Communal Harmony Campaign Week** from 19th-25th November, 2022 and **Flag Day** on 25th November, 2022 under National Foundation for Communal Harmony (An autonomous organization with Ministry of Home Affairs, Govt. of India).

It is requested to all the staff and students to take personal interest to **spread the message of peace, communal harmony and national integration** and to help in fund raising for its grand success and to achieve the aims and objective of the National Foundation for Communal Harmony.

The following Class Representatives of BDS III & I Year are assigned to collect the funds and to spread the message of peace, communal harmony and national integration among students and staff.

1. Ms. Lamha Arora
2. Mr. Mihir Koul
3. Ms. Divya Singh
4. Mr. Mithilesh Kumar

Above Class Representatives are required to contact Dr. Prem Prakash, Vice Principal, for further directions.

Dr. Himanshu Aeran
Director Principal
Seema Dental College & Hospital
Rishikesh

Cc to: -

Broadcast-YES

File Header:- #40

All HOD's for circulation to faculty

- HOD Prosthodontics
- HOD Oral Medicine & Radiology
- HOD Periodontics
- HOD Conservative & Endodontics
- HOD Pedodontics
- HOD Orthodontics
- HOD Oral & Maxillofacial Surgery
- HOD Public Health Dentistry
- HOD Oral Pathology
- HOD General Surgery
- HOD General Medicine
- HOD Pathology & Microbiology
- HOD Pharmacology
- HOD Biochemistry
- HOD Anatomy
- HOD Physiology
- Notice Boards (College & Hostels)

For Information

Chairman

Executive Director

Director

Vice Principal

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Gym Instructor

Chief Warden & all Hostel Wardens

Security Dept

Horticulture Dept

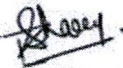
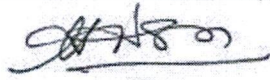
Transport Dept.

Housekeeping Dept.



SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH (UTTARAKHAND)

ACTIVITY DOCUMENTATION

Activity Topic	Communal Harmony Campaign Week
Notice Ref. No.	SDCH/PO/2363/2022/5824
Notice Date	22-11-2022
Activity Type	Social Activity
Activity Venue	Seema Dental College & Hospital Rishikesh
Activity Date & Time	19th-25th November 2022
Profile of the Speaker	Dr Prem Prakash
Purpose of Activity	To spread the message of peace, communal harmony and national integration
Activity Convener	Dr Himanshu Aeran
Documentation Incharge	Dr Prem Prakash
Enclosures	
Notice Copy	Available
Brochure/Pamphlet	Available
NEFT Reciept	Available
Photographs	Available
Video	Not Available
Documents Submitted to	Ms Pinky Sharma
Documents Submitted by	Dr Geeta Arya
	
Document Receiver's Signature	Convener's Signature

Date 02-12-2022

Activity Report: Write brief description of activity

Observance of the Communal Harmony Campaign Week from 19th to 25th November 2022 and Flag Day on 25th November 2022 at Seema Dental College & Hospital, Rishikesh

The main activity of the Foundation is to provide financial assistance to children rendered orphan or destitute in communal, caste, ethnic or terrorist violence for their education and rehabilitation under Project 'Assist'. Foundation also takes up social, cultural and educational activities for promotion of peace, unity and harmony in the country.

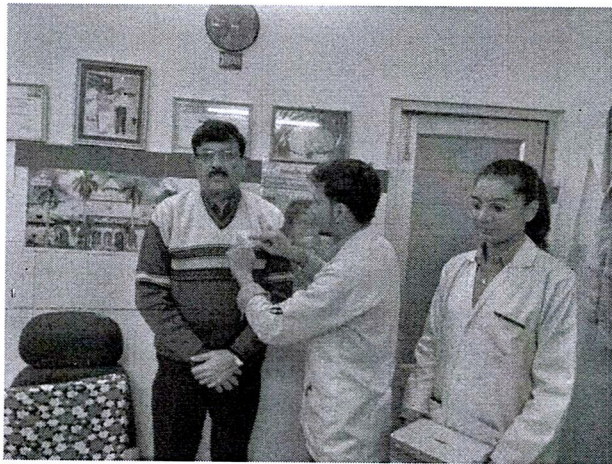
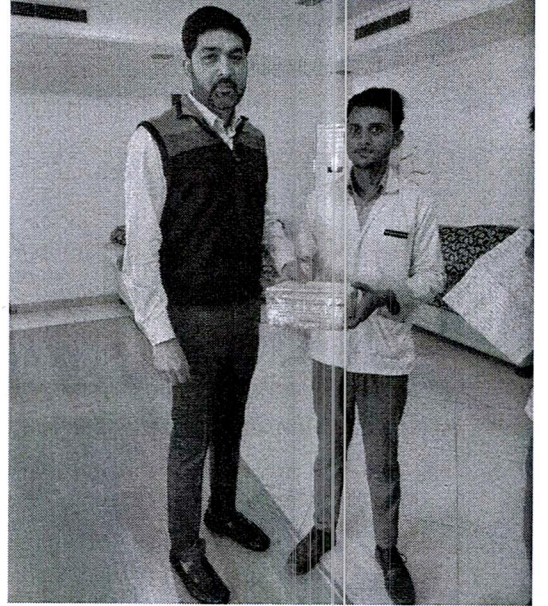
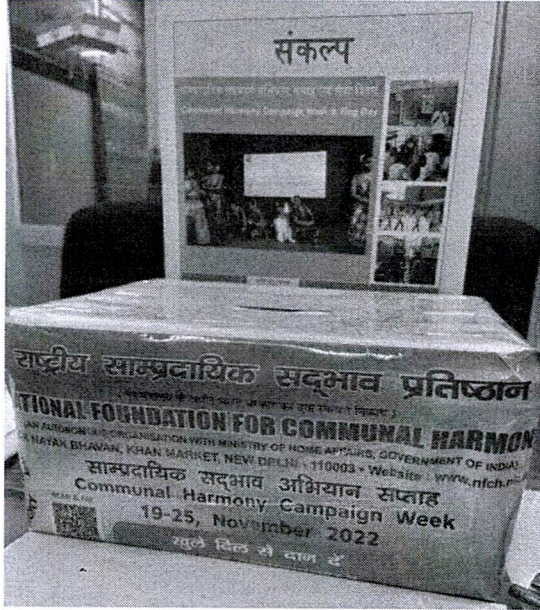
All the Students, Faculty and Staff of Seema Dental College & Hospital, Rishikesh took personal interest to spread the message of peace, communal harmony and national integration enthusiastically and they participated in raising the fund to achieve the aims and objective of National Foundation for Communal Harmony.

The Fund collected was transferred in account of 'Secretary, National Foundation of Communal Harmony, 9th floor, 'C' Wing, Lok Nayak Bhawan, Khan Market, New Delhi – 110003, through NEFT.

Participation Count	Faculty	52	Student	329	Total	381
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COMMUNAL HARMONY CAMPAIGN WEEK



Reference Number	HD3622223531478
From Account	50100125828813
Beneficiary Name	National Foundation For Communal Harmony
Beneficiary IFSC Code	SBIN000583
Beneficiary Account Number / Credit Card Number	10569548017
Bank Name	STATE BANK OF INDIA
Transfer Amount	3,151.00
Transfer Description	SDCH

02 December 2022 from HDFC A/c-8813

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23.12.2022

Christmas day Celebration

“ Christmas is a season of rejoicing and it holds time together.. “

Seema Dental College and Hospital Rishikesh celebrated the Christmas Eve by organising a party for Hostellers from BDS I-IV yr, Interns and PGs.. which included fun games , Bonfire, Solo singing, DJ dancing , with yummy snacks followed by dinner !

The lights, ambience and energy was mesmeric ! During the games : 1st position was won by Team Boucher Avengers (represented by Manjeet Raj , Divya Sharma) Solo Singing was done by beautiful voices of : Arjav Rana, Urvi Goel,Anshika Kothari, Smriti, Manjeet Raj, Yashi , Vartika, Shivam Sharma ! This months cleanest Room Award was declared for Ms.Vartika Agnihotri Which was an Amazon gift voucher for 1100 Rs !

The event was coordinated by Hostel Welfare Committee: Dr.Aditi Singh , Dr.Sumit Joshi , Dr. Yogeshwari , Mr.Rupak Jugal , Ms.Roshni Pandey , Ms.Jatley, Ms.Reena, Ms.Madhu under the able guidance of Dr.Amit Gupta

Chairman Sdch , Dr.Himanshu Aeral Director Principal Sdch, Dr.Vivek Sangh Executive Director Sdch .. Wishing everyone a Merry Christmas and happy new year in advance .. Hoping and eagerly waiting for more such events !



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SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

13.01.2022

Lohri Celebration

Seema Dental College and Hospital Rishikesh celebrated Lohri, a festival of life, fertility and prosperity by organizing an evening filled with auspicious hues for hostellers from BDS I-IV yr, Interns and PGs. There were Lohri games for

the students along with DJ dancing and traditional snacks of til, rewri, gazak, pop corns, and peanuts. The program was initiated by lighting the traditional bonfire.

During the games first prize was won by Team Boucher's Avengers. The Cleanest hostel room award for this month was declared for Ms. Rania Jacob which was an Amazon gift voucher for ₹1100! The event was coordinated by Hostel Welfare Committee: Dr. Aditi Singh, Dr. Sumit Joshi, Dr. Yogeshwari, Dr. Chetna Joshi, Dr. Prakriti Kaul, Mr. Rupak Jugal, Ms. Roshni Pandey, Ms. Jatley, Ms. Reena, Ms. Madhu, Mr. Surender Kumar, Mr. Rishi Uniyal under the able guidance of Dr. Amit Gupta Chairman SDCH, Dr. Himanshu Aeran Director Principal SDCH, Dr. Vivek Sang Executive Director SDCH..

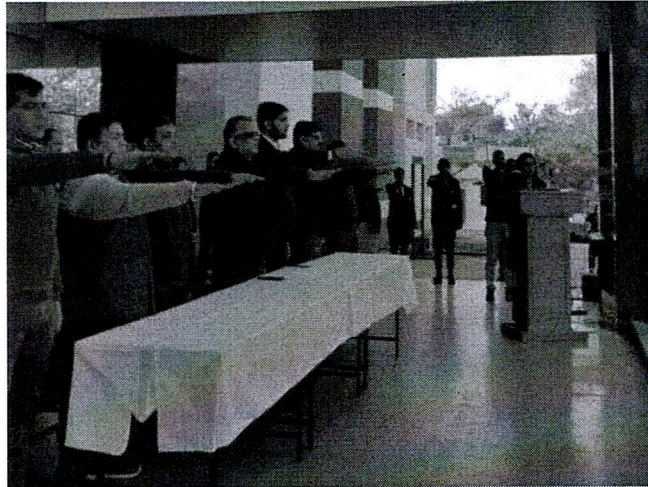
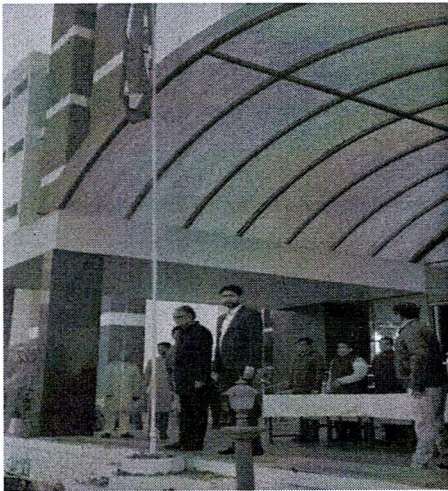
Wishing everyone a very Happy Lohri and Makar Sankranti, Bihu, Pongal and Villaku.



V. K. Singh
SEEMA DENTAL COLLEGE & HOSPITAL
RISHIKESH
PRINCIPAL

26.01.2023
Republic Day Celebration

Seema Dental College & Hospital, Rishikesh celebrated 74th Republic Day on 26th January 2023. Chairman Dr Amit Gupta and Director Principal Dr Himanshu Aeran hoisted the National Flag. Students presented a cultural programme on this occasion. Faculty, staff and students celebrated the Republic Day and took National Pledge. The program was well attended and appreciated by all.



Himanshu Aeran
Seema Dental College & Hospital
PRINCIPAL
RISHIKESH

26.01.2023

Basant Panchami Celebration

National Medicos Organization Seema Dental College and Hospital , Rishikesh organized Maa Saraswati Pooja and Kite Flying Competition to celebrate Basant Panchami. Dr Amit Gupta, Patom NMO SDCH & Chairman SDCH, Dr Himanshu Aeran Vice President, NMO Uttarakhand & Director Principal, SDCH along with all NMO faculty members, staff, PG & UG Students worshipped Maa Saraswati by performing Puja with Deep Prajwalan and Pushp Arpan to invoke the blessings of Goddess of knowledge & learning. This was followed by the iconic kite-flying competition amongst the Five Teams for the Hostellers, which was enjoyed by all. Dr Himanshu Aeran opened the event by flying kite himself to encourage the participants. There were three titles, viz. "Udaan-Master"– The participant who flies the kite at the highest level in the given time limit "Pench-Master" – The participant who cuts maximum kites in the given time limit "Kite-Charmer" – The participant with most decorative kite for the competition. The judges for the event were Dr Annil Dhingra, Ex Secretary NMO SDCH, Dr Amit Agarwal, President NMO SDCH & Dr Jyotsna Seth, Secretary NMO SDCH.

Dr Himanshu Aeran gave prizes to the winners, which were as follows : Team Boucher's Avengers won the title "Pench-Master" Team Black's Rangers were the winners for the title "Kite-Charmer" while , Misch's Daredevils were runner's up for the same, and Team Okeson's Guardians won the title "Udaan-Master". The event was coordinated by National Medicos Organization Seema Dental College and Hospital and Hostel Welfare Committee SDCH.



Narayan
PRINCIPAL
SEEMA DENTAL COLLEGE & HOSPITAL
RISHIKESH

SEEMA DENTAL COLLEGE & HOSPITAL

VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/2443/2023/5187

Date: 24.01.2023

NOTICE

In continuation of earlier Notice Ref No.:SDCH/PO/2437/2023/5172 National Medicos Organization Seema Dental College & Hospital is organizing a kite competition on 26.01.2023 to celebrate Basant Panchami and Republic Day. The details of the competition are as follows :

Each team (2-participant per team) shall be given two kites to decorate on their own and fly. The time limit of the competition will be 30mins. The competition shall begin after the Pushp Arpan by Postgraduate and Undergraduate students at 11:30am in the College Basket-ball ground. There are three titles for the kite competition viz.

- “Udaan-Master” – The participant who flies the kite at the highest level in the given time limit
- “Pench-Master ” – The participant who cuts maximum kites in the given time limit
- “Kite-Charmer ” – The participant with most decorative kite for the competition.

The competition will be open for all faculty members and College Hostel Resident Students only. The Kite Flying Competition will be co-ordinated by the College Hostel Welfare Committee

Looking forward to this auspicious event

[Signature]
Dr. Himanshu Aeran
 Director Principal
 RISHIKESH

Cc to: -

Broadcast-YES

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All HODs for circulation to faculty & staff

- HOD. Prosthodontics *[Signature]*
- HOD.Oral Medicine & Oral Radiology *[Signature]*
- HOD.Periodontics *For HOD Sri hamesh*
- HOD.Conservative & Endodontics *[Signature]*
- HOD.Pedodontics *[Signature]*
- HOD.Orthodontics *[Signature]*
- HOD.Oral & Maxillofacial Surgery *for HOD Chyoti*
- HOD Oral Pathology *[Signature]*
- HOD. Public Health Dentistry *[Signature]*
- HOD.Physiology *Abhishek*
- HOD.Biochemistry *[Signature]*
- HOD.Pathology & Microbiology *[Signature]*
- HOD.Pharmacology *[Signature]*
- HOD.General Surgery *[Signature]*
- HOD.General Medicine *[Signature]*
- HOD. Anatomy *[Signature]*

For Information

- Chairman *[Signature]*
- Executive Director
- Director
- Vice Principal *[Signature]*
- Public Relation Officer *[Signature]*
- Administrative Office *[Signature]*
- Info. Tech *[Signature]*
- Accounts *[Signature]*
- Central Store *[Signature]*
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- Maintenance Dept. *[Signature]*
- Sports Officer *[Signature]*
- Gym Instructor
- Chief Warden *[Signature]*
- Security Dept *[Signature]*
- Horticulture Dept
- Transport Dept. *[Signature]*
- Housekeeping Dept *[Signature]*

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 RISHIKESH

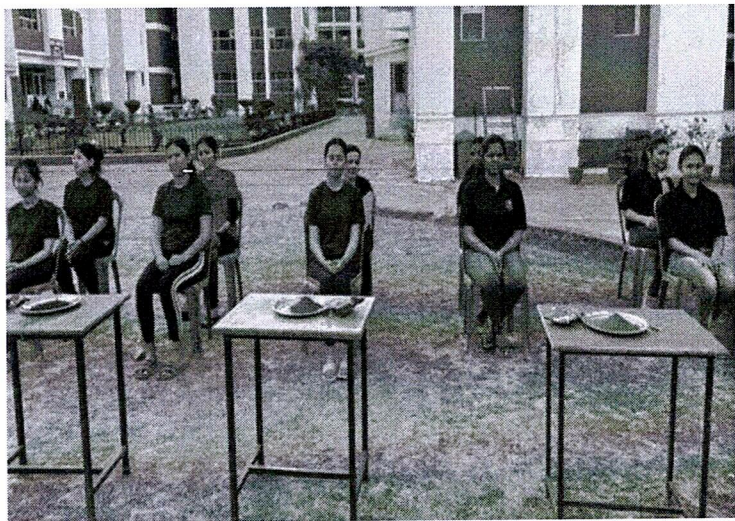
03.03.2023

Holi

Seema Dental College and Hospital Rishikesh celebrated Holi, a festival of bonhomie and reconciliation when people embrace each other, forgetting any bitterness and ill-feeling, bringing the society together and strengthening the secular fabric of our country by organizing an evening filled with auspicious hues for hostellers from BDS I-IV yr, Interns and PGs. There were Holi games for the students along with DJ dancing and traditional snacks.

During the games first prize was won by Team Okeson's Guardians. The event was coordinated by Hostel Welfare Committee: Dr.Aditi Singh , Dr.Sumit Joshi , Dr Chetna Joshi , Dr Anu Grover ,Mr.Rupak Juyal , Mr Rakesh Rayal, Ms.Roshni Pandey , Ms.Reena, Ms.Madhu , Mr Surender Kumar under

the able guidance of Dr.Amit Gupta Chairman SDCH, Dr.Himanshu Aeran Director Principal SDCH, Dr.Vivek Sang Executive Director SDCH. Wishing everyone a very Happy and Safe Holi



Wagh
SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

04.07.2023
Guru Purnima

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः।
गुरुः साक्षात् परं ब्रह्म तस्मै श्री गुरुवे नमः॥

Team National Medicos Organisation Seema Dental College & Hospital Rishikesh organised गुरु सम्मान समारोह on the occasion of Guru Purnima 2023.

Dr.Himanshu Aeran, Vice President NMO Uttarakhand & Patron NMO SDCH initiated the event by lightning the lamp of knowledge to express gratitude towards our ancient teachers & guru.

Dr.Amit Agarwal, President NMO SDCH, and Dr Jyotsna seth, Secretary NMO SDCH, took the blessings of their Guru Dr Himanshu Aeran sir, Director Principal, SDCH by honouring him with Tilak and floral bouquet.

Dr Kalpana Chaudhary Professor & Head Department of Paediatric Dentistry has told the importance of Guru Purnima,

“Guru” has been compared to Lord Brahma: The Creator, Lord Vishnu: The Organiser & Lord Shiva : The Destroyer, because he is the one who destroys the darkness and guides us towards the light of knowledge & wisdom.

Dr.Himanshu Aeran gave his blessings to all students & explained the role of Guru in shaping the youth and what is expected out of students in professional colleges if they are seeking to learn and grow.

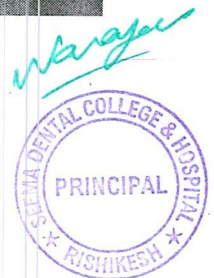
Dr Varun Kumar, Treasurer, NMO Uttarakhand, Dr Tarun Sharma, Vice President, NMO, SDCH,

Dr Anil Dhingra, Ex President, NMO SDCH, Dr Avnish Singh, IT Incharge, NMO SDCH,

Dr Geeta Arya, Treasurer, NMO SDCH grace the occasion with their presence with other faculty members.

Mr Shiva, Intern & Ms Nancy, BDS 2nd year student shared their views & experiences.

All PG & UG students took blessings from their teachers. Dr Jyotsna seth, Secretary NMO SDCH, was the Master of Ceremony .



21.07.2023
Harela Parv

"Live Green Love Green Be Green "

National Medicos Organisation,

Seema Dental College and Hospital, Rishikesh celebrated "Harela", an auspicious Hindu festival mainly celebrated in Uttarakhand and some parts of Himachal Pradesh.

It literally means "Day of Green" and symbolizes the welcome of the rainy season.

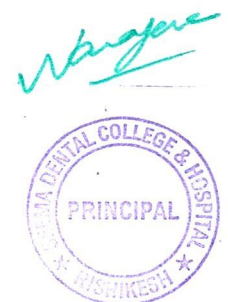
Dr. Himanshu Aeran, Vice President NMO Uttarakhand and Director Principal, SDCH planted a sapling with the motto of "वृक्ष लगाओ पृथ्वी बचाओ ", Plant Trees, Save Earth.

All the faculty and PG students of SDCH also planted saplings while acknowledging the importance of trees for a healthy and happy life.

Dr. Aeran emphasized the importance of trees and advised everyone to not only plant trees, but also to take care of the planted trees and also other plants around them.



Keep It Up...!!!



23.08.2023

Raksha Bandhan

National Medicos Organization Seema Dental College and Hospital Rishikesh organised a program to celebrate Raksha Bandhan- "The Bond of Trust & Responsibility" with Prajapita BrahmaKumaris Ishwariya Vishwavidyalaya, Rishikesh on 23rd August 2023 from 2-4 pm at Yamuna Hall, Lecture Hall -1.

The program began with Saraswati Vandana & Lamp lighting by Dr. Himanshu Aeran, Chief Guest, Vice-President NMO Uttarakhand, BK Aarti Ji Centre Incharge, Prajapita BrahmaKumari Ishwariya Vishwavidyalaya, Rishikesh, BK Nirmala Ji, BK Khushi ji, BK Rajiv ji and BK MS Rana ji.

Dr. Himanshu Aeran delivered the welcome address and he told that Raksha Bandhan is a pure bond of protection and trust between every individual.

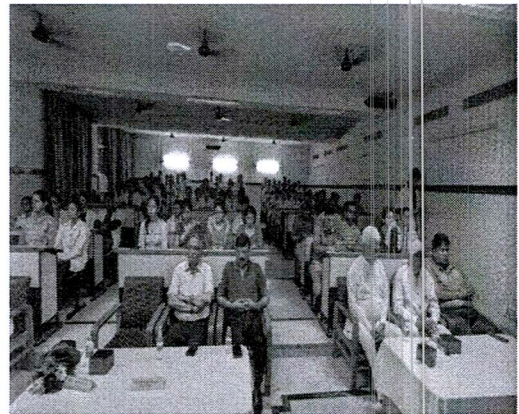
BK Aarti ji told that this festival of Raksha Bandhan is to make relationships stronger. She also talked about the importance of determination or Sankalp in our lives and also told how positive and pure thoughts affect us and the people around us.

BK Aarti ji tied Rakhi to all the faculty, staff and students along with distribution of prasad.

Dr. Himanshu Aeran, Director Principal SDCH appreciated BK Aarti ji & her team and felicitated them for organizing such event.

Dr. Jyotsna Seth, Professor Department of Prosthodontics was the master of ceremony and proposed vote of thanks.

It was well attended & appreciated event by around 120 faculty, interns and UG students.




Wangar
PRINCIPAL
SEEMA DENTAL COLLEGE & HOSPITAL
RISHIKESH

2021 – 2022

20.11.2021	Dhanteras
19.11.2021 – 25.11.2021	Communal Harmony Campaign week
07.02.2022	Basant Panchami
16.07.2022	Harela Parv
09.08.2022	Raksha Bandhan
15.08.2022	Independence Day

Ukrayan



PRINCIPAL

SHRI MA DENTAL COLLEGE & HOSPITAL
BISHIKESH

20.11.2021
Dhanteras

On the auspicious occasion of Dhanteras, which falls on the 13th Lunar Day of Krishna Paksha of Kartika maas, is an important festival in Hindu Households. It is the Birth anniversary of Lord Dhanvantari, the incarnation of Lord

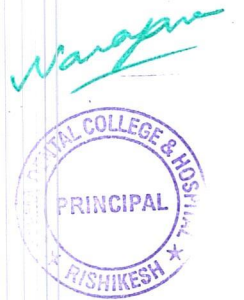
Vishnu, who is known as the Physician of Gods and also the God of Doctors & Ayurveda. On this day, during the Samudramanathan between the Devtas and Danavs he arose from the ocean of milk, with the nectar of immortality.. And for Good Health and Wellness he is remembered and worshiped on this day .. We Team NMO Seema Dental College and Hospital Rishikesh, did Dhanvantri Ji Poojan ..

Dr.Amit Gupta Patron NMO SDCH, Dr Himanshu Aeran, Vice President NMO Uttarakhand, Dr Amit Aggarwal, President NMO SDCH, Dr.Jyotsna Seth Secretary NMO SDCH, Dr.Varun Kumar Treasurer NMO Uttarakhand,

Dr.Yogeshwari Student Representative NMO Uttarakhand along with faculty members, staff, PG & UG students of Seema Dental College and Hospital Rishikesh were present for the Pooja, The program was moderated by Dr.Yogeshwari and began with ॐ and NMO Mantra and explained about the significance of this day after which

Dr.Himanshu Aeran told about the importance of Lord Dhanvantri Ji in medicine and why he is

Worshipped and why NMO celebrates this event, .All the faculty and Student members did the Pooja..Dr . Jyotsna Seth gave the vote of thanks . The program was concluded with Shanti Mantra ..



19.11.2021 - 25.11.2021
Communal Harmony Campaign Week

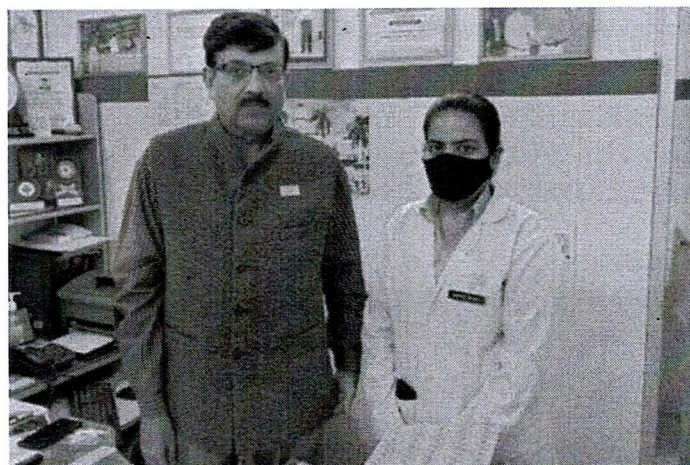
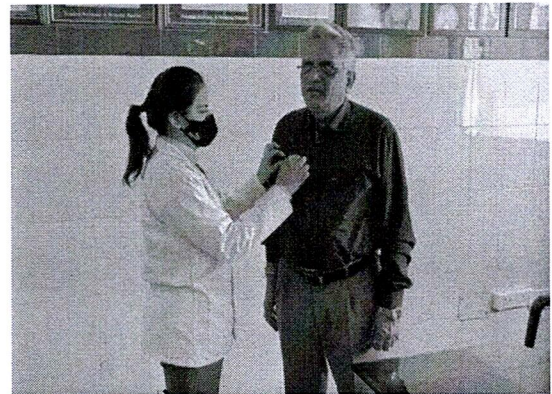
India: Unity in Diversity


Communal harmony means that people of different religions, castes, creeds, sex and different background live together in the society with love and peace amongst them. Communal harmony strives to create goodwill and harmony

among various communities. In this direction time to time the Government of India has taken some initiatives

to promote communal harmony amongst citizens of the country. The Government constituted National Foundation for Communal Harmony, under the Societies Registration Act, 1860 as an autonomous organisation for promoting and strengthening communal harmony, national integration as well as fostering unity through collaborative social action, awareness programmes, reaching out to the victims of communal violence, encouraging interfaith dialogue for India's shared security, peace and prosperity. Seema Dental College & Hospital, under guidance of Director Principal Dr Himanshu Aeran, celebrated a Communal Harmony Campaign Week from 19th -25th November, 2021, National Foundation for Communal Harmony, direction

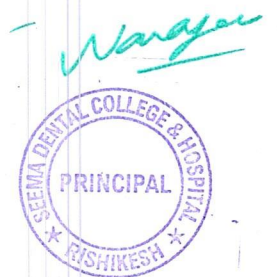
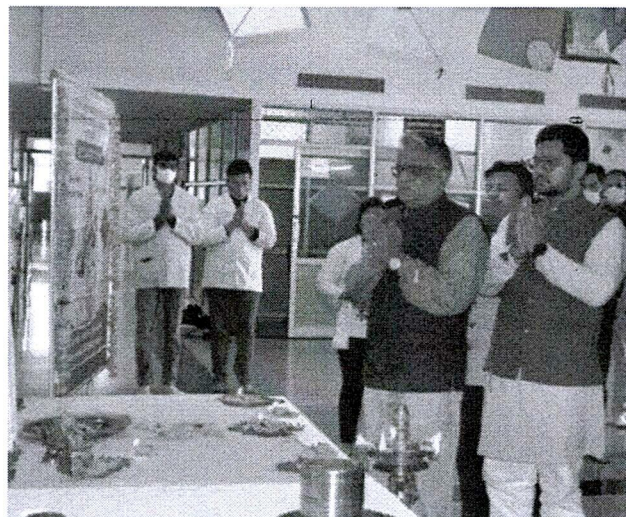
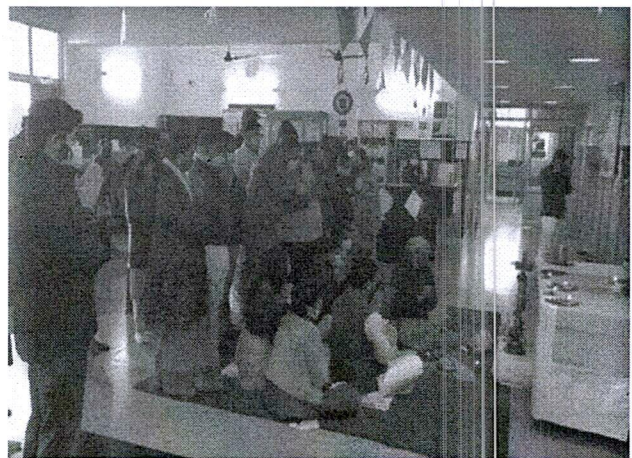
of the Ministry of Home Affairs, Govt. of India. Chairman Dr Amit Gupta, all the Faculty, staff members and students took personal interest to spread the message of peace, communal harmony and national integration and to help in fund raising for its grand success and to achieve the aims and objective of the foundation.



Narayan


07.02.2022
Basant Panchami

As the beautiful day of Basant Panchami arrives , we hope that it brings forth knowledge and happiness for you and your family's . On Basant Panchami 2022 , Team National Medicos Organisation Seema Dental College and Hospital Rishikesh organised Saraswati Pooja for the faculty , students and staff of our college in the morning .. the Pooja was commenced by Dr.Himanshu Aeran Sir , Director Principal SDCH Vice President NMO Uttarakhand and Patron NMO SDCH , along with our Guest Dr.Vinod Secretary NMO Uttarakhand, Dr.Varun Kumar Treasurer NMO Uttarakhand, Dr.Amit Aggarwal President NMO SDCH, Dr.Jyotsna Seth Secretary NMO SDCH , Dr. Prem Prakash Gupta Vice Principal SDCH and other head of departments who were later joined in by Faculty members, staff and UG , Intern and PG students while following the covid protocol .. To add to the joy of this beautiful festival at Noon , we even had a Kite Flying Competition which was relished by all and specially a few students who showed their skills till complete sunset .. The Entire Event was Organised by Dr.Yogeshwari State Student Representative NMO Uttarakhand and Joint Secretary NMO SDCH along with Dr.Pallabi Sarkar , Dr.Manas Aeran Members NMO SDCH .



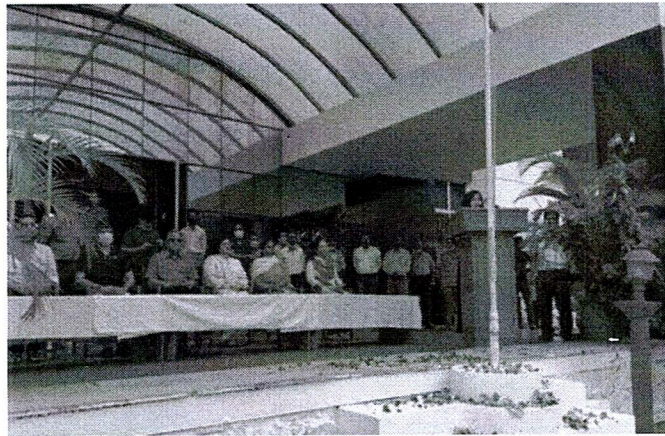
15.08.2022
Independence Day

"Nation First, Always First"

Seema Dental College & Hospital Rishikesh celebrated 76th Independence Day on completion of Azadi ka Amrit Mahotsav, 75 years of glorious journey of स्वतंत्र भारत. Dr Himanshu Aeran Director Principal along with faculty & staff members hoisted the national flag on this occasion. Students presented a cultural programme remembering all those who sacrificed their lives for our freedom and celebrating the glory of a



free India.

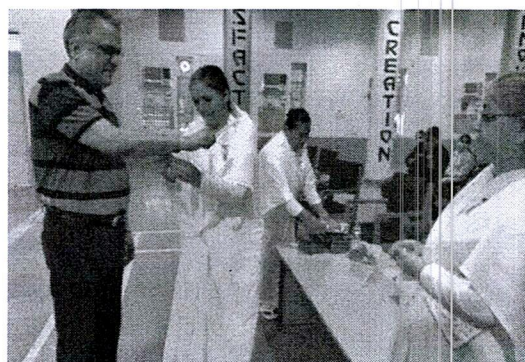
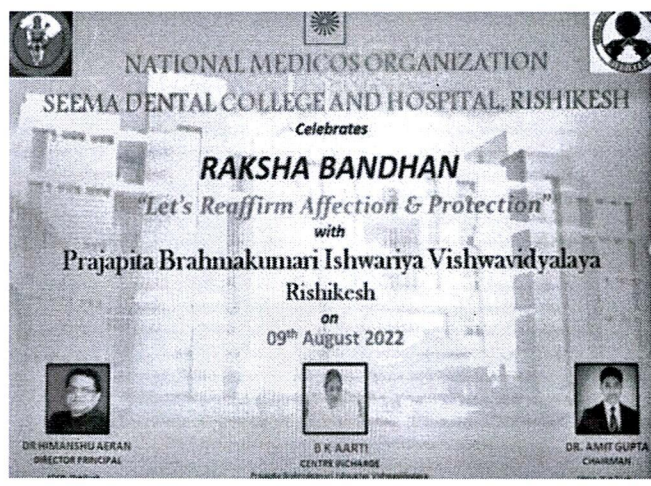


Naraina
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09.08.2022

Raksha Bandhan

National Medicos Organization Seema Dental College and Hospital Rishikesh celebrated Raksha Bandhan- "Let's Reaffirm Affection & Protection" with Prajapita BrahmaKumaris Ishwariya Vishwavidyalaya, Rishikesh on 9th August 2022 from 2-4pm at Ganga Auditorium SDCH, Rishikesh. The program began with Saraswati Vandana & Lamp lighting by Dr. Himanshu Aeran Vice President NMO Uttarakhand, Director Principal and Chief Coordinator, BK Aarti Ji Centre Incharge, Prajapita BrahmaKumari Ishwariya Vishwavidyalaya, Rishikesh, BK Nirmala Ji, BK Tulsa ji, BK Khushi ji, BK Rajiv ji and BK MS Rana ji Dr. Himanshu Aeran gave the welcome address and he told the literal meaning of Raksha Bandhan which is "bond of protection" and emphasized that this is not just brother sister bond but the bond of brotherhood for every individual B K Khushi ji shared her experiences about inculcation of Rajyoga and Meditation in daily life. BK Aarti ji told the importance of Raksha Bandhan in mythology and also told that this festival is to make relationships stronger with a bond of affinity and love. BK Aarti ji tied Rakhi to all the faculty, staff and students along with distribution of prasad. Dr. Himanshu Aeran appreciated the efforts of BK Aarti ji & her team and felicitated them for organizing such event. Dr. Amit Agarwal President NMO SDCH also graced the occasion. Dr. Jyotsna Seth Secretary NMO SDCH was master of ceremony and proposed vote of thanks. It was well attended & appreciated event by around 200 faculty, staff, interns and UG students.



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SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

2020 - 2021

16.02.2021	Basant Panchami
26.07.2021	Guru Purnima
	Communal harmony Campaign Week

Nayana

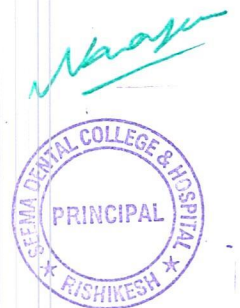
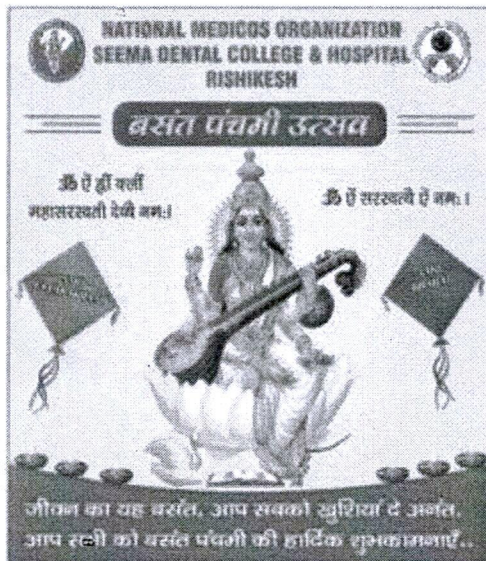


16.02.21

Basant Panchmi

माघ माह की शुक्ल पंचमी को बसंत पंचमी कहते हैं और इसी दिन से बसंत ऋतु की शुरुआत हो जाती है बसंत पंचमी को मां सरस्वती का दिन माना जाता है. इस दिन ज्ञान की देवी मां सरस्वती की विशेष पूजा अर्चना की जाती है बसंत पंचमी के अवसर पर Team National Medicos Organisation Seema Dental College and Hospital, Rishikesh ने सुबह: माँ सरस्वती पूजन एवं पुष्प अर्पण और शाम को पतंगबाजी प्रतियोगिता के कार्यक्रम का आयोजन किया

The program was initiated by Dr.Amit Gupta Chief Patron NMO SDCH & Dr Himanshu Aeran, Vice President NMO Utrakhand & Founder President & Patom NMO SDCH. Dr.Vijayendra Past President, NMO Bharat & Member N.M.C.and Dr.O P Mahajan Secretary NMO Uttarakhand graced the occasion. All Faculty & Staff Members along with PG & UG Students worshipped Maa Saraswati The program was coordinated by Dr Amit Aggarwal President,NMO SDCH. Dr. Amrinder Tuli and Dr.Awantika Tuli NMO members & Dr Jyotsna Seth, Secretary NMO SDCH and Dr.Yogeshwari Student Representative NMO Uttarakhand and Joint Secretary NMO SDCH under the Able guidance of Dr.Himanshu Aeran, Director Principal & Dr Prem Prakash Gupta Vice Principal. It was a great day for us, wishing you all a very happy Basant Panchami once again.

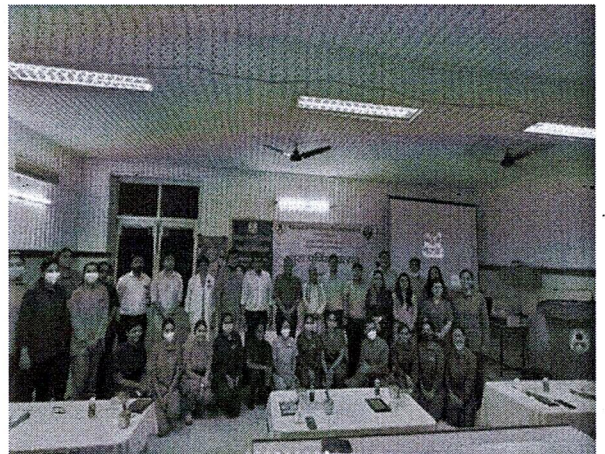


26.07.21
Guru Purnima

A Guru can inspire hope, ignite the imagination and instill a love of learning" National Medicos Organization Seema Dental College Hospital Rishikesh organized "Guru Purnima 2021" at SDCH Rishikesh. The program was initiated with Saraswati Vandana and Lightning of lamp by all dignitaries. Dr. Amit Agarwal, President NMO SDCH gave welcome address and thanked all dignitaries to present on this occasion. Dr. Vinod Secretary NMO Uttarakhand Guest of Honour appreciated the efforts of NMO SDCH team for always actively participating in all NMO activities under the able guidance of Dr. Aeran. Dr. Himanshu Aeran Vice President NMO Uttarakhand, Patron NMO SDCH &

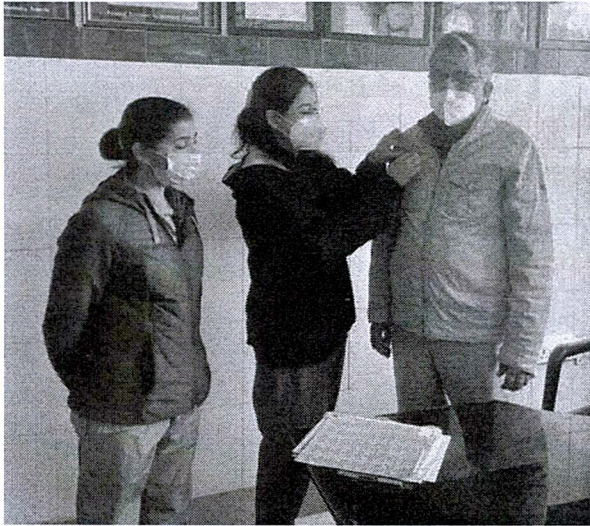
Guest of Honour gave his address and explained the importance of gurus in our life. He also told that various camps are being conducted by NMO SDCH team & team is working untiringly for the betterment of the society. Shri Dinesh Semwal Prant Kayawaha RSS Uttarakhand Chief Guest explained the importance of hindu Vedas and explained the role of gurus to make an individual a better person. He also appreciated the event and the activities done by Seema Dental College and Hospital for the masses each year. Dr. Jyotsna Seth Secretary NMO SDCH gave the vote of thanks

Dr. Yogeshwari State Student Representative NMO Uttarakhand, Joint Secretary NMO SDCH was the Master of Ceremony.. All gurus were felicitated on this occasion. Well attended & appreciated event by All faculty members & PG student members of NMO SDCH



N. Nagar
SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

COMMUNAL HARMONY CAMPAIGN WEEK



Principal

SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL

16.07.2022
Harela Parv

SEEMA DENTAL COLLEGE & HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

Date: 15.07.2022

SDCH/PO/2230/2022/5273

Circular

'HARELA PARV'

Harela quite literally means "Day of Green" which is celebrated in the month of Shravan to welcome the rainy season with prayers for prosperity.

National Medicos Organization Seema Dental College & Hospital would be celebrating Harela Parv by organizing Tree Plantation by the faculty, staff, PG & UG students and interns. So that we all can be bestowed by the blessings of Lord Shiva & Maa Parvati while we protect our environment & make it greener & healthier!

The details of the program are as follows.

Date & Day : 16.07.2022, Saturday
Time : 9:30 am
Venue : Lawn area on the backside of college building

Faculty Coordinators: Dr.Amit Aggarwal President NMO SDCH and Dr. Yogeshwari Joint Secretary NMO SDCH.

This Program is open to one and all!
Looking forward to pious celebration of the event!

Cc to: -

Broadcast-YES

File Header:- #40

All HODs for circulation to faculty & staff

HOD. Prosthodontics ✓

HOD.Oral Medicine & Oral Radiology ✓

HOD.Periodontics For HOD Sir ✓

HOD.Conservative & Endodontics ✓

HOD.Pedodontics For HOD ✓

HOD.Orthodontics ✓

HOD.Oral & Maxillofacial Surgery For HOD ✓

HOD Oral Pathology ✓

HOD. Public Health Dentistry ✓

HOD.Physiology For HOD ✓

HOD.Biochemistry ✓

Dr. Himanshu
Director Principal



For Information

Chairman

Executive Director ✓

Director

Vice Principal ✓

Public Relation Officer ✓

Administrative Office

Info. Tech

Accounts

Central Store ✓

Library ✓

Reception ✓

Electricity Dept.

Maintenance Dept. ✓



हरेला पर्व पर्यावरण संरक्षण, खुशहाली और समृद्धि का प्रतीक है। इस शुभ अवसर पर हम सब मिलकर अधिक से अधिक संख्या में वृक्षारोपण कर अपने भविष्य को सुरक्षित कर सकते हैं।

टीम नेशनल मेडिकोस ऑर्गनायज़ेशन सीमा डेंटल कॉलेज एंड हॉस्पिटल ऋषिकेश ने हरेला पर्व कैम्पस में वृक्षारोपण कर मनाया।

डॉ हिमांशु ऐरन, उपाध्यक्ष NMO उत्तराखंड ने विद्यार्थियों को वृक्षों के पालन-पोषण एवं रख रखाव की जिम्मेदारी दी।
डॉ अमित अध्यक्ष NMO SDCH, डॉ योगेश्वरी विद्यार्थी प्रमुख NMO उत्तराखंड, डॉ वरुण कोषाध्यक्ष NMO उत्तराखंड एवं सभी फ्रै कल्टी और स्टूडेंट मेम्बर्ज़ मौजूद रहे ! हरेला पर्व की आप सभी को हार्दि क शुभकामनाएं 🌱 🌿 पेड़ लगाओ, पृथ्वी बचाओ।




Naraina
NATIONAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

2019 – 2020

19 – 25.11.19	Communal harmony Campaign Week
05.07.2020	Guru Purnima
17.07.2020	Harela Parv

Wagner



SEETA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

SEEMA DENTAL COLLEGE & HOSPITAL
VEERBHADRA ROAD, RISHIKESH-249203

SDCH/PO/1539/2019/1562

November 05th, 2019

Notice

The college is observing a **Communal Harmony Campaign Week** from 19th -25th November, 2019 under National Foundation for Communal Harmony (An autonomous organization under the Ministry of Home Affairs, Govt. of India).

It is requested to all the staff and students to take personal interest to **spread the message of peace, communal harmony and national integration** and to help in fund raising for its grand success and to achieve the aims and objective of the foundation.

The following students are assigned to collect the funds and to spread the message of peace, communal harmony and national integration.

1. Ms. Swati Dumka *Swati*
2. Mr. Deepanshu Goel *Deepanshu*
3. Ms. Sanjana Bisht *Sanjana*
4. Mr. Siddhant Gupta *Siddhant*

Dr. Deepa Lakshmi, Sr. Lecturer, Dept. of Oral Pathology will co-ordinate the event. *Deepa*



Dr. Himanshu Aeran
Director Principal

Cc to: -

Broadcast-YES

File Header:- # *47*

All HOD's for circulation to faculty & staff

- HOD Prosthodontics *Swati*
- HOD.Oral Medicine & Oral Radiology *Swati*
- HOD.Periodontics & PHD *Swati*
- HOD.Conservative & Endodontics *Swati*
- HOD.Pedodontics *Swati*
- HOD.Orthodontics *Swati*
- HOD.Oral & Maxillofacial Surgery *Swati*
- HOD.Oral Pathology *Swati*
- HOD Anatomy *Swati*
- HOD.Physiology *Swati*
- HOD.Biochemistry *Swati*
- HOD.Pathology & Microbiology *Swati*
- HOD.Pharmacology *Swati*
- HOD.General Surgery *Swati*
- HOD.General Medicine *Swati*
- College Notice Board



For Information

Chairman *Swati*

Executive Director *Swati*

Director *Swati*

Vice Principal *Swati*

Public Relation Officer *Swati*

Administrative Office *Swati*

Info. Tech *Swati*

Accounts *Swati*

Central Store *Swati*

Library *Swati*

Reception *Swati*

Electricity Dept. *Swati*

Maintenance Dept. *Swati*

Sports Officer *Swati*

Gym Instructor *Swati*

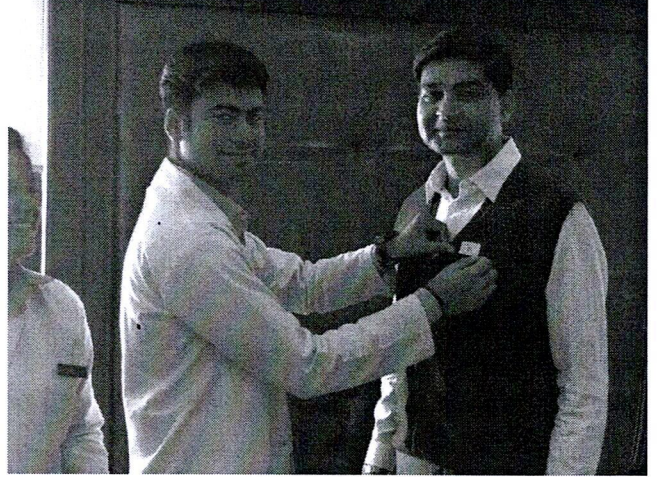
Chief Warden *Swati*

Security *Swati*

Horticulture Dept. *Swati*

Transport Dept. *Swati*

Housekeeping Dept. *Swati*



Wangne
SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL
RISHIKESH

05-07-2020
Guru Purnima

On the occasion of Guru Purnima National Medicos Organisation Celebrated "Guruparv" A National Level OnLine Program. National Medicos Organisation felicitated following faculty members from Seema Dental College & Hospital Rishikesh.

1. Prof Dr Himanshu Aeran

Director Principal

Professor & Head

Prosthodontics

2. Prof Dr Anil Dheengra

Professor & Head

Conservative Dentistry & Endodontics.

3. Prof r Varun Kumar

Professor Prosthodontics.

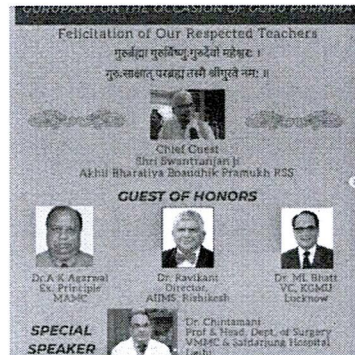
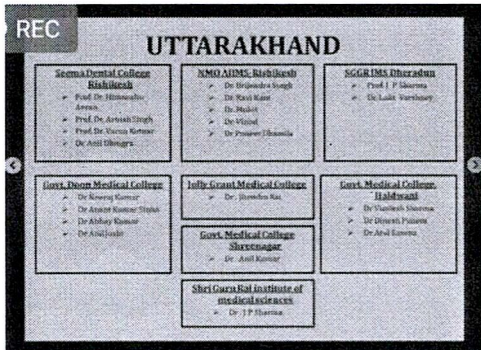
4. Prof Dr Avnish Singh.

Professor & Head

Public Health Dentistry

for their excellent services towards Medical Education & Social Work. Congratulations to All Seemaites.

Keep It Up..!!



Nayan
SEEMA DENTAL COLLEGE & HOSPITAL
PRINCIPAL

17-7-2020

Harela

"Live Green Love Green Be Green "

We do not inherit the Earth from our ancestors but we borrow it from our children.. so take care of it! An auspicious Hindu festival called "Harela" which quite literally means " Day of Green" is celebrated in the month of Shravan by the hindu calendar and it symbolizes the welcome of the rainy season. This festival is celebrated by people of the state of Uttarakhand & some parts of Himachal Pardesh with prayers for good harvest & prosperity. National Medicos Organisation, Seema Dental College and Hospital, Rishikesh also celebrated this day with great zeal.

Dr. Amit Gupta, Patorn NMO,SDCH & Dr. Himanshu Aeran, President NMO,SDCH started this auspicious day by

planting a sapling with the motto to:" Save the Environment". Dr. Aeran emphasized the importance of greenery during this time of crisis of COVID 19. He said that healthy surroundings & greenery provides natural defences against respiratory illnesses & airborne vectors. Dr Aeran further explained that such natural filters reduce exposure to various other viruses aswell. All the doctors of SDCH also planted saplings while acknowledging the importance of greenery for a healthy and happy life.



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PRINCIPAL
RISHIKESH