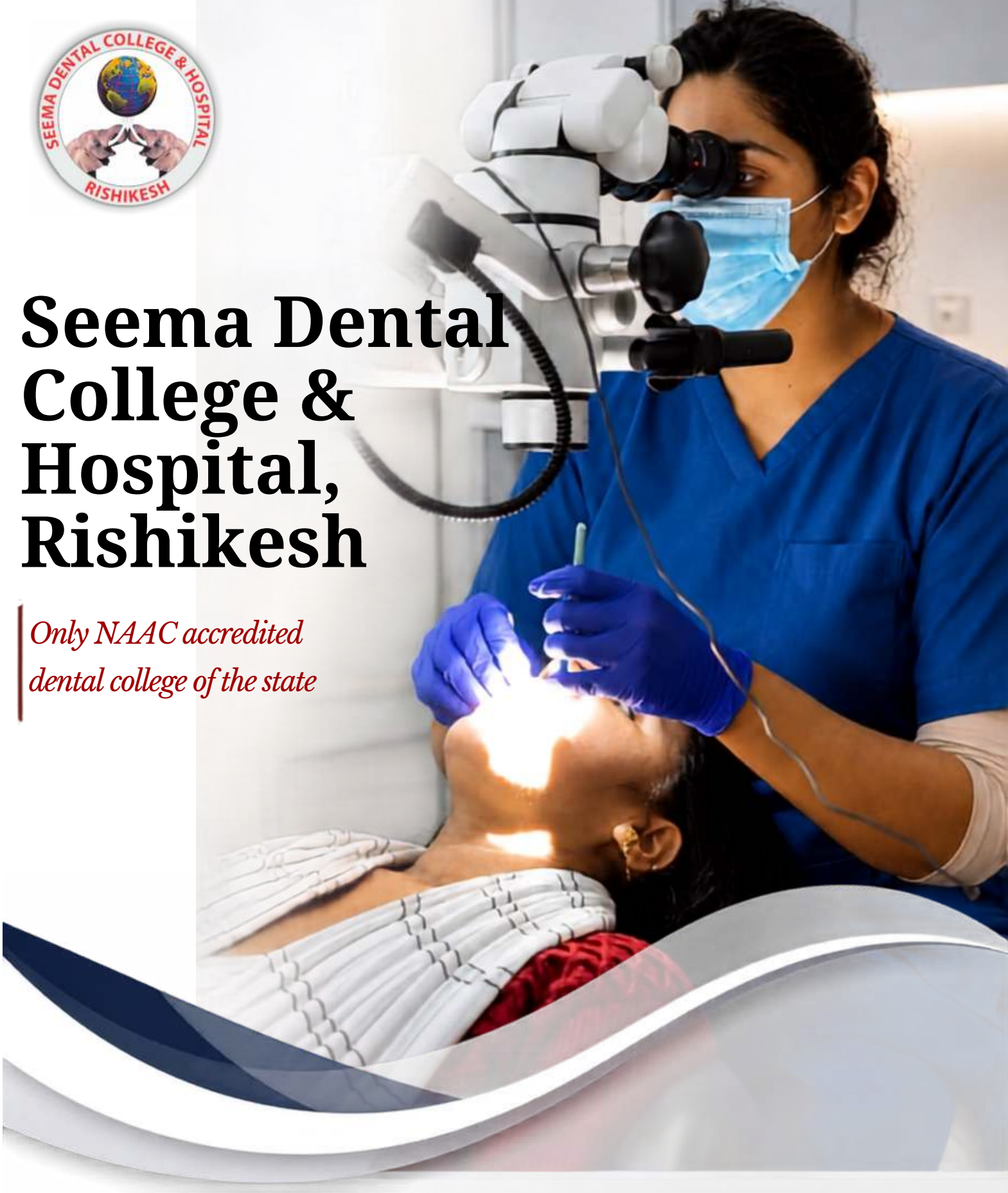


Seema Dental College & Hospital, Rishikesh

Only NAAC accredited dental college of the state

NEWSLETTER

ISSUE: May - Aug 2026

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- **INSIDE THIS ISSUE**

A glimpse into the academic achievements, enriching workshops, vibrant celebrations and milestones that shaped our campus.



Driving Environmental Awareness: NCAP Workshop at SDCH



दैनिक जागरण

पर्यावरण संरक्षण में युवा पीढ़ी की भूमिका अहम

सीमा डेंटल कालेज में आयोजित कार्यक्रम में महापौर शंभू पासवान का स्वागत करते संस्थान के चेयरमैन डा. अमित गुप्ता ● जागरण

जागरण संवाददाता, ऋषिकेश : सीमा डेंटल कालेज और हास्पिटल में राष्ट्रीय स्वच्छ वायु कार्यक्रम के तहत आयोजित कार्यशाला में पर्यावरण के लिए हानिकारक प्लास्टिक कचरे के दुष्प्रभाव बताए गए। कार्यक्रम में संस्थान के चेयरमैन डा. अमित गुप्ता ने कहा कि कार्यक्रम का उद्देश्य स्वच्छ वायु, पर्यावरण संरक्षण और जन स्वास्थ्य के प्रति जागरूकता को बढ़ाना है। महापौर शंभू पासवान ने कहा कि ऋषिकेश तीर्थाटन और पर्यटन की दृष्टि से बेहद अहम है। सबको मां गंगा की स्वच्छता का भी विशेष ध्यान रखना होगा। सहायक नगर आयुक्त चंद्रकांत भट्ट ने कहा कि समाज के प्रत्येक व्यक्ति को शहर को स्वच्छ रखने, पौधे लगाकर उनकी देखभाल करने के लिए आगे आना होगा। युवा पीढ़ी की इसमें खास तौर से अहम भूमिका है। कार्यक्रम का संचालन डा. ज्योत्सना सेठ ने किया। इस अवसर पर प्राचार्य डा. पी नारायण प्रसाद आदि मौजूद रहे।

Seema Dental College & Hospital successfully conducted a workshop under the aegis of the National Clean Air Program (NCAP) on May 7, 2026, aimed at raising awareness around pollution control and environmental protection.



हिन्दुस्तान

पर्यावरण संरक्षण के लिए जागरुकता जरूरी

संवाददाता



The proceedings were graced by Chief Guest **Shri Shambhu Paswan, Hon'ble Mayor of Rishikesh,** and Guest of Honor **Mr. Chandrakant Bhatt, Assistant Municipal Commissioner.** Guest speaker Mr. Prajjwal Sharma conducted an engaging session outlining the objectives of the NCAP and emphasizing the vital role academic institutions play in fostering environmental stewardship. The initiative renewed the campus community's pledge towards sustainable living and cleaner air.







From awareness to action.
Building a culture of sustainability.

Inspiring Nation Builders: SDCH at Yuva Agniveer Samvad 2026





Demonstrating its commitment to youth empowerment and community development, Seema Dental College & Hospital sent a delegation of over 40 NSS volunteers to the Yuva Agniveer Samvad 2026 at Kuanwala, Dehradun. Following a ceremonial send-off from the campus attended by the Principal, NSS Programme Officer, and the Department Heads, the volunteers joined youth from across the state to hear Chief Minister Shri Pushkar Singh Dhami Ji speak on governance, social reforms, and nation-building. The institution takes pride in supporting national initiatives that foster leadership and social responsibility among its students.



Empowering youth. Building leaders. Serving the nation together.

Amar Ujala's "Bhavishya Jyoti 2026" to Honour Local School Toppers

Seema Dental College & Hospital, Rishikesh, hosted the prestigious "Amar Ujala Kare Samman: Bhavishya Jyoti 2026" event, celebrating the academic achievements of local Class X and XII board exam toppers. The meritorious students were awarded medals and certificates in recognition of their dedication and outstanding performance.







Honoring today's achievers to inspire tomorrow's leaders







देहादून | बुधवार • 01.07.2026 04

अमर उजाला भविष्य ज्योति कार्यक्रम में अतिथियों के साथ मेधावी छात्र-छात्राएं। अमर उजाला भविष्य ज्योति कार्यक्रम में उपस्थित छात्र-छात्राएं और अभिभावक।

800 मेधावियों का हुआ सम्मान, खिले चेहरे

अमर उजाला भविष्य ज्योति कार्यक्रम में गूंजीं सफलता की तालियां, सीमा डेंटल कॉलेज में सजा मंच

संवाद न्यूज एजेंसी

ऋषिकेश। अमर उजाला भविष्य ज्योति कार्यक्रम में सम्मान पाकर तीर्थनगरी के मेधावी छात्र-छात्राओं के चेहरे खिल उठे। अतिथियों की ओर से मेधावियों को प्रमाणपत्र दिए गए और मेडल पहनाए गए।

मंगलवार को सीमा डेंटल कॉलेज और अस्पताल के सभागार में आयोजित अमर उजाला भविष्य ज्योति कार्यक्रम में मीमीरत्नें, आईसीएसई और उत्तराखंड बोर्ड के 70 फीसदी या उससे अधिक अंक प्राप्त करने वाले कक्षा 800 छात्र-छात्राओं को सम्मानित किया गया।

मुख्य अतिथि उत्तराखंड राज्य महिला आयोग की अध्यक्ष कुसुम कंडवाल ने कहा कि मेधावी विद्यार्थियों का सम्मान केवल उनकी सफलता का उत्सव नहीं, बल्कि पूरे समाज के लिए प्रेरणा का अवसर है। उन्होंने कहा कि मेहनत, अनुशासन और सकारात्मक सोच के बल पर विद्यार्थी जीवन में किसी भी लक्ष्य को प्राप्त कर सकते हैं।

उन्होंने छात्राओं से आत्मनिर्भर बनने, शिक्षा को अपनी सबसे बड़ी ताकत मानने और समाज में सकारात्मक बदलाव लाने में सक्रिय भूमिका निभाने का आह्वान किया।

उन्होंने अभिभावकों और शिक्षकों की भूमिका की सराहना करते हुए कहा कि बच्चों की सफलता के पीछे परिवार और गुरुजनों का महत्वपूर्ण योगदान होता है। ऐसे सम्मान समारोह विद्यार्थियों का भविष्य में और बेहतर प्रदर्शन के लिए प्रेरित करते हैं।

मुख्य वक्ता अमर सविन माध्यमिक शिक्षा नवमि संस्था (आईएस) ने कहा कि शिक्षा केवल अच्छे अंक प्राप्त करने तक सीमित नहीं है, बल्कि इसका उद्देश्य विकास करना है। उन्होंने कहा कि आज के प्रतिस्पर्धी दौर में विद्यार्थियों को तकनीकी ज्ञान, नवाचार, रचनात्मक सोच और नैतिक मूल्यों को भी समान महत्व देना चाहिए।

उन्होंने मेधावी छात्र-छात्राओं को विद्यार्थियों के आत्मविश्वास को बढ़ाने

ओलंपियाड के विजेताओं को भी किया सम्मानित

कार्यक्रम में अमर उजाला के नेशनल ओलंपियाड के जिला स्तर के विजेताओं को भी पुरस्कृत किया गया। इन्हें अतिथियों ने प्रशस्ति पत्र और मेडल देकर सम्मानित किया गया। ओलंपियाड की परीक्षा अमर उजाला की ओर आयोजित कराई गई थी।

ये रहे हमारे सहयोगी :

स्वामी पूर्णानंद डिग्री कॉलेज, जय गंगा डिग्री ऑनेकेज, कोटा कन्यापय ऑनेकेज, टीएचडीसी ऑनेकेज, स्वामी विवेकानंद पब्लिक स्कूल, वसर पब्लिका परिवार मुनि की रेती।

विभिन्न संस्थानों ने दी मेधावी छात्रों को छूट

सीमा डेंटल कॉलेज प्रशासन ने मेधावी छात्रों को शुल्क में 20 फीसदी छूट का ऑफर दिया। इसके अलावा पूर्वांचल डिग्री कॉलेज ने विभिन्न पाठ्यक्रमों में प्रवेश लेने पर 15 से 10 फीसदी छूट का ऑफर दिया।

छूटे बच्चे अमर उजाला कार्यालय से प्राप्त करें मेडल

किसी कारणवश भविष्य ज्योति कार्यक्रम में आने से छूट गए बच्चे देहरादून रोड स्थित कार्यालय से मुफ्त टच करके वे साथ फोन करें तथा अपने सेंटर और प्रमाण पत्र ले सकते हैं, लेकिन पुरस्कार उन्हीं बच्चों को दिया जाएगा, जिन्होंने क्वालिफाई कोड या अपना पंजीकरण कराया होगा। पुरस्कार के लिए अंकतालिका की फोटो कॉपी साथ लाएं।

कि यह सम्मान उनकी मेहनत और लगन का परिणाम है, लेकिन यह उनकी नई जिम्मेदारियों की भी शुरुआत है। उन्होंने कहा कि असफलताओं से घबराने के बजाय उनसे सीख लेकर आगे बढ़ने वाले विद्यार्थी ही भविष्य में बड़ी उपलब्धियां हासिल करते हैं।

उन्होंने अभिभावकों और शिक्षकों से बच्चों की प्रतिभा को पहचानकर उन्हें सकारात्मक वातावरण उपलब्ध कराने की अपील की। उन्होंने कहा कि अमर उजाला का भविष्य ज्योति जैसे सम्मान समारोह विद्यार्थियों के आत्मविश्वास को बढ़ाने



The ceremony was graced by distinguished guests, including Chief Guest **Smt. Kusum Kandwal (**Chairperson, Uttarakhand State Commission for Women), **Ms. Namami Bansal,** IAS (Additional Secretary, Secondary Education)**, Shri Avinash Jha,** IRS (Assistant Commissioner, CST)**,** and **Shri Pradeep Rauthan** (Technical , ARTO Rishikesh). Addressing the gathering, the dignitaries encouraged students to maintain their drive for academic excellence and ethical leadership.

By hosting this initiative alongside Amar Ujala, SDCH reaffirmed its role as a regional hub for educational mentorship and community development.

Global Footprint: SDCH Partners with Tambov State University, Russia



Marking a major milestone in global academic exposure, Seema Dental College & Hospital signed an international collaboration agreement with Tambov State University, Russia, during the Indo-Russian Education Summit 2026.

This partnership opens new avenues for collaborative research, faculty and student exchange programmes, and joint technological innovation.

Representing the institution, Director Dr. Aniruddh Singh formalized the partnership, marking a significant step toward strengthening academic ties and fostering innovation between the two institutions.

This landmark agreement reinforces SDCH's vision of nurturing globally connected healthcare professionals and extending its academic footprint beyond national borders.



सीमा डेंटल कॉलेज रूस की यूनिवर्सिटी से जुड़ा

ऋषिकेश, संवाददाता। सीमा डेंटल कॉलेज एवं हॉस्पिटल ने रूस की प्रतिष्ठित टैम्बोव स्टेट यूनिवर्सिटी नामित जीआर देरझाविन के साथ एक करार किया है। जिसमें दोनो संस्थान एक दूसरे का शैक्षणिक, अनुसंधान एवं वैज्ञानिक सहयोग करेंगे।

सीमा डेंटल कॉलेज एवं हॉस्पिटल के चेयरमैन डॉ. अमित गुप्ता ने बताया कि बीते रोज इंडो-रशियन एजुकेशन समिट 2026 के दौरान दोनो संस्थानों के बीच अंतरराष्ट्रीय शैक्षणिक सहयोग समझौता हुआ। जिसमें सीमा डेंटल कॉलेज एवं हॉस्पिटल के निदेशक डॉ. अनिरुद्धसिंह और टैम्बोवस्टेट यूनिवर्सिटी के रेक्टर डॉ. पावेल मोइसेव ने समझौते पर हस्ताक्षर किए। यह समझौता उच्च शिक्षा, अनुसंधान, संकाय विकास, छात्र सहभागिता, अकादमिक आदान-प्रदान तथा संयुक्त शैक्षणिक कार्यक्रमों के क्षेत्र में दीर्घकालिक सहयोग का आधार प्रदान करेगा।

उन्होंने कहा कि संस्थान शैक्षणिक एवं वैज्ञानिक सहयोग, संयुक्त अनुसंधान परियोजनाएं एवं शोध प्रकाशन, छात्र एवं संकाय विनिमय कार्यक्रम, अंतरराष्ट्रीय सम्मेलन, संगोष्ठियाँ एवं कार्यशालाएं, व्यावसायिक विकास एवं क्षमता निर्माण कार्यक्रम, स्वास्थ्य शिक्षा एवं अंतर्विषयक शैक्षणिक पहल, सांस्कृतिक एवं शैक्षणिक आदान-प्रदान गतिविधियां आदि में सहयोग करेगा।

सीमा डेंटल कॉलेज एवं हॉस्पिटल के प्राचार्य डॉ. नारायण प्रसाद ने इस उपलब्धि पर प्रसन्नता व्यक्त करते हुए कहा कि यह सहयोग संस्थान को अंतरराष्ट्रीय स्तर पर नई पहचान प्रदान करेगा तथा विद्यार्थियों, शिक्षकों एवं शोधकर्ताओं के लिए वैश्विक अवसरों के नए द्वार खोलेगा।

इंडो-रशियन एजुकेशन समिट 2026 के दौरान समझौता पत्र दिखाते सीमा डेंटल कॉलेज एवं हॉस्पिटल ने रूस की प्रतिष्ठित टैम्बोव स्टेट यूनिवर्सिटी के पदाधिकारी।

Collaboration knows no borders.
Together, we create possibilities, innovate, and transform the future

Outreach Programme

We, at Seema Dental College conducted 414 outreach camps across various locations, promoting oral health awareness and providing accessible dental care services to 19,221 patients.

OUT OF THE 414 CAMPS





395
SATELLITE CAMPS

14
SPECIAL CAMPS



5
SCHOOL CAMPS







Honouring dedication. Celebrating excellence. Inspiring generations of healers and leaders.

VOCO-Partnered CDE Program on Advanced Restorative Techniques



Seema Dental College & Hospital, Rishikesh, in collaboration with VOCO India, successfully conducted a Continuing Dental Education (CDE) program titled **"Smarter Everyday Practice: From Preventive Dentistry to Class II Management."**



The session featured Dr. Soma Nagarajan, Clinical Educator & Product Specialist at VOCO India, as the guest speaker. Dr. Nagarajan delivered a comprehensive lecture covering key topics in preventive dentistry, advanced restorative strategies, deep marginal elevation (DME), and efficient clinical workflows. The session was paired with an interactive, hands-on workshop, enabling attendees to gain practical experience with contemporary techniques and materials under expert supervision. The CDE initiative highlighted SDCH's commitment to advancing clinical skills through ongoing professional education.



Three Days of Advancing Orthodontic Research & Evidence-Based Practice





The Institutional Research Cell, Seema Dental College & Hospital, successfully organised a three-day workshop on "Evidence Synthesis in Orthodontics", led by distinguished resource persons Dr. O.P. Kharbanda and Dr. Denny John.

The workshop focused on key aspects of evidence synthesis, systematic reviews, research methodology, literature search strategies, and critical appraisal of scientific evidence, with particular relevance to orthodontic research and evidence-based practice.

Through interactive discussions, practical exercises, and engaging academic sessions, faculty members, researchers, and students gained valuable insights into developing robust research questions, evaluating scientific literature, and undertaking high-quality evidence synthesis.

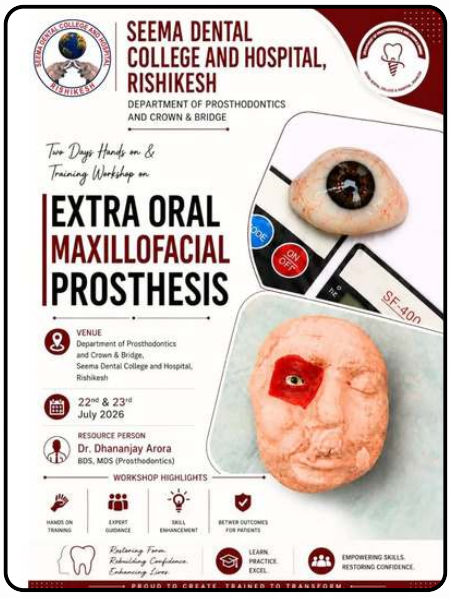
The workshop served as a valuable platform for strengthening research skills and promoting a culture of evidence-based learning and scholarly inquiry in orthodontics. The institution extends its sincere appreciation to Dr. O.P. Kharbanda and Dr. Denny John for their expertise, guidance, and mentorship.



Guiding minds. Shaping futures.
Inspiring excellence in dentistry.

Advancing Clinical Expertise: Maxillofacial Prosthesis Workshop







To enhance practical competencies in advanced prosthetic techniques, the Department of Prosthodontics at Seema Dental College & Hospital, organized a specialized two-day workshop on Maxillofacial Prosthesis.

Led by eminent guest speaker Dr. Dhananjay Arora, the interactive sessions delivered a balanced blend of fundamental theoretical insights and hands-on clinical instruction to postgraduate trainees. By bridging foundational concepts with practical execution, the workshop reinforced the department's ongoing dedication to modernizing its academic curriculum and equipping future specialists with contemporary, evidence-based procedures.





Unlocking Grants
Research Funding CDE Program at SDCH





The Institutional Research Cell at Seema Dental College & Hospital successfully conducted a Continuing Dental Education (CDE) program titled "**Understanding Research Funding – The Basics.**"

The session featured **Dr. Monis Raza, Associate Professor of Orthodontics, as the guest speaker.** Dr. Raza provided faculty members and postgraduate students with a practical roadmap for navigating research grants, identifying funding opportunities, and structuring competitive proposals. The lecture underscored how securing financial backing is critical for advancing evidence-based dentistry, fostering interdisciplinary collaboration, and converting academic research into practical clinical outcomes. The event saw strong engagement from participants, furthering SDCH's mission to cultivate a robust research culture.



Investment in research today, transforms healthcare tomorrow.

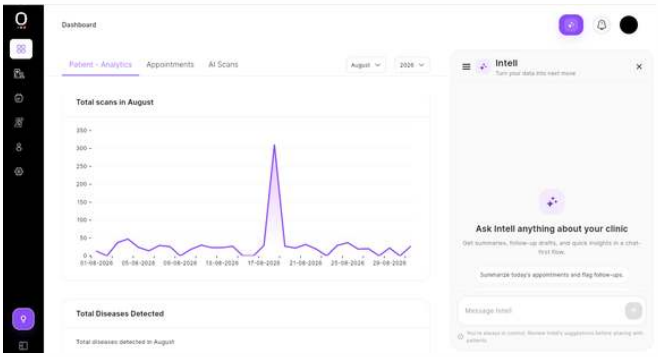
SCAN-O AI CLINICAL APPLICATION UPDATE SESSION



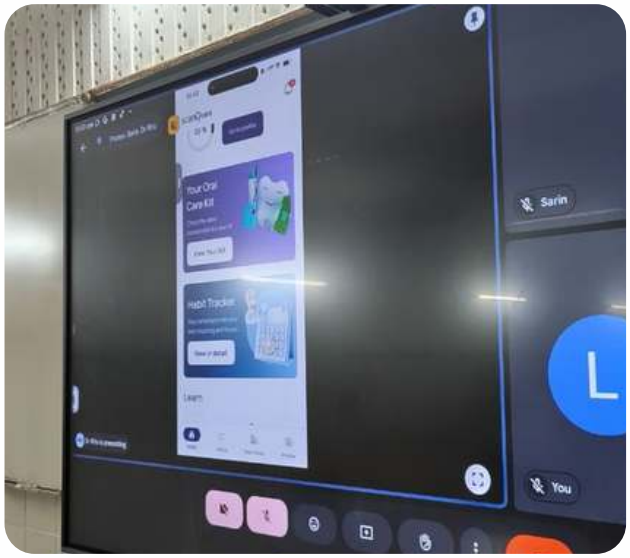
20 August 2026

Seema Dental College & Hospital, Rishikesh

Seema Dental College & Hospital, Rishikesh organized a ScanO AI Clinical Application Update Session on 20 August 2026. The academic session was conducted to familiarize BDS interns, tutors, and faculty members with the latest updates and newly introduced features of the **ScanO AI clinical application**, with an emphasis on its effective utilization in academic and clinical practice.



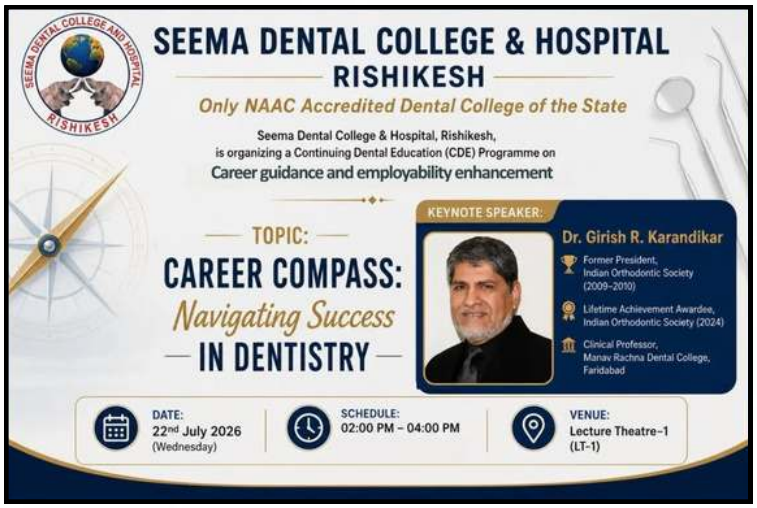
The interactive session provided participants with an overview of the updated application and its clinical utility, enabling them to better understand and incorporate **AI-supported tools into their routine academic and clinical workflows.**



The session was conducted by **Dr. P. Narayana Prasad**, Principal, Seema Dental College & Hospital, and coordinated by **Dr. Deepshikha Singh,** Reader, Department of Pediatric & Preventive Dentistry. The programme served as a valuable academic initiative towards promoting technology-enabled learning and the integration of artificial intelligence into contemporary dental education and clinical practice.

Advancing dentistry with AI. Learning today, leading tomorrow.

Placement Cell Hosts Guest Lecture on Career Guidance in Dentistry









As a part of its ongoing professional development initiatives, the Placement Cell at Seema Dental College & Hospital organized a special Career Compass interactive session led by eminent orthodontic specialist Dr. Girish R. Karandikar.

Bringing four decades of expertise in clinical dentistry and institutional leadership, Dr. Karandikar interacted with students on the essential attributes required to build a sustainable and impactful career in healthcare. Dr. Karandikar guided students on defining career success, leadership, and professional purpose in dentistry. The interactive event offered students invaluable foresight into navigating their future healthcare careers.

Guiding minds. Shaping futures.
Inspiring excellence in dentistry.

Prioritizing Patient Care: IQAC Session on Healthcare Quality





To promote best clinical practices and patient-centered care, the Internal Quality Assurance Cell (IQAC) at Seema Dental College & Hospital conducted a special lecture on Healthcare Quality & Patient Safety.

The program featured guest speakers Ms. Vandana, NABH Assessor at AIIMS Rishikesh, and distinguished SDCH alumna Dr. Lubna (Batch of 2010). The speakers highlighted that healthcare quality extends beyond administrative compliance, serving as a core commitment to safe, ethical, and compassionate patient care.

Returning to her alma mater, Dr. Lubna shared her professional journey and practical insights, inspiring current students to embed high standards of patient safety into their daily clinical training. SDCH extends its gratitude to the speakers for reinforcing the ethical responsibilities of future healthcare leaders.







Quality is never an accident;
it is always the result of intelligent effort.

World Anti-Drug Day under Nasha Mukt Bharat Abhiyaan





In observance of World Anti-Drug Day, Seema Dental College & Hospital organized an Anti-Drug Awareness lecture aligned with the national Nasha Mukt Bharat Abhiyaan initiative.

The program focused on educating students, faculty, and staff on the physical, psychological, and social impacts of substance abuse. Speakers emphasized early intervention, healthy lifestyle choices, and the crucial role academic institutions play in fostering drug-free communities.

Through this initiative, SDCH reaffirmed its commitment to promoting public health awareness and supporting the vision of a drug-free India.

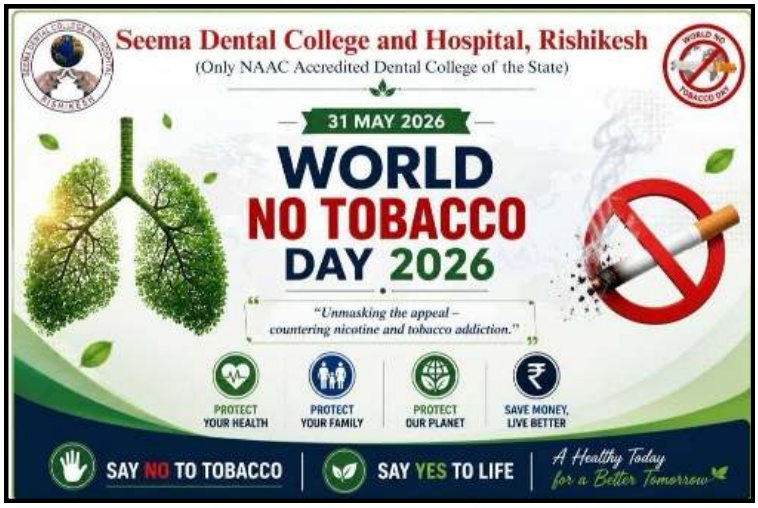






A healthy choice today builds a stronger, brighter tomorrow.
Let's choose a drug free life.

Say NO to Tobacco: SDCH Drives Community Awareness for World No Tobacco Day







From May 20 to June 5, 2026, Seema Dental College & Hospital organized a multi-pronged anti-tobacco drive across Rishikesh aligned with the theme "Unmasking the Appeal: Countering Nicotine and Tobacco Addiction."

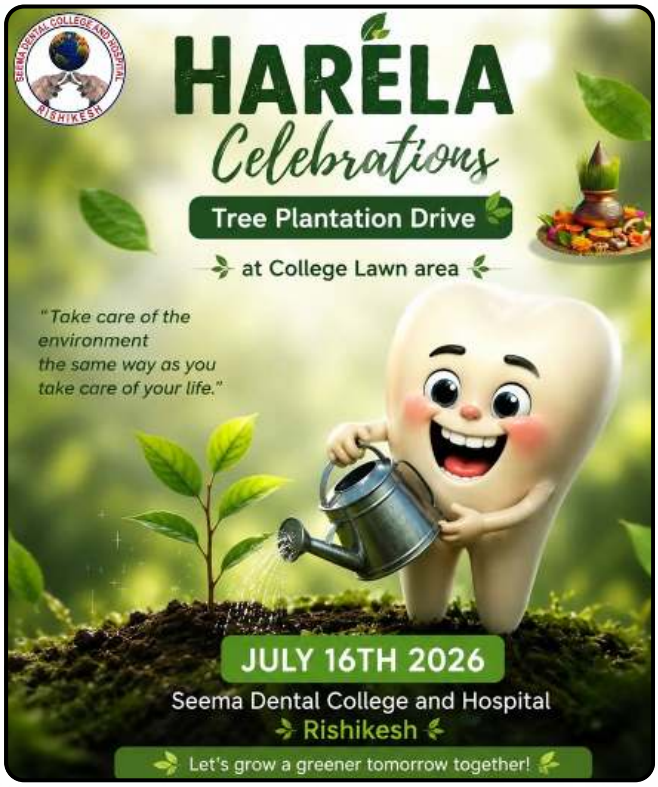
SDCH interns, students, and faculty reached out to commuters and local vendors via street plays and counselling sessions at the Nasha Mukti Kendra. Additionally, local school students visited the campus Tobacco Cessation Centre to learn about the hazards of nicotine abuse early in life. The fortnight-long initiative reinforced SDCH's mission to champion public health and eradicate tobacco addiction.





A smoke-free today ensures a healthier tomorrow for all.

Harela Parv at SDCH
Planting Trees for a Greener Tomorrow



Seema Dental College & Hospital celebrated Harela Parv, the traditional festival of Uttarakhand that honours the sacred bond between humanity and nature. Aligned with the spirit of the festival, the institution organized a campus-wide tree plantation drive aimed at enhancing green cover and encouraging environmental sustainability.



Faculty members, students, administrative staff, and non-teaching personnel came together to plant saplings across the college grounds. The initiative served as a strong reminder of the collective duty to protect our ecosystems and combat climate change.



By integrating cultural traditions with ecological initiatives, SDCH reinforces its dual commitment to environmental stewardship and academic distinction.

Rooted in tradition. Committed to the future.

Independence Day

Honouring Freedom & Unity at SDCH



Honouring the spirit of freedom and unity that defines our nation.
On the occasion of Independence Day, the NSS unit at Seema Dental College & Hospital, Rishikesh, organised a successful Tiranga Awareness Rally under the Har Ghar Tiranga Campaign 2026. The active participation of our faculty, staff, and students reflected our shared pride and commitment to national unity.

Together, we remain dedicated to shaping a brighter future for India through education, service, and excellence.

HAPPY INDEPENDENCE DAY!







Freedom is not just a right,
it is our responsibility to build a better tomorrow.

International Yoga Day Workshop on Healthy Ageing





Observing International Yoga Day 2026, Seema Dental College & Hospital conducted an academic and practical workshop titled "Healthy Ageing."

Guest instructor Dr. (Ms.) Soneji Radha Tulsidas Asha delivered a comprehensive session on the preventive and therapeutic benefits of yoga in promoting longevity, mobility, and stress management. The event saw widespread attendance across all academic tiers, including undergraduate and postgraduate students, interns, and faculty. Dr. Asha delivered her valuable guidance in promoting wellness across the campus community.



Rooted in tradition. Committed to the future.

A Chapter Closes... A Career Begins!

Celebrating the MDS Batch of 2023



Seema Dental College & Hospital organised an official farewell ceremony to commemorate the successful completion of the MDS program for the 2023 graduating cohort.





The proceedings recognized the academic accomplishments, research contributions, and advanced clinical training completed by the postgraduate students over their three years at the institution.

The management and faculty commend the graduating specialists for upholding high standards of healthcare delivery and extend their best wishes for their future professional endeavours.

Key Takeaways

- Recognizing academic excellence and clinical expertise developed over three years.
- Acknowledging research contributions and commitment to advancing dental science.
- Appreciating dedication to patient care and professional ethics.
- Wishing the graduating batch success in their future endeavours and beyond.

> ***Every ending is a new beginning.***
> ***Wishing our graduates success at every step ahead.***

Making SDCH Proud: Appointment at AIIMS Kalyani



Seema Dental College & Hospital extends its heartiest congratulations to alumna Dr. Sushma Darnal on her appointment as Senior Resident in Oral Medicine & Radiology at AIIMS, Kalyani, West Bengal.

Dr. Darnal completed her BDS in 2021 and her MDS in Oral Medicine & Radiology in 2025 at SDCH. Her selection at a premier national institute highlights the caliber of training and academic preparation fostered at SDCH.

Honouring dedication. Celebrating excellence. Inspiring generations of healers and leaders.

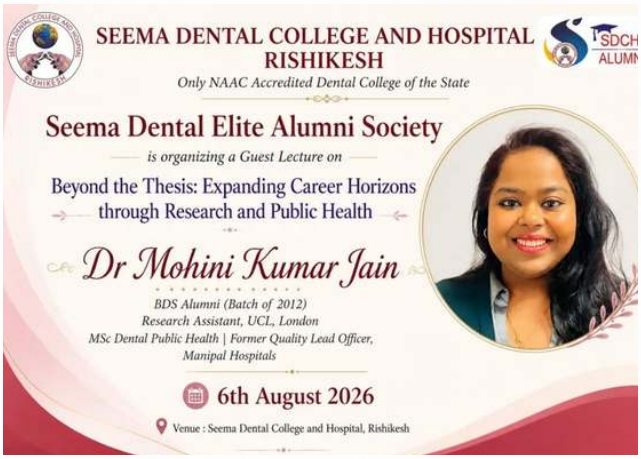
From Seema to UCL
An Inspiring Journey

From walking the corridors of Seema as a student to making her mark as a researcher and public health professional, Dr. Mohini Kumari Jain, alumnus of the BDS Batch 2012, returned to inspire the next generation.

In her interactive session, "From Seema to UCL," Dr. Jain shared insights into her postgraduate journey across clinical practice, research, and public health. She encouraged students to embrace opportunities, stay curious, and work to explore their path with academics, global health, and collaborative research.

Her journey is a testament to the possibilities that emerge when knowledge is paired with curiosity, dedication, and purpose.

Dream once. Believe you can do them. Inspire us to dream
Once a Seemaite, always a Seemaite.









KEY TAKEAWAYS

- Excel in clinical practice while nurturing a research mindset.
- Explore global opportunities in academics and public health.
- Make research a lifelong journey of learning and impact.
- Collaborate, innovate and contribute to a healthier world.

Your journey is proof that dreams rooted in hard work and purpose can truly make a difference.

Thank you for visiting back and inspiring us all!

> ***The roots may be in Seema,***
> ***but the journey knows no limits.***

Department of Pediatric & Preventive Dentistry Shines at International Forums

The Department of Pediatric & Preventive Dentistry at Seema Dental College & Hospital continues to make its mark on the global stage, earning prestigious accolades and invitations at renowned international conferences.



Department Head
Prof. (Dr.) Kalpna Chaudhry received a Certificate of Felicitation at the 4th International Conference on Pediatrics and Child Healthcare 2026 in Kuala Lumpur, Malaysia, for her research on oral healthcare for children with special needs.

She was also invited as a Keynote Speaker at DENTAL 2026 to present a lecture on "Emerging technologies in Pediatric Dentistry.

Continuing a Legacy of Excellence

Postgraduate scholars from the department secured honors for their scientific work:

- **Dr. Chandni Dhyani & Dr. Yoshita Gupta**
  Best Thesis Awards
- **Dr. Leina Raj Pradhan**
  Best Oral Presentation Award
- **Dr. Nancy Saini**
  Best Poster Presentation Award

These global recognitions highlight SDCH's unwavering commitment to cutting-edge research, mentorship, and compassionate pediatric dental care.









Proud of our achievers.
Inspired to do more. Building a brighter, healthier future for children – together.

Faculty Excellence: Doctor of the Year Award 2026

डॉ. ज्योत्सना को सर्वश्रेष्ठ चिकित्सक पुरस्कार



सुबोध उनियाल के हाथों पुरस्कार ग्रहण करतीं डॉ. सेठ। स्रोत : जागरूक पाठक

ऋषिकेश। सीमा डेंटल कॉलेज एवं हॉस्पिटल के प्रोस्थोडॉन्टिक्स विभाग की प्रोफेसर डॉ. ज्योत्सना सेठ को राष्ट्रीय चिकित्सक दिवस पर पांचवा डॉक्टर्स ऑफ ईयर पुरस्कार 2026 से सम्मानित किया गया है। दून मेडिकल कॉलेज में आयोजित कार्यक्रम में यह सम्मान उन्हें उत्तराखंड के स्वास्थ्य मंत्री सुबोध उनियाल ने प्रदान किया। डॉ. सेठ को यह पुरस्कार दंत चिकित्सा शिक्षा, शोध, जनस्वास्थ्य, उत्कृष्ट रोगी सेवा और सामाजिक योगदान के क्षेत्र में उनके उल्लेखनीय कार्य के लिए दिया गया। इस अवसर पर सीमा डेंटल कॉलेज एवं हॉस्पिटल के संस्थापक डॉ. आरके गुप्ता ने उन्हें बधाई दी। कॉलेज के अध्यक्ष डॉ. अमित गुप्ता ने भी डॉ. सेठ को शुभकामनाएं दीं। उन्होंने इस सम्मान को संस्थान और उत्तराखंड के लिए एक गौरवपूर्ण उपलब्धि



Seema Dental College & Hospital proudly celebrates Dr. Jyotsna Seth, Professor in the Department of Prosthodontics, on being conferred the prestigious 5th Doctor of the Year Award – 2026 on the occasion of National Doctors' Day.

The award was presented by the Hon'ble Health Minister of Uttarakhand, Shri Subodh Uniyal, at a grand ceremony organized jointly by Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Government Doon Medical College, the National Health Mission, and Divya Himgiri.

This distinguished recognition highlights Dr. Seth's outstanding contributions to dental education, patient care, and clinical research. The SDCH family extends its heartfelt congratulations to Dr. Seth on bringing immense pride to the institution and the healthcare fraternity of Uttarakhand.

Honouring dedication. Celebrating excellence. Inspiring generations of healers and leaders.

Excellence in Research: Best Research Paper Award



Seema Dental College & Hospital Secures Top Honour in Research Presentation

Seema Dental College & Hospital proudly congratulates Dr. Jyotsna Seth, Professor & Author, and Dr. Anirudh G. Pratap Singh, Co-Author, for securing 1st Position – Best Research Paper in the Offline Oral Paper Presentation category at the prestigious Indo-Us International Conference, held on 24–25 August 2026 at Gurukul Kangri (Deemed to be University), Haridwar. Competing among 200+ research presentations, this achievement highlights their excellence in scientific research, academic scholarship, and impactful presentation. The recognition stands as a testament to their continued commitment to advancing research and fostering academic excellence at Seema Dental College & Hospital.

Honouring dedication. Celebrating excellence. Inspiring generations of healers and leaders.

Faculty Development: Advancing Expertise in Forensic Odontology





IFS : EDUCATION DEPARTMENT

(IFS : Govt. Regd. Court Appointed Commission, Govt. Recognized startup & ISO Certified)

IFS, 30, C Wing, 6th Floor, K K Market, Dhankawadi, Pune - 411 043 (India).
Contact No. 97 97 100 100 , 93 83 100 100 , 90 11 864 864 & 020 412 64 864.
Websites : www.ifs.edu.in , www.ifsindia.com , www.ifs.ac

International Forensic Sciences (IFS)

(Govt. of India Recognized startup & Court Appointed Commission)

CERTIFICATE

This is to certify that

Dr. Nidhi Mehrotra

has successfully completed the

Universal Certification in

Forensic Science And Forensic Odontology

from IFS Education Dept. Pune

Ref. No. : 20250620-4065

26 Jun 2026

(Head / Director)

Dr. Nidhi Mehrotra, Professor, Department of Periodontology & Implantology, has successfully completed the Universal Certification in Forensic Science and Forensic Odontology awarded by the IFS Education Department, Pune. Issued on June 26, 2026, this certification reflects Dr. Mehrotra's ongoing commitment to professional development and interdisciplinary expertise. By expanding her skill set into forensic odontology, she continues to advance academic and clinical standards within the institution, bridging periodontics and medico-legal dental science. The management, faculty, and students of Seema Dental College & Hospital extend their heartiest congratulations to Dr. Nidhi Mehrotra on this notable achievement!

Honouring dedication. Celebrating excellence. Inspiring generations of healers and leaders.

FACULTY PUBLICATIONS

DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS



Dr. P. Narayana Prasad
(Professor & Head)



Dr. Tarun Sharma
(Professor)



Dr. Luv Bhatt
(Reader)



Dr. Anupa Rawat
(Reader)



Dr. Sumit Joshi
(Reader)



Dr. Sonali Bhatt
(Lecturer)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Comparative Evaluation of Drug Utilization Pattern and Prescribing Indicators Across Seven Clinical Departments in Dental Teaching Institution: A Retrospective Cross-Sectional Study	**International Journal of Drug Delivery Technology (IJDDT)** *2026, 16(6), 848-854* **P. Narayana Prasad, Anupa Rawat**
	Comparative Evaluation of Yen Angle, Beta Angle, and Wits Appraisal to Assess the Reliability of Sagittal Dysplasia: A Retrospective Study	**Bharati Vidyapeeth Journal of Dentistry and Allied Sciences** *2026, 3(2), 69-72* **P. Narayana Prasad, Tarun Sharma, Anupa Rawat**
	A novel approach for establishing angular ratio at the diagonal junction between the maxillary canine and maxillary first molar- A prospective photogrammetric study	**Journal of Scientific Advances in Dentistry** *2026, 1(2) ,48-53* **Tarun Sharma, P. Narayana Prasad, Anupa Rawat, Sumit Joshi**
	Assessment of Morphology of Sella Turcica in Different Malocclusions: A Retrospective Cephalometric Study	**International Journal Dental and Medical Sciences Research (IJDMSR)** *2026, 8(4), 92–101* **Anupa Rawat, P. Narayana Prasad**
	Assessing root resorption incidence in clear aligner versus fixed orthodontic appliance using CBCT	**Bioinformation** *2026, 22(5), 2933-2936* **P. Narayana Prasad, Tarun Sharma, Anupa Rawat, Luv Bhatt, Sumit Joshi, Sonali Bhatt**

Great research begins with curiosity,
but makes an impact through publication.

FACULTY PUBLICATIONS

DEPARTMENT OF ORAL MEDICINE & RADIOLOGY



Dr. Ranjeeta Mehta
(Professor & Head)



Dr. Shivani Kapurwan
(Lecturer)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Radiographic Imaging Multidisciplinary Approach to Orthognathic Surgery: Integrating Orthodontic Planning, Oral Surgical Intervention, and Radiological Assessment	**Natural Resources for Human Health** *2026, Vol. 6 (6s): 488–501* **Ranjeeta Mehta**
	Knowledge, Awareness & Attitude regarding Teledentistry among Postgraduate Dental Students of Rishikesh City, India	**University Journal of Dental Sciences** *2026, 12(2), 66-70* **Ranjeeta Mehta, Shivani Kapurwan**

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Dr. Avnish Singh
(Professor & Head)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Radiographic Imaging Multidisciplinary Approach to Orthognathic Surgery: Integrating Orthodontic Planning, Oral Surgical Intervention, and Radiological Assessment	**Natural Resources for Human Health** *2026, Vol. 6 (6s): 488–501* **Avnish Singh**

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FACULTY PUBLICATIONS

DEPARTMENT OF PAEDIATRIC & PREVENTIVE DENTISTRY



Dr. Kalpna Chaudhry
(Professor & Head)



Dr. Nitin Khanduri
(Professor)



Dr. Aditi Singh
(Professor)



Dr. Deepshikha Singh
(Reader)



Dr. Meena Sharan
(Lecturer)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Comparative Evaluation of Drug Utilization Pattern and Prescribing Indicators Across Seven Clinical Departments in Dental Teaching Institution: A Retrospective Cross-Sectional Study	**International Journal of Drug Delivery Technology (IJDDT)** *2026, 16(6), 848-854* **Nitin Khanduri**
	Clinical Outcomes of Rapid Maxillary Expansion in Mixed Dentition Patients: A Prospective Clinical Study	**International Journal of Special Education** *2026, 41(9s), 1364 - 1383* **Aditi Singh**
	Prevalence and Distribution of Developmental Dental Anomalies in Primary and Permanent Dentition Among School Children in the Foothill Districts of Uttarakhand, India: A Cross- Sectional Study	**International Journal of Drug Delivery Technology** *2026, 16(57s), 1442 - 1445* **Deepshikha Singh**
	Comparative Evaluation of Fixed Versus Removable Tongue-Thrust Habit-Breaking Appliances in the Management of Anterior Open Bite in Pediatric Patients	**Cureus** *2026, 18(1), e99043* **Meena Sharan**

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FACULTY PUBLICATIONS

DEPARTMENT OF PAEDIATRIC & PREVENTIVE DENTISTRY

TYPE	TITLE	JOURNAL/OUTLET DETAILS
DESIGN PATENT	Portable Sealant Applicator for Child-Friendly Use	**Indian Design No. 453940-001** *(Registered 2026)* **Kalpna Chaudhry, Nitin Khanduri, Aditi Singh, Deepshikha Singh**
	Precision Dental Fluid Applicator	**Indian Design No. 500622-001** *(Registered 2026)* **Nitin Khanduri, Deepshikha Singh**
BOOK	Dental Implants in Pediatric Dentistry	**Heal Talk Academic Press, Bijnor, U.P.** *1st Edition, 2026* **Kalpna Chaudhry, Nitin Khanduri, Aditi Singh**
	Holistic Approach in Pediatric Dentistry: Nurturing Health. Enhancing Smiles. Enriching Lives.	**Heal Talk Academic Press, Bijnor, U.P.** *1st Edition, 2026* **Kalpna Chaudhry, Aditi Singh, Nitin Khanduri**
	Digital Dentistry for Young Smiles	**Heal Talk Academic Press, Bijnor, U.P.** *1st Edition, 2026* **Kalpna Chaudhry, Nitin Khanduri, Aditi Singh**

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FACULTY PUBLICATIONS

DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS



Dr. Seema Dixit
(Professor & Head)



Dr. Anshdeep Singh
(Professor)



Dr. Priya Pundir
(Reader)



Dr. Arpit Arora
(Reader)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Comparative Evaluation of Dentinal Microcrack Formation Following Root Canal Preparation Using Different NiTi Rotary File System: An Ex Vivo SEM Study	**Journal of Chemical Health Risks** *2026, 16(3), 805 - 810* **Seema Dixit, Anshdeep Singh, Priya Pundir, Arpit Arora**
	Impact of Different Chemical Agents on Rapid Chairside Disinfection and Surface Characteristics of Gutta-Percha Cones: An In Vitro Analysis	**Trends in Biomaterials and Artificial Organs** *2026, 16(57s), 1442 - 1445* **Arpit Arora**

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FACULTY PUBLICATIONS

DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE



Dr. Varun Kumar
(Professor & Head)



Dr. Jyotsna Seth
(Professor)



Dr. Nisha Chaudhary
(Professor)



Dr. Geeta Arya
(Professor)

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Comparative evaluation of surface roughness (Ra) of conventional heat-cured, high-impact heat-cured, and 3D-printed denture base resins: An in-vitro profilometer study	**Journal of Scientific Advances in Dentistry** *2026; 1(2): 35–40* **Varun Kumar, Geeta Arya, Jyotsna Seth**
	Prosthodontic Techniques and Materials Used for Removable Prosthesis by Dental Practitioners in District Dehradun – A Survey Study	**Adolescência E Saúde** *2026; 21(5s), 710-717* **Varun Kumar, Geeta Arya**
	Comparative evaluation of different desensitizing agents in vital tooth preparation – A clinical study	**Genet Mol Res** *2026; 25(11s), 1-7* **Varun Kumar, Geeta Arya**
	Public Awareness, Risk Factors, and Prevention of Cervical Cancer Among Women of Reproductive Age: A Community-Based Study in Dehradun	**Int J Drug Deliv Technol** *2026; 16(64s), 1460-1470* **Geeta Arya**
	CAD/CAM Technology in Dental Education: A Cross-Sectional Assessment of Awareness, Knowledge, and Perceptions Among Dental Students	**Int J Drug Deliv Technol** *2026; 16(75s), 828-835* **Varun Kumar, Geeta Arya**

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FACULTY PUBLICATIONS

DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Assessing the impact of anxiety and nervousness in patients visiting dental setups – A survey-based study	**Int J Drug Deliv Technol** *2026; 16(62s), 1099-1103* **Varun Kumar, Geeta Arya**
	The dawn of bio-intelligent prosthodontics: A review of smart dentures with embedded biosensors for oral and systemic health monitoring	**Int J Oral Health Dent** *2026; 12(2), 86-89* **Geeta Arya, Varun Kumar**
	Homeopathic denture cleansers: A promising natural and biocompatible alternatives to conventional chemical cleanser-An in vitro study	**Bioinformation** *2026; 22(7), 4103-4107* **Varun Kumar, Jyotsna Seth**
	Soft Occlusal Splint Therapy In a patient with Temporomandibular Joint Clicking And Generalised Attrition: A Case Report	**Adolescência E Saúde** *2026; 21(5s), 146-150* **Varun Kumar, Jyotsna Seth**
	Esthetic Rehabilitation of Anterior Teeth Using Lithium Disilicate Veneers Evaluated with Pink Esthetic Score and White Esthetic Score: A Case report	**Journal of Orofacial and Health Sciences** *2026; 13(2), 84-87* **Jyotsna Seth**
	Digital pathways to smokeless tobacco cessation: Addressing Addiction among Indian Youth- A Narrative Review	**Guident** *2026* **Jyotsna Seth**

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FACULTY PUBLICATIONS

DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	The Crown Jewel of Technology: AI in Dental Clinic	**Int J Oral Health Dent** *2026; 12(2), 12-15* **Varun Kumar, Jyotsna Seth**
	Healthy Dentists, Sustainable Dentistry: A Call for Mandatory Ergonomic Education and Wellness Program	**Int J Oral Health Dent** *2026; 12(2), 1-3* **Jyotsna Seth**
	Advancing the Medico-Legal Imperative of Forensic Odontology: Perspectives, Challenges and Digital Horizons	**Panacea J Med Sci** *2026; 16(2), 1-3* **Varun Kumar**
	Prosthetic Rehabilitation of an Acquired Maxillary Defect Using an Injection - Moulded Interim Obturator: A Clinical Case Report	**IP Int J Maxillofac Imaging** *2026; 12(2), 64-69* **Varun Kumar**
	Aramany Class II Defect: Prosthodontic Rehabilitation with Obturator Prosthesis	**Guident** *2026* **Geeta Arya, Varun Kumar**
	Comparative Evaluation of Fit Accuracy of Milled versus 3D - Printed Provisional Crowns Over Endodontically Treated Abutments	**International Journal of Special Education** *2026; 41(3s), 345-354* **Nisha Chaudhary**

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FACULTY PUBLICATIONS

DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE

TYPE	TITLE	JOURNAL/OUTLET DETAILS
BOOK	MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA: A PROSTHODONTIC PERSPECTIVE	**Revo Publication Pvt. Ltd** *2026* **Dr Jyotsna Seth, Dr Varun Kumar, Dr. Geeta Arya**
	AYURVEDA IN PROSTHODONTICS	**Revo Publication Pvt. Ltd** *2026* **Dr Varun Kumar, Dr. Geeta Arya**
	OVERDENTURE IN PROSTHODONTICS	**Revo Publication Pvt. Ltd** *2026* **Dr Jyotsna Seth, Dr Varun Kumar, Dr. Geeta Arya**
	IMPRESSIONS IN PROSTHODONTICS	**Revo Publication Pvt. Ltd** *2026* **Dr Varun Kumar, Dr Jyotsna Seth, Dr. Geeta Arya**
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TYPE	TITLE	JOURNAL/OUTLET DETAILS
JOURNAL ARTICLE	Analysis of Excisional New Attachment Procedure (ENAP) Versus Gingival Curettage for Periodontal Pocket Reduction in Chronic Periodontitis Patients: A Clinical Assessment Study	**Genetics and Molecular Research** *2026, 25(10s), 1–16.* **Shalini Gupta, Nidhi Mehrotra**
	To Compare the Efficacy of 5% Sodium Fluoride Varnish, Diode Laser and their Synergistic Application in the Treatment of Dentin Hypersensitivity: A Randomized Controlled Clinical Trial	**Journal of Chemical Health Risks** *2026, 16(4), 3362–3370* **Shalini Gupta, Nidhi Mehrotra**
	Prevalence and Distribution of Developmental Dental Anomalies in Primary and Permanent Dentition Among School Children in the Foothill Districts of Uttarakhand, India: A Cross- Sectional Study	**International Journal of Drug Delivery Technology** *2026, 16(57s), 1442 - 1445* **Vaishnavi Prasad**

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